

## Exhibit 1

### GURWIN ADULT DAY HEALTH PROGRAM

The registrants in the Adult Day Health Program will have the opportunity to avail themselves of some of the services provided to the Gurwin Nursing & Rehabilitation Center.

The following is the framework in which all services will be delivered.

#### "DAY CARE REGISTRANT'S RIGHTS"

- THE RIGHT TO BE TREATED AS AN ADULT, WITH RESPECT AND DIGNITY.
- THE RIGHT TO PARTICIPATE IN A PROGRAM OF SERVICES AND ACTIVITIES THAT PROMOTE POSITIVE ATTITUDES ON ONE'S USEFULNESS AND CAPABILITIES.
- THE RIGHT TO PARTICIPATE IN A PROGRAM OF SERVICES DESIGNED TO ENCOURAGE LEARNING, GROWTH AND AWARENESS OF CONSTRUCTIVE WAYS TO DEVELOP AND MAINTAIN ONE'S INTEREST AND TALENT.
- THE RIGHT TO BE ENCOURAGED AND SUPPORTED IN MAINTAINING ONE'S INDEPENDENCE TO THE EXTENT THAT CONDITIONS AND CIRCUMSTANCES PERMIT, AND TO BE INVOLVED IN A PROGRAM OF SERVICES DESIGNED TO PROMOTE PERSONAL INDEPENDENCE.
- THE RIGHT TO SELF -DETERMINE WITHIN THE DAY CARE SETTING, INCLUDING THE OPPORTUNITY TO:
  - PARTICIPATE IN DEVELOPING ONE'S PLAN FOR SERVICES.
  - DECIDE WHETHER OR NOT TO PARTICIPATE IN ANY GIVEN ACTIVITY. BE INVOLVED TO THE EXTENT POSSIBLE IN PROGRAM PLANNING AND OPERATION.
  - DECIDE WHERE AND WHOM TO SPEND TIME WITH AT PROGRAM
  - CHOOSE WHO PROVIDES CARE FOR THEM WHILE AT PROGRAM
  - HAVE THE ABILITY TO ACCESS FOOD AS DESIRED
  - BE PROVIDED SPACE TO RECEIVE VISITORS, MAKE PHONE CALLS, AND OPEN MAIL IN A PRIVATE SETTING
- THE RIGHT TO BE CARED ABOUT IN AN ATMOSPHERE OF SINCERE INTEREST AND CONCERN IN WHICH NEEDED SUPPORT AND SERVICES ARE PROVIDED AND PROTECTED FROM PHYSICAL AND PSYCHOLOGICAL ABUSE.
- THE RIGHT TO PRIVACY AND CONFIDENTIALITY.
- THE RIGHT TO VOICE GRIEVANCES ABOUT CARE AND TREATMENT WITHOUT DISCRIMINATION OR REPRISAL.