

## My Attitudes About Breastfeeding

**Directions:** After reading each statement, circle the number that best agrees with your feelings about that statement.

- 1 = Strongly agree
- 2 = Agree
- 3 = Undecided
- 4 = Disagree
- 5 = Strongly disagree

1. Breastfeeding is the best food for a baby. 1 2 3 4 5
2. Breasts are meant for breastfeeding. 1 2 3 4 5
3. Breasts should be kept covered even during breastfeeding. 1 2 3 4 5
4. Fathers can do little while mom is breastfeeding the baby. 1 2 3 4 5
5. Working women are unable to breastfeed. 1 2 3 4 5
6. Employers should provide places for women to breastfeed. 1 2 3 4 5
7. Employers should encourage their workers to breastfeed. 1 2 3 4 5
8. Breastfeeding is disgusting. 1 2 3 4 5
9. The mother should have the primary responsibility to decide whether or not she wants to breastfeed. 1 2 3 4 5
10. The father should make the decision regarding breastfeeding. 1 2 3 4 5

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