YONKERS GARDENS ADULT DAY HEALTH CARE PROGRAM ACTIVITIES CALENDAR
FEBRUARY 2022

Happy Valentine's Day	Happy Valentine's Day	**1** *Individual Activities* 10:15 Morning Exercise 10:45 Health Discussion 11:00 Celebrating Life 1:15 Bingo Time 2:00 Table Ball	**2** *Individual Activities* 10:15 Morning Exercise 10:45 Health Discussion 11:00 Bingo Time 1:15 Complete the Expression 2:00 Sensory Stimulation	**3** *Individual Activities* 10:15 Morning Exercise 10:45 Brain Stimulation 11:00 My Tickets 1:00 What's in your Mind 2:00 Board Games	**4** *Individual Activities* 10:15 Morning Exercise 11:00 Bingo Time 1:15 African American History Month 2:00 Once Upon a Time	**5** Saturday is Closed Until Further Notice
6 **Happy Birthday** ▇▇▇▇▇	**7** *Individual Activities* 10:15 Morning Exercise 10:45 Current Events 11:00 Valentine's BINGO 1:15 What's in your Mind 2:00 Table Games	**8** *Individual Activities* 10:15 Morning Exercise 10:45 Current Events 11:00 People in History 1:15 Bingo Time 2:00 Once Upon a Time	**9** *Individual Activities* 10:15 Morning Exercise 10:45 Current Events 11:00 My Tickets 1:15 Bingo Time 2:00 Simple Crafts	**10** *Individual Activities* 10:15 Morning Exercise 10:45 Health Education 11:00 Hit the Cupid 1:00 Bingo Time 2:00 Table Games	**11** *Individual Activities* 10:15 Morning Exercise 10:45 Current Events 11:00 Bingo 1:00 My favorite Musical 2:00 Nails Care	**12** Saturday is Closed Until Further Notice
13 **Happy Birthday** ▇▇▇▇▇ **SUPER BOWL**	**14** CELEBRATING Valentines Day 1:15 Chinese New Year	**15** *Individual Activities* 10:15 Morning Exercise 10:45 Health Discussion 11:00 Lantern Festival/Celebrating Life 1:15 Bingo Time	**16** *Individual Activities* 10:15 Morning Exercise 10:45 Brain Stimulation 11:00 PICTIONARY 1:15 Bingo Time 2:00 Table Games	**17** *Individual Activities* 10:15 Morning Exercise 10:45 Health Discussion 11:00 My Tickets 1:15 Bingo Time 2:00 Balloon Volleyball	**18** *Individual Activities* 10:15 Morning Exercise 10:45 Alphabet Game 11:00 Council Meeting 1:15 My Favorite TV Show 2:00 What Do You See	**19** Saturday is Closed Until Further Notice
20 February is African American History Month	**21** *Individual Activities* 10:15 Morning Exercise 10:45 Health Discussion 11:00 PRESIDENT'S DAY 1:00 BINGO TIME 2:00 Nails Care	**22** *Individual Activities* 10:15 Morning Exercise 10:45 Current Events 11:00 Find Me 1:00 My favorite Musical 2:00 Nails Care	**23** *Individual Activities* 10:15 Morning Exercise 10:45 Brain Stimulation 11:00 Travel to DR 1:00 Bingo 2:00 Nails Care	**24** **Birthday Party**	**25** *Individual Activities* 10:15 Morning Exercise 10:45 Brain Stimulation 11:00 Pop the Balloon 1:15 Bingo Time 2:00 Drawing/Painting	**26** Saturday is Closed Until Further Notice
27 Calendar is subject to change with previous Notice	**28** 10:15 Morning Exercise 10:45 Brain Stimulation 11:00 Find Me 1:15 Bingo Time 2:00 Memory Games					