

Follow the   
**ABCs**  
of **Safe Sleep**



Baby should sleep  
**Alone**

On their  
**Back**

In a safe  
**Crib**

In a  
**Smoke-free  
home**

*Make sure everyone caring for your baby follows these tips!*

[health.ny.gov/safesleep](https://health.ny.gov/safesleep)



Department  
of Health

Office of Children  
and Family Services