

Northern Metropolitan AM Choice of Activities

April 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ACTIVITIES SUBJECT TO CHANGE ALTERNATE ACTIVITIES AVAILABLE INDIVIDUALIZED ACTIVITIES AVAILABLE REGISTRANTS ARE FREE TO ACCESS THE COMMUNITY AS DESIRED					8:00 Breakfast 9:30 Adult Coloring-cog- 9:30 Exercise with Staff 10:15 Drumming to Flowers etc 11:30 You-Tube Health Video 12:00 Lunch & Prayer 12:45 Discussion/ Simon Says 12:45 Creative Game Time	2 CLOSED
3 CLOSED	4 Occupational Therapy 8:00 Breakfast 9:30 Exercise with Staff 9:30 OT Movement c Faith 10:15 Memory Games 11:00 Walking Group 12:00 Lunch & Prayer 12:45 Creative Game Time	5 8:00 Breakfast 9:00 Dancercise 9:30 Adult Coloring 10:15 Price is Right 11:00 Walking Group 11:30 Cross Culture Time 12:00 Lunch & Prayer 12:45 Creative Game Time	6 Occupational Therapy 8:00 Breakfast 9:30 Exercise with Staff 10:00 Registrant Council Meeting 10:30 Hide/ Seek Memory Game/Ray 11:00 Walking Group 12:00 Lunch & Prayer	7 Birthday Party 8:00 Breakfast 9:00 Dancercise 10:15 Bingo 11:00 Walking Group 11:30 Cross Culture Time 12:00 Lunch & Prayer 12:45 Creative Game Time	8 8:00 Breakfast 9:30 Adult Coloring-cog- 9:30 Exercise with Staff 10:15 Drumming to Flowers etc 11:00 Walkers Group 12:00 Lunch & Prayer 12:45 Creative Game Time	9 CLOSED
10 CLOSED	11 Occupational Therapy 8:00 Breakfast 9:30 Exercise with Staff 9:30 OT Movement c Faith 10:15 Memory Games 11:00 Walking Group 12:00 Lunch & Prayer 12:45 Creative Game Time	12 8:00 Breakfast 9:00 Dancercise 9:30 Adult Coloring 10:15 Price is Right 11:00 Walking Group 11:30 Cross Culture Time 12:00 Lunch & Prayer 12:45 Creative Game Time	13 Trip to be announced 8:00 Breakfast 9:30 Exercise with Staff 10:15 Health Talk w Nurse 10:30 Individual-Crafts-cog 10:30 Hide/ Seek Memory Game/Ray 11:00 Walking Group 12:00 Lunch & Prayer	14 8:00 Breakfast 9:00 Dancercise 10:15 Bingo 11:00 Walking Group 11:30 Cross Culture Time 12:00 Lunch & Prayer 12:45 Creative Game Time	15 Good Friday/Passover 8:00 Breakfast 9:30 Adult Coloring-cog- 9:30 Exercise with Staff 10:15 Drumming to Flowers etc 11:00 Walking Group 12:00 Lunch & Prayer 12:45 Creative Game Time	16 CLOSED
17 CLOSED EASTER SUNDAY	18 Occupational Therapy 8:00 Breakfast 9:30 Individual Crafts 9:30 Exercise with Staff 9:30 OT Movement c Faith 10:15 Memory Games 11:00 Walking Group 12:00 Lunch & Prayer 12:45 Creative Game Time	19 8:00 Breakfast 9:00 Dancercise 9:30 Adult Coloring 10:15 Price is Right 11:00 Walking Group 11:30 Cross Culture Time 12:00 Lunch & Prayer 12:45 Creative Game Time	20 Trip to be Announced 8:00 Breakfast 9:30 Exercise with Staff 10:15 Health Talk w Nurse 10:30 Hide/ Seek Memory Game/Ray 11:00 Walking Group 12:00 Lunch & Prayers 12:45 Creative Game Time	21 8:00 Breakfast 9:00 Dancercise 10:15 Bingo 11:00 Walking Group 11:30 Cross Culture Time 12:00 Lunch & Prayer 12:45 Creative Game Time	22 8:00 Breakfast 9:30 Adult Coloring-cog- 9:30 Exercise with Staff 10:15 Drumming to Flowers etc 11:00 Walking Group 12:00 Lunch & Prayer 12:45 Creative Game Time	23 CLOSED PASSOVER ENDS
24 CLOSED ORTHODOX EASTER	25 Occupational Therapy 8:00 Breakfast 9:30 Individual Crafts 9:30 Exercise with Staff 9:30 OT Movement c Faith 10:15 Memory Games 11:00 Walking Group 12:00 Lunch & Prayer 12:45 Creative Game Time	26 8:00 Breakfast 9:00 Dancercise 9:30 Adult Coloring 10:15 Price is Right 11:00 Walking Group 11:30 Cross Culture Time 12:00 Lunch & Prayer 12:45 Creative Game Time	27 Occupational Therapy 8:00 Breakfast 9:30 Exercise with Staff 10:15 Health Talk w Nurse 10:30 Hide/ Seek Memory Game/Ray 11:00 Walking Group 12:00 Lunch & Prayer 12:45 Creative Game Time	28 8:00 Breakfast 9:00 Dancercise 10:15 Bingo 11:00 Walking Group 11:30 Cross Culture Time 12:00 Lunch & Prayer 12:45 Creative Game Time	29 8:00 Breakfast 9:30 Adult Coloring-cog- 9:30 Exercise with Staff 10:15 Drumming to Flowers etc 11:00 Walking Group 12:00 Lunch & Prayer 12:45 Creative Game Time	30 CLOSED

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June 2022

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SATURDAY

Hello June!
