

YOU CAN SAY YES

If you are a minor, aged 13 to 17, you can consent on your own to HIV treatment, HIV testing, and HIV prevention.

If you are a minor (13-17) you can consent to:

HIV Treatment

- Is very effective.
- Has few or no side effects.
- May involve taking just one pill once a day.

If you are a minor and you are diagnosed as living with HIV you can consent to your own HIV treatment. Get started on medication right away. The goal is to start treatment the same day, or within 3 days whenever possible.

HIV Testing

- You do not need anyone's permission to ask your provider (doctor) for an HIV test.
- HIV testing can be as simple as an oral (mouth) swab or fingerprick.

Check out <https://campaigns.health.ny.gov/BeyondStatus> for information about HIV testing and to find sites that offer HIV testing near you.

HIV Prevention

- PrEP: Medication regimen starting BEFORE any possible exposure to HIV.
- PEP: PEP (Post-Exposure Prophylaxis) is an emergency medicine you take to prevent HIV infection. You must start it within 72 hours after a possible exposure to HIV. If you think you were exposed to HIV, talk to a medical professional about PEP as soon as possible.
 - Call the NYS or NYC PEP hotline:
 - Outside NYC: 844-PEP4NOW (844-737-4669)
 - In NYC: 844-3-PEPNYC (844-373-7692)

The hotline medical provider will assess your exposure, prescribe PEP through a local pharmacy if needed, and hotline staff can assist with scheduling a follow up medical appointment.