

## FOLTSBROOK ADULT DAY HEALTH CARE

### Food and Nutrition Services

#### Policy:

Foltsbrook Center for Nursing and Rehabilitation will provide food and nutrition services to the Registrants of the Adult Day Health Care Program under the direction of a registered dietician. Nutritional services will consist of: a nutritional assessment; coordination with other members of the interdisciplinary team and development of a nutrition service plan of care: including provision of medically-ordered modified diets; meals at scheduled meal times during program hours that are of a quality and quantity consistent with meals provided to residents and that conform to applicable standards for inpatient residential care facilities. Provisions will also be made to provide early and late meals, food available at all times and meals for Registrants to have at home when deemed necessary through assessment and care planning which also conform to applicable standards; and maintenance of appropriate documentation in the Registrant's health and departmental records.

#### Procedure:

1. Dietary department will be notified of Registrant's admission via receipt of a copy of admission/emergency information form and a copy of physician orders.
2. Initial assessment will be completed by Dietary staff. Assessments will be completed prior to scheduled interdisciplinary care conference.
3. A representative from Dietary department will participate in the care conference(s).
4. Registrants will receive diets as ordered by the Physician and in keeping with the registrant's person-centered plan of care.
5. Dietary department will supply necessary items for the Registrant's breakfast and lunch, including dishes and utensils.  
Day Care staff will clean up and return dishes to Dietary department.
6. Dietary department will prepare and deliver Morning meal and Noon meal for the Registrants in the same manner as for inpatients of Foltsbrook Center for Nursing and Rehabilitation. Day Care Staff will take the temperature of the food with a thermometer and document it prior to serving it to Registrants. Food will not be served till food is at recommended temperature.
7. Day Care staff will distribute food and beverages, assist Registrants with meal as necessary and return dishes to cart.
- 8. An alternative meal is always available in the event that the registrant refuses the prepared meal.
- 9. Food and beverages will be available in between mealtimes at any time by request.
10. Dietary department will pick up cart and return it to Dietary department.
11. Day Care staff will inform Dietary department by phone, with follow up in writing, of daily changes, such as Registrant absence.
12. Clinical progress notes, review of the plan of care, including participation in the interdisciplinary care conference, will be done at least twice annually. Documentation will be maintained in appropriate sections of the Registrants Health Record.

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- 13. Registrants have the right to request to eat privately and at a time of their choosing if they do not wish to eat at the scheduled mealtime. In this instance, the registrant's choice to do so will be care planned as such.

\*Dietary service records for Adult Day Health Care will be, maintained in the Day Care Department, as required by applicable regulations governing residential health care facilities.

Alyssa Tucker RN  
Program Director's Signature

6/23/21  
Date

Mark T. Leach  
Administrator's Signature

6/23/21  
Date