New York State Department of Health

Adult Immunization Schedule

Vaccine/Age	19-26 Years	27-59 Years	60-64 Years	65 Years or Older
Influenza (Flu)	You need one dose every year.			
Tetanus, Diphtheria, Pertussis (Td, Tdap)	There are two vaccines that are commonly referred to as the "tetanus shot": Td (tetanus and diphtheria) and Tdap (tetanus, diphtheria, and pertussis). Adults need both vaccines at different times during their lives. If you are pregnant, you need one dose of Tdap between 27 and 36 weeks of pregnancy, preferably closer to 27 weeks. You will need a repeat dose **every** time you are pregnant to protect yourself and your baby. If you've never had, or don't remember having, a tetanus shot before, you will need one Tdap shot followed by two Td shots. You will need a Td shot every 10 years. Be sure to consult your health care provider if you have a deep or dirty wound. You may need a dose at that time.			
Zoster (Shingles)			You need one dose of this vaccine if you are 60 or older.	
Pneumococcal (PCV13, PPSV23)	There are two vaccines that protect against pneumococcal disease: PCV13 and PPSV23. Adults may need both vaccines at different times in their lives. You need one or more doses of PPSV23 if you smoke cigarettes or have chronic health conditions.* People with certain medical conditions, including weak immune systems, may also need a dose of PCV13.*			You need both PCV13 and PPSV23 at 65 or older.
Varicella (Chickenpox)	If you've never had chickenpox, or you were never vaccinated, you need to get two doses. If you've been vaccinated but you received only one dose, you need to get the second dose as soon as possible.			
Human Papillomavirus (HPV)	You need three doses if you are a woman who is 26 or younger, or a man who is 21 or younger and did not already complete the series. You might only need two doses if you started as a teenager. Some men aged 22-26 should also get the HPV vaccine.*			
Measles, Mumps, Rubella (MMR)	You may need one or two doses if you were born **in 1957 or later** and you were never vaccinated.* You may need one or two doses if you were born **before** 1957 and you work in the health care field.*			

*Consult your health care provider to determine your risk for infection and your need for this vaccine.

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Meningococcal	There are two vaccines that protect against meningococcal disease: MCV4 (meningococcal conjugate) and MenB (serogroup B meningococcal). You need one or more doses of MCV4 vaccine if you: • are a first-year college student who is 21 or younger living in communal housing, • are a military recruit, • live or work in certain other high-risk settings, or • have certain medical conditions.* Ask your health care provider about MenB vaccine if you do not have a spleen (or it does not work well), have sickle cell disease, have complement component deficiency or are 23 or younger.*			
Hepatitis A	You need two doses if you have never been fully vaccinated and you are either at risk for hepatitis A* or wish to be protected.			
Hepatitis B	You need three doses if you have never been fully vaccinated and you are either at risk for hepatitis B* or wish to be protected.			
Haemophilus influenzae **type b (Hib)**	You need one or more doses of this vaccine if you do not have a spleen (or it doesn't work well), have sickle cell disease, or received a bone marrow transplant.*			
Do you travel outside the United States?	If yes, you may need some of the above, and additional, vaccines. Please consult with your health care provider or a travel health specialist. For more information about vaccine recommendations for your travel destination, you can call the Centers for Disease Control and Prevention (CDC) at 1-800-232-4636, or visit their website at www.cdc.gov/travel.			

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