

- [Driver Evaluation Program at ECMC](#) (716) 898-3225

- Also, check your school district's community education programs, town halls and senior centers.

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Handicapped Parking Permits

For handicapped parking permit information and application, call:

- Erie County Office for the Disabled 858-6215
- Office for Disabled Parking Permits (Buffalo residents only) 851-4204
- Forms must be submitted to your local town hall.

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Community Services

Community-based organizations provide a variety of services. Contact the agency closest to home or the one that addresses specific needs:

- Catholic Charities Aging Services www.ccnny.org 896-6388
- Cheektowaga Senior Services. <https://tocny.org/departments/seniors/> 686-3930
- Harmonia Collaborative Care <https://harmonia-care.org/> 947-5025
- Deaf Access Services, Inc. www.wnydas.org 833-1637 (Voice) or 833-5234 (TTY)
- Hearts and Hands: Faith in Action (Akron / Newstead, Alden, Wales) www.heartsandhandsfia.org 542-2226
- Hispanics United of Buffalo 856-7110
- Lt. Col. Matt Urban Human Services Center <http://urbanctr.org/> 893-7222
- Los Tainos Senior Citizens Center 842-0172
- Love, INC. (Greater Gowanda area) <http://www.loveincspringville.com> 532-3541
- Native American Community Services 874-4460
- People, Inc. Senior Outreach <http://www.people-inc.org> 768-2357
- Pride Center of Western New York <http://www.pridecenterwny.org/> 852-7743
- Schiller Park Community Services 895-2727
- Senior Outreach Services (Amherst / Clarence / Newstead) www.amherst.ny.us/pdf/senior/sos.pdf 636-3070
- South Buffalo Community Association (South Buffalo & Lackawanna) 822-4532
- Springville Concord Elder Network / SCENE 532-1010
- Western New York Independent Living, Inc. <http://wnyil.org/> 836-0822

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Home Care Services

For more information on home care, personal care or skilled nursing help in the home, call:

- [Erie County Department of Senior Services](#) 858-8526
 - CASA: Community Alternative Systems Agency (Medicaid recipients) 858-2323
 - NY Medicaid Choice (Medicaid recipients) 1-855-222-8350
- (See also "Nurses" or "Home Health Services" in the Yellow Pages of the phone directory.)

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Chore Service

Neighborhood agencies may be able to offer help with household tasks (donations requested by some agencies). Call:

- Harmonia Collaborative Care 6722 Erie Rd., Derby 14047, 670-1200 (Fee for Service)
- People, Inc. Senior Outreach, 2635 Delaware Ave. 14216, 768-2357
- Schiller Park Senior Center, 2057 Genesee St., Buffalo 14216, 895-2727
- South Buffalo Community Association (serves South Buffalo and Lackawanna) 35 Cazenovia St., Buffalo 14220, 822-4532

- (See also local churches, Senior Citizen Centers and groups.)

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Friendly Visitors & Telephone Calls

For homebound seniors who would like someone to visit on a regular basis, call:

- Senior Companion Program http://people-inc.org/senior_services_home/senior_companion_program/index.html 768-2381
- Also, contact local churches or community centers.

For regular phone calls to check on a person's welfare or offer a friendly chat, call:

- Telephone Assurance Program (TAP) 218-1400 ext. 206

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Adult Day Programs

These programs may offer health, rehabilitation, mental health or social activities. For further information contact:

- The Ralph C. Wilson Jr. Adult Day Services at Amherst Center for Senior Services (Social Program) 689-1403
- Aurora Adult Day Services (Social Program) 652-4269
- Catholic Charities Senior Day Program (Social Program) 896-6388
- Suburban Adult Services Services (Social Program) 947-5857
- The Ralph C. Wilson Jr. Adult Day Services at North Tonawanda (Social Program) 243-7888
- Guild Care (Visually Impaired Health Program) 885-8041
- Town of Hamburg Adult Day Services (Social Program) 646-0255
- Lake Shore Family Center (Social Program) 934-2353
- Lord of Life Adult Day Health Center (Social Program) 668-8000
- People, Inc. Seniors Unlimited Adult Day Care (Social Program) 853-4500
- **Respite**
- St. Catherine Laboure Adult Day Care Program (Medical Program) 862-2513
- Schofield Adult Day Health Care Program (Medical Program) 849-8720
- Structured Day Program (focus on individuals with Traumatic Brain Injury) (Social Program) 1-800-701-12330 ext. 110
- Veterans Administration Medical Center Adult Day Health Care (Medical Program) 862-3244

Meals On Wheels

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For meals to be delivered to homebound seniors and disabled persons, call the service nearest you:

- Meals on Wheels for WNY, Inc., <http://www.mowbuffalo.com/> 822-2002
- Alden Meals on Wheels, 937-7105
- Amherst Meals on Wheels 536-3065
- Grand Island Meals on Wheels 773-9682
- Ken-Ton Meals on Wheels, <http://www.kentonmealsonwheels.org/> 874-3595
- Springville Meals on Wheels 592-2760
- Twin Cities Meals on Wheels, Inc. (serves City of Tonawanda & North Tonawanda), <http://www.tcmow.com/> 693-1663

Wellness & Nutrition

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Stay Fit Dining: Hot meals are served Monday - Friday at noontime at group dining sites for persons age 60 and over; spouses are welcome to attend. Nutrition education and counseling, Club 99 exercise classes, cooking demos offered. For information call: Erie County Department of Senior Services Stay Fit Dining <http://www2.erie.gov/seniorservices/index.php?q=nutrition-amp-dining-stay-fit-dining-program> 858-7639

Wellness Programs: Living Healthy Diabetes & Chronic Disease Self-Management Programs: Tai Chi for Health; Matter of Balance 858-8526

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