

PUBERTY QUIZ

Directions: Read the statements related to changes that occur during puberty listed below. Write in T for a true statement and F for a false statement.

- 1. Menstruation begins for both males and females.
- 2. Breasts grow larger for girls only.
- 3. Erections may occur more frequently.
- 4. Body hair increases for males only.
- 5. The reproductive organs begin to stop functioning.
- 6. Egg cells are capable of being fertilized after menstruation occurs.
- 7. Changes in moods are less common.
- 8. Males and females find themselves more interested in the opposite sex.
- 9. Families may experience more conflict due to a teen wanting more freedom.
- 10. Females are capable of producing breastmilk once puberty begins.
- 11. Males may begin to have ejaculations during puberty.