

## Exhibit 6

### THE GURWIN JEWISH NURSING & REHABILITATION CENTER

#### ADULT DAY HEALTH PROGRAM

##### POLICIES AND PROCEDURES

**SUBJECT:** MEAL SUBSTITUTION

**PURPOSE:** To provide meal substitutes for those registrants who for any reason cannot tolerate the regular menu.

**POLICY:**

It is the policy of Gurwin Center to substitute meals for registrants of the Adult Day Health Program for medical reasons, religious reasons or ethnic preferences. Standard selections will be offered.

**PROCEDURE:**

1. The daily menu and substitute list are posted for the registrants. A request for a substitute meal is sent to nutritional services by a Day Care Staff member.
2. All substitute meals will adhere to therapeutic diet restrictions.

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#### ADULT DAY HEALTH PROGRAM

##### POLICIES AND PROCEDURES

**SUBJECT:** NUTRITIONAL NOURISHMENT

**PURPOSE:** To ensure that a registrant, at high nutritional risk, receives some type of nutrition in the event that they refuse to eat a particular meal or is in need of additional calories/nutrients.

**POLICY:** It is the policy of the Gurwin Center to offer a nutritional nourishment for those registrants at high nutritional risk.

**PROCEDURE:**

1. The RN/Dietitian will document in registrant's medical record that a registrant is at high nutritional risk and/or refusing meals.
2. The name of the registrant will be added to the Afternoon Nourishment Program Form.
3. The RN supervises administration and documents intake on the monthly assessment.
4. AM snack will be designated by yellow paper.