# Statewide Calendar of HIV, STD, & Hepatitis Training

# July - September 2011

# NYS Department of Health AIDS Institute

NYS Department of Health AIDS Institute Regional Training Center

New York State Department of Health

NYS Department of Health AIDS Institute Center of Expertise

www.nyhealth.gov/diseases/aids/training/nonclinical

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# How do I register for a training?

Step 1:	Step 1:         Go to the New York State Department of Health website at http://www.nyhealth.gov/diseases/aids/training/nonclinical.htm .		
Step 2:	Step 2: Identify the course and date you wish to attend.		
Step 3:	Step 3: Click on the training center link to register.		
The Statewide Calendar of HIV/AIDS Training can be viewed on the web at www.nyhealth.gov/diseases/aids/training/nonclinical.htm			

# **Training Center Contact Information**

# AIDS Related Community Services (ARCS)

40 Sawmill River Rd. Hawthorne, NY 10532 (914) 785-8364 or www.arcs.org email: training@arcs.org

#### AIDS Community Research Initiative of America (ACRIA)

230 West 38th St., 17 Flr. New York, NY 10018 (212) 924-3934 or www.acria.org

#### American Red Cross Greater Buffalo Chapter (ARC-GBC)

786 Delaware Ave. Buffalo, NY 14209 (716) 878-2391 or www.buffaloredcross.org

#### Center for Health & Behavioral Training (CHBT)

853 West Main St. Rochester, NY 14611 (585) 753-5382 or www.chbt.org email:chbt@monroecounty.gov

#### Cicatelli Associates, Inc.

505 Eighth Ave., 16th Flr., Suite 1601 New York, NY 10018 (212) 594-7741 or www.cicatelli.org

# Harm Reduction Coalition (HRC)

22 West 27th St., 5th Flr. New York, NY 10001 (212) 683-2334 or www.harmreduction.org email: hrti@harmreduction.org

#### Legal Action Center HIV/ AIDS Programs (LAC)

225 Varick St., 4th Flr. New York, NY 10014 (212) 243-1313 or 1-800-223-4044 www.lac.org or www.hirenetwork.org

# National Development & Research Institute, Inc. (NDRI)

71 West 23rd St., 8th Flr. New York, NY 10010 212-845-4550 or www.training.ndri.org

#### **REACH CNY (REACH)**

1010 James St., 2nd Flr. Syracuse, NY 13203-2707 (315) 424-0009 or www.reachcny.org

# Southern Tier AIDS Program (STAP)

122 Baldwin St. Johnson City, NY 13790 (607) 798-1706 or http://www.stapinc.org/Training-Client

# The Center for Public Health Education (CPHE)

Health Science Rd. Benedict House 4016 Stony Brook, NY 11731-4016 (631) 444-3245 or www.stonybrook.edu/cphe

#### University of Rochester (Univ of Rochester) Program Evaluation

Box 278969 Rochester , New York 14627 585-758-7843 or www.programevaluationur.net

# **Basic Training** HIV/AIDS Confidentiality Law

This *half-day* training provides information about New York State's HIV Confidentiality Law (Public Health Law Article 27-F). This training is designed to meet provider requirements for initial and <u>newly hired</u> employees for confidentiality training.

Topics to be covered include:

- Basic components and intent of law;
- Rules concerning confidentiality;
- Disclosure and signed releases;
- Penalties and sanctions for violation of the law;
- Documentation and record keeping;
- · Workplace policy and procedures requirements; and
- Information about regulations regarding HIV case reporting & partner notification as it relates to confidentiality issues.

	Date	Location	Training Center
Prerequisite: None	August 24	Manhattan	Cicatelli
Audience: All newly hired health and	August 30	Hawthorne	ARCS
human service providers.	September 8	Copiague	CPHE



# It's Time: Integrate Viral Hepatitis into Your Work

This *two-day* training will help to increase providers' confidence, knowledge, and skill levels in integrating a range of viral hepatitis services into an already compact workday.

As a result of this training, participants will learn basic facts about Hepatitis A, B, and C including:

- Epidemiology;
- Transmission;
- Spectrum of illness;
- Prevention strategies;
- Vaccine recommendations;
- Treatment options;
- Skills in offering viral hepatitis prevention and harm reduction messages;
- Practical tips, models, and tools for integrating hepatitis screening, counseling, vaccination, treatment, and referrals for care into the current work setting; and
- Resources for support in work.

#### Prerequisite: None

**Audience**: Health and human service providers working in the following settings: substance use programs, correctional settings, and public health clinics.

Date	Location	Training Center
September 13-14	Rochester	CHBT
September 15-16	Syracuse	REACH



# HIV and Hepatitis C Coinfection

More than 25% of people living with HIV in the United States are coinfected with the hepatitis C virus (HCV). Among people who acquired HIV as a result of injection drug use, the rates of HIV/HCV coinfection may be as high as 90%. HCV screening is recommended for persons infected with HIV. Health and human service providers who work with people living

with HIV need updated information about HIV/HCV coinfection to provide effective services to their clients.

As a result of this *half-day* training, participants will be able to:

- Recall basic information about the liver and hepatitis C, including transmission, prevention, course of illness, screening and treatment;
- Counsel their HIV positive clients about the importance of knowing their HCV status;
- Describe how coinfection with HIV and HCV affects the progression of each disease;
- · Recall current trends and improvements in treatment for people who are coinfected with HIV and HCV; and
- List at least three additional service needs of people with HIV who are also coinfected with HCV.

**Prerequisite**: Although there is no prerequisite for this training, it is strongly recommended that participants have previous training in HIV/AIDS.

Audience: All health and human service providers including: nurses, HIV/STD counselors, substance abuse counselors, case management technicians, prevention specialists, and outreach workers.

### Building Bridges to Cultural Competency This one-day training explores the broad definition of culture and its relationship to competent and effective health care and

This one-day training explores the broad definition of culture and its relationship to competent and effective health care and human service delivery.

As a result of this training participants will:

- Discuss invisible privilege and its affect on both receiving and providing services;
- Be encouraged to self reflect and explore potential obstacles to providing effective services; and
- Learn how these obstacles are created when diverse cultures, Western medicine, and health service delivery systems collide.

#### Prerequisite: None

Audience: All health and human service providers.

Date	Location	Training Center
August 17	Johnson City	STAP
August 18	Manhattan	NDRI
September 19	Amityville	CPHE
September 26	Hawthorne	ARCS



n	in order Date	Location	Training Center
	August 30	Manhattan	Cicatelli
	September 1	Hawthorne	ARCS

# HIV Testing in NYS: 2010 Update

This *half-day* training will provide information about new developments in HIV testing as a result of passage of Chapter 308 of the Laws of 2010.

As a result of this training, participants will be able to:

- List the core elements of the 2010 New York State HIV testing law (S.8227/A.11487) and their importance;
- Understand the timeline for implementation of the new law including the development of regulations by the NYSDOH;
- Recall that HIV testing must be offered to all persons between the ages of 13 and 64 receiving hospital or primary care services with some limited exceptions;
- Describe the simplified process for obtaining patient consent for HIV testing;
- List the elements of HIV pre and post-test counseling with an emphasis on streamlining the process;
- Recall the responsibility of the health care provider to arrange for follow-up medical care for all patients who test HIV positive;
- Describe changes in HIV testing related to occupational exposure; and,
- Explain revised disclosure practices.

**Prerequisite**: Although there is no prerequisite for this training, it is strongly recommended that participants have previous training in basic HIV/AIDS.

**Audience**: Experienced and new health and human services providers who offer HIV testing as part of their job responsibilities and other providers who require clarification on the 2010 HIV testing law.

Additional Training: Participants who would like an opportunity to practice the skills associated with offering HIV testing services may choose to attend HIV Testing: Skills Practice Session.

Location	Training Center
Manhattan	Cicatelli
Rochester	CHBT
Johnson City	STAP
Hawthorne	ARCS
Manhattan	Cicatelli
Buffalo	ARC-GBC
Syracuse	REACH
	Manhattan Rochester Johnson City Hawthorne Manhattan Buffalo



FREE CNE & OASAS Credits (pp. 28) Contact your local training center for more details.

# HIV Testing: Skills Practice Session

This *one-day* training will provide participants with an opportunity to practice key skills related to offering HIV testing services.

As a result of this training, participants will be able to:

- Assess when a client requires face-to-face pre-test counseling;
- Conduct streamlined pre-test counseling;
- Deliver preliminary positive and confirmed positive HIV test results;
- Link newly diagnosed HIV positive patients to health care and support services;
- Work in partnership with HIV positive patients to promote notification of sexual and needle sharing partners; and
- Conduct the NYS domestic violence screening protocol.

**Prerequisite**: Knowledge of basic HIV/AIDS information and attendance at HIV Testing in NYS: 2005 Guidance or an equivalent training.

**Audience**: Any health or human service provider who offers HIV testing as part of their job responsibilities.

Date	Location	Training Center
July 12	Manhattan	Cicatelli
July 19	Rochester	CHBT
August 5	Johnson City	STAP
August 9	Hawthorne	ARCS
September 22	Manhattan	Cicatelli



FREE CNE & OASAS Credits (pp. 28) Contact your local training center for more details.

# **Community Education and Outreach**

# Developing Skills For Enhanced Outreach

This *four-day* training is designed to provide outreach workers with the skills to increase their effectiveness of conducting outreach to hard-to-reach populations using an Enhanced Outreach model. This training will provide outreach workers with a wide array of activities that will teach them how to approach clients, gain their trust, and help clients access needed services (e.g., HIV services). The training includes opportunities for skills practice regarding health behavior change and concepts of motivational interviewing.

As a result of this training, participants will be able to:

- Identify key outreach messages for targeted populations;
- Summarize the stages of enhanced outreach;
- Describe how multiple encounters is an effective approach to outreach;
- List the stages of change; and
- State at least three concepts of motivational interviewing.

**Prerequisite**: Although there is no prerequisite for this training, it is strongly recommended that participants have previous training in basic HIV/AIDS.

Audience: Experienced and new health and human service providers conducting outreach as part of their jobs.

**PLEASE NOTE:** Depending on the training center this training will be offered in four consecutive days or two two-day sessions.

Date	Location	Training Center
September 7-8 & September 21-22	Buffalo	ARC-GBC
September 22-23 & September 26-27	Amityville	CPHE

# Do You Work With High-risk Pregnant Women? Your Role in Reducing Mother to Child Transmission of HIV

One of the greatest successes in HIV prevention in New York State has been reducing the rate of mother-to-child transmission (MTCT) of HIV. However, cases of MTCT continue to occur each year. This half-day training is for non-physician health and human services providers who work with pregnant women who may have issues with substance use, mental health, homelessness or incarceration. In many instances these women are known to providers but there are missed opportunities for engaging them in prenatal care, HIV testing and other supportive services.

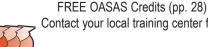
As a result of this training, participants will:

- Describe the epidemiological trends and factors related to mother to child transmission of HIV in New York State;
- List factors which have contributed to a decrease in MTCT;
- Describe NYSDOH regulations related to reducing MTCT;
- Discuss the impact of staff values and attitudes on delivery of services to high risk pregnant women;
- Recall factors that may contribute to continued MTCT; and
- List strategies to promote access to HIV testing for high risk pregnant women, and treatment adherence, access to care, and support services for HIV positive pregnant women.

#### Prerequisite: None.

Audience: Non-physician health and human services providers who work with HIV positive and/or at-risk women of child-bearing age including: outreach workers, case managers, social workers, drug treatment program staff, support services providers, staff who implement HIV prevention interventions and others.

Date	Location	Training Center
August 18	Manhattan	NDRI
September 19	Hawthorne	ARCS



Contact your local training center for more details.

# Harm Reduction & Behavioral Counseling

# Sex, Gender, and HIV/STDs

This two-day training is designed to help health and human service providers promote sexual health among their clients by building capacity to talk sensitively and non-judgmentally about sexual identity, gender identity and sexual behaviors. Topics to be covered during the training include: sexual and gender identity, strategies for talking with clients about sexual health issues, HIV/STD prevention and harm reduction strategies for sexual behaviors.

Date

August 9-10

September 7-8

September 26-27

As a result of this training, participants will be able to:

- Increase their awareness about the range of sexual and gender identities of their clients;
- Describe how homophobia and other forms of stigma and discrimination can impact a client's sexual behaviors and ability to practice sexual risk education;
- Increase their comfort in discussing sexual and gender identity with clients;
- Describe how sexual trauma can impact a client's sexual behaviors and risk for HIV/STDs; and
- Offer clients harm reduction options for sexual behaviors.

**Prerequisite:** Although there is no prerequisite for this course, it is strongly recommended that participants have previous knowledge or training on basic HIV/AIDS information.

Audience: All health and human service providers.



FREE OASAS Credits (pp. 28) Contact your local training center for more details.

Training Center

ACRIA

**NDRI** 

Cicatelli

# Addressing Sexual Risk with Drug Users and their Partners

This one-day training will build participant knowledge and skills in offering sexual harm reduction options to substance users. Expanded access to syringes, other harm reduction services and drug treatment options have helped people greatly reduce their substance use-related risks for HIV. The latest research shows that sexual risk behaviors play a significant role in new cases of HIV among people who use drugs and alcohol.

As a result of this training, participants will be able to:

 Recall research that shows how expanded access to syringes and methadone maintenance programs has greatly reduced the number of new cases of HIV from substance use-related risk;

Date	Location	Training Center
July 19	Manhattan	Cicatelli
August 9	Manhattan	NDRI
August 17	Hawthorne	ARCS

Location

Manhattan

Manhattan

Manhattan

- Identify and discuss sexual risk behaviors clients engage in when using drugs and alcohol;
- Identify harm reduction strategies for reducing sexual risk among people who use drugs and alcohol; and
- Practice harm reduction messages tailored to sexual behaviors for people who use drugs and alcohol

Prerequisite: It is strongly recommended that participants have attended "Reducing the Risk and Harm of HIV," or have a working knowledge of harm reduction and addiction.

Audience: All health and human service providers including: case managers & case management technicians in both COBRA and grant-funded programs, supervisors, and program directors. FREE OASAS Credits (pp. 28)



Contact your local training center for more details.

# Understand Drug-Related Stigma

For individuals who use or have a history of using drugs, the impact of stigma can permeate nearly every aspect of their life – including relationships with family, friends, employers and health care providers. This *half-day* will give participants a set of knowledge and skills to help them engage and involve targeted community members in practices which address stigma-related issues of injecting and non-injecting drug using populations.

As a result of this training, participants will:

- Recall the meaning of stigma, discrimination and related concepts, finding personal relevance in these terms;
- Identify the various ways in which drug users experience stigma and discrimination;
- Explore key sources of pre-existing stigma and discrimination in our society;
- Identify consequences of drug-related stigma and discrimination about drug users' willingness and ability to access services;
- Consider ways to address stigma at individual and agency levels; and
- Gain conceptual and practical tools toward the development of attitudes and environments that challenge stigma and support drug users' needs through personal reflection and a strategy-building activity.

**Prerequisite:** There is no pre-requisite for this course however, it is strongly recommended that participants have an understanding of the principles of harm reduction.

Audience: All health and human service providers including: community-based direct service staff, caseworkers, therapists, peer advocates, program administrators, and medical providers

# Improving Health Care with Drug Users: Tools for Non-Clinical Providers

Despite an excess in health care needs, drug users are less likely than non-users to access health care and when they do, there is often a significant delay in accessing care. This *half-day* training will help non-clinical service providers engage with their drug using clients around issues related to health care. This training will explore unique challenges that drug users face when accessing health care and will provide tools and strategies for discussing health care with clients. One tool offered is a workshop curriculum entitled "Quality Health Care is Your Right" for use with clients to help support positive relationships between drug users and health care providers.

Date

At the end of this training, participants will be able to:

- Identify some of the unique health care needs of drug using clients;
- Understand the impact of drug-related stigma on their clients' access to health care;
- Identify institutional, social and behavioral factors that influence drug user access to health care;
- Describe common barriers to health care experienced by drug users;
- Offer clients tools for building trust and engaging with health care providers; and
- Engage clients in discussions about the benefits and risks of disclosing their drug use to health care providers.

**Prerequisite**: There is no pre-requisite for this course however, it is strongly recommended that participants have an understanding of the principles of harm reduction.

Audience: All health and human service providers including: community-based direct service staff, caseworkers, therapists, peer advocates, program administrators, and medical providers.

July 26	Manhattan	HRC	
( I III			

Location

**Training Center** 

Date	Location	Training Center
July 19	Manhattan	HRC

# Motivational Interviewing

Motivational Interviewing (MI) is a collaborative approach to working with people experiencing negative consequences from substance use and other challenging behaviors. MI is a style of counseling which facilitates readiness for change by helping the person develop a schema about the positive and negative effects of their behavior.

This one-day training will assist health and human service providers to:

- Describe the use of ambivalence in the counseling process, strategies for increasing motivation, and self-efficacy and optimism; and
- Practice MI techniques that include reflective listening, delivering feedback, summarizing, decisional balancing, and developing change plans.

Date	Location	Training Center
August 4	Albany	HRC
August 12	Buffalo	HRC

Prerequisite: None.

Audience: All health and human service providers

# HIV/HCV Coinfection and Use of Motivational Interviewing to Reduce Alcohol Use

This one-day training will assist health and human service providers to:

- Understand the long and short term effects of alcohol abuse on the liver;
- Understand that moderate use of alcohol can increase disease progression among people living with Hepatitis C;
- Practice using motivational interviewing and harm reduction strategies for decreasing alcohol intake among HIV/HCV co-infected clients; and
- Explore issues about HIV/HCV co-infection, transmission, disease progression and treatment, including the impact of HIV medications on the liver.

#### Prerequisite: None.

Audience: Health and human service providers who will deliver substance abuse services including: drug treatment counselors, case managers and direct service staff working with people living with HIV and HCV.

Date	Location	Training Center
July 27	Manhattan	HRC

# Improving Health Outcomes for HIV Positive Individuals Transitioning from Correctional Settings to the Community

This *one-day* training is for non-clinical providers who work with HIV positive clients who were formerly incarcerated or who are involved in the criminal justice system. The training will inform providers about the culture of corrections as it relates to HIV-infected inmates' needs upon community re-entry. Best practices will be reviewed to assist formerly incarcerated clients living with HIV/AIDS establish and maintain linkages to care, as well as maneuver through the system and access needed services.

As a result of this training, participants will be able to:

- Understand the role of community providers in supporting successful community re-entry for incarcerated HIV positive clients;
- Describe the distinction between jail and prison custodial settings and how HIV transitional planning services differ;
- Outline the challenges that HIV-infected inmates face upon release;
- Describe effective engagement techniques for working with inmates who are transitioning into community systems of care;
- Discuss strategies for conducting assessments with former inmates who are living with HIV/AIDS to learn about their needs and to create appropriate linkages and referrals; and
- Identify support services and resources for HIV infected inmates who have left the correctional system.

**Prerequisite**: It is strongly recommended that participants have previous knowledge of basic HIV/AIDS information harm reduction and corrections.

**Audience**: All health and human service providers who work directly with formerly incarcerated clients.

Date	Location	Training Center
July 27	Johnson City	STAP
July 28	Syracuse	REACH
August 19	Manhattan	Cicatelli
September 6	Hawthorne	ARCS
September 13	Manhattan	NDRI
September 28	Albany	CHBT



FREE OASAS Credits (pp. 28) Contact your local training center for more details.

# Advanced Training on the Needs of Incarcerated PLWHA Upon Community Re-entry

This *one-day* training is to increase the awareness and sensitivity of health and human service providers to the challenges of PLWHA involved in community re-entry after release from a correctional facility. These challenges include the overlapping issues of family reunification, mental health, substance use, and need for HIV care. Best practices will be reviewed to support community re-entry and utilization of HIV medical care and other services.

As a result of this training, participants will be able to:

- Discuss the specific challenges of family reunification for people living with HIV/AIDS;
- Describe the impact of unresolved past and possible future traumatic events;
- Explain the use supportive inquiry to develop a more comprehensive understanding of the overlapping challenges encountered by released people living with HIV/AIDS as well as the strengths and resources of their 'families' and/ or social networks;
- Identify strength-based strategies for supporting community re-entry for individuals with co-morbidities of HIV/AIDS, mental health/trauma issues, and/or substance abuse; and
- Facilitate clients' access to HIV primary care and support services including drug treatment and overdose prevention to effectively manage challenges.

**Prerequisite**: It is required that participants take "Improving Health Outcomes for HIV-Positive Individuals Transitioning from Correctional Settings to the Community" before attending this training.

**Audience**: All health and human service providers who work directly with formerly incarcerated clients.

Date	Location	Training Center
July 28	Johnson City	STAP
August 18	Syracuse	REACH
August 23	Copiage	CPHE
September 8	Hawthorne	ARCS
September 16	Manhattan	Cicatelli
September 20	Manhattan	NDRI
September 29	Albany	CHBT



# **Evidence-Based Interventions**

# Diffusion of Effective Behavioral Interventions (DEBI)

The goal of the DEBI Project is to enhance the ability of community providers to deliver proven individual, group, and community level interventions to reduce the spread of HIV and STDs and promote healthy behaviors.

There are approximately 18 interventions included in the Center for Disease Control's (CDC) DEBI Project.

For assistance selecting a DEBI for your agency contact your contract manager. If you are not funded by the AIDS Institute you can call Education & Training programs at 518-474-3045.

For more information about these interventions and the schedule of CDC-funded trainings, please visit the DEBI website: http://effectiveinterventions.org/

## NYS Dept. of Health AIDS Institute

### Group Facilitation Skills for STD/HIV Prevention Interventions

This *two-day* training will help to increase providers' confidence, knowledge and practice skills in facilitating groups, such as the Centers for Disease Control's (CDC) evidence based behavioral intervention "VOICES/VOCES."

As a result of this training, participants will be able to:

- Increase their understanding of group process and how it influences behavior change;
- Identify qualities of an effective group facilitator;
- Increase skills in facilitating STD/HIV prevention intervention groups;
- Identify strategies for handling group problems; and
- Learn the importance of training, supporting and evaluating group facilitators.

Date	Location	Training Center	FREE OASAS Credits (pp. 28)
September 21-22	Hawthorne	ARCS	Contact your local training center for more details.

#### For more trainings please visit the DEBI website: http://effectiveinterventions.org/

### New York City Dept. of Health & Mental Hygiene HIV Training & Technically Assistance Program (T-TAP)

For more information and to register for T-TAP trainings visit: http://www.nyc.gov/html/doh/html/ah/ah.shtml#trainings

**Note:** Agency leadership must review the DEBI Fact Sheet and Agency Readiness Assessment to determine if the intervention is appropriate for their agency and target population. These materials are available at: http://effectiveinterventions.org

# Working with HIV-Positive Clients.

# HIV Disclosure: Deciding Who and When to Tell

This half-day training will increase the awareness of the multifaceted issues clients face when contemplating HIV status disclosure to family, friends, and service providers. Participants will develop the skills necessary to conduct timely ongoing assessments and discussion of HIV status disclosure as a component of effective service planning. This training is meant to enhance case manager skills and should not be viewed as a foundation training for new staff entering the field.

Date

August 4

August 18

By the end of this training, participants will be able to:

- Describe the benefits of ongoing assessment and discussion around disclosure:
- Outline a format to help clients with effective decision-making about HIV/AIDS status disclosure, listing the benefits and limitations;
- Explain the value of supporting a client's decision regarding disclos
- Discuss the steps involved in making the decision to disclose HIV/A

Prerequisite: Although there is no prerequisite for this course, it is strongly suggested that participants have previous training in HIV confidentiality and have taken "Introduction to Case Management," "Enhancing the Partnership between Client and Case Manager" and "Serving Families: From Assessments to Service Plans."

Audience: All health and human service providers including: case managers and case management technicians in both COBRA and grant-funded programs, supervisors, program directors, and other interested health and human service providers.

# Client Advocacy: What to do When Your Client's HIV Confidentiality or Testing Rights Have Been Violated

This 90-minute webinar will cover how to advocate for clients whose HIV confidentiality and testing rights have been violated.

As a result of this training, participants will be able to:

- Describe the basic requirements of New York State's HIV testing and confidentiality law (Public Health Law Article 27-F) and HIPAA;
- List when and how confidential HIV-related information may be disclosed, and who gets to decide;
- Describe the requirements for informed consent to an HIV test;
- Advocate for clients whose HIV confidentiality or testing rights have been breached by other agencies; and
- Respond to clients' complaints that their agency breached their HIV confidentiality or testing rights.

**Prerequisite**: Participants should have basic knowledge of Article 27-F's confidentiality and testing requirements. Audience: All health and human service providers and legal advocates serving HIV-positive people.

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September 21 Webinar LAC	September 21	Webinar	LAC



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August 24	Manhattan	Cicatelli
September 28	Hawthorne	ARCS
g disclosure; and ose HIV/AIDS status to fa	mily, friends, and s	service providers.

Training Center

REACH

**NDRI** 

Location

Syracuse

Manhattan

# Promoting Primary Care & Treatment Adherence for HIV Positive Individuals

This *one-day* training is designed to increase awareness of non-physician health and human services providers about HIV primary care guidelines and treatment adherence. Providers who are aware of HIV primary care guidelines and strategies for supporting treatment adherence can play an important role in improving the health outcomes of people living with HIV.

At the end of this training, participants will be able to:

- List the components of primary care for patients living with HIV;
- Identify the key elements of the annual comprehensive physical exam for patients living with HIV;
- Identify the routine laboratory screening and assessments used in primary care for people living with HIV, including methods used to assess and measure adherence;
- Recall the different classes of HIV medications and briefly describe how they work;
- Identify common barriers to treatment adherence, including medication side effects;
- · List three specific strategies for promoting treatment adherence;
- Identify when referrals to specialty care may be needed;
- Work as a member of the care team to:
  - help patients take advantage of health maintenance services, vaccination, and prophylaxis for opportunistic infections; and
  - conduct client assessments and make referrals for a variety of psycho-social issues including substance use, mental health, domestic violence, smoking cessation, etc.

**Prerequisite**: It is strongly recommended that participants have previous knowledge or training on basic HIV/AIDS information.

**Audience**: Non-physician health and human services providers who work directly with people living with HIV including: case managers, counselors, nurses, support services providers and others.

Date	Location	Training Center
September 15	Hawthorne	ARCS



# Addressing Prevention with HIV Positive Clients

This *one-day* training will prepare participants to help people living with HIV to avoid sexual and substance use behaviors that can result in 1) transmitting HIV to others and 2) negative health outcomes for themselves.

As a result of this training, participants will be able to:

- List psychosocial issues that can make it difficult for people living with HIV to change sexual and substance using behaviors associated with HIV transmission;
- Identify provider values and beliefs about addressing prevention issues with their HIV positive clients;
- Practice skills associated with working one-on-one with HIV positive clients on prevention issues;
- Explore specific strategies for working with special populations; and
- Examine prevention resources and be able to make referrals for prevention services.

Date	Location	Training Center
July 27	Manhattan	Cicatelli
August 11	Manhattan	NDRI
August 30	Rochester	CHBT
September 13	Hawthorne	ARCS



FREE OASAS Credits (pp. 28) Contact your local training center for more details.

**Prerequisite**: It is strongly recommended that participants have previous knowledge and training on harm reduction and basic HIV/AIDS information.

Audience: All health and human service providers, especially those who work directly with HIV positive clients.

**Note**: Staff who work in case management programs should attend the training "Addressing Prevention in HIV Case Management."

# Mental Health Services: Ensuring Appropriate Referrals for HIV Positive Clients

This *two-day* training is designed to orient HIV providers to basic information about mental illness and to prepare providers to make effective referrals to mental health care services.

As a result of this training, participants will be able to:

- Discuss values, bias, and stigma of mental illness within different cultures;
- Describe an overview of mental health and HIV/AIDS in NYS;
- List of common psychiatric disorders;
- List mental health service delivery system resources and referrals; and
- Explore barriers to mental health care.

# DateLocationTraining CenterAugust 10-11BuffaloARC-GBC

#### Prerequisite: None

Audience: All health and human service providers including: case managers and case management technicians in both COBRA and grand-funded programs, supervisors, and program directors.



FREE OASAS Credits (pp. 28) Contact your local training center for more details.

# Case Management\_

# Advanced HIV Case Management Service Planning

This one and one-half day training will provide HIV case managers with advanced service plan development training intended to build upon knowledge and skills acquired in introductory case management courses. Through case studies, skills practice, and large and small group exercises participants will increase their knowledge in developing successful goals, objectives, and tasks together with their clients. Participants will learn to prioritize multiple needs identified on the Comprehensive Assessments and subsequent reassessments.

As a result of this training participants will be able to:

- Define prioritizing needs (Maslowe's Hierarchy) as it applies to case management assessments and service plans;
- Define follow-up clients and list the differences between the two types of follow-up clients;
- Develop appropriate goals, objectives and tasks for clients based on prioritized needs and client readiness; and
- List reasons why service plan outcomes are important and document clear and concise outcomes.

**Prerequisite**: Because this is an advanced case management training, it is strongly recommended that participants, at a minimum, have taken "Introduction to Case Management," "Enhancing the Partnership Between Client and Case Manager," and "Serving Families: From Assessments to Service Plans." This training is meant to enhance case manager skills and should not be viewed as foundation training for new staff entering the field.

Audience: Case management staff in HIV case management programs including supervisors and program directors.

Date	Location	Training Center
September 29-30	Manhattan	CPHE

## Assessing Sexual Risk Behaviors within Case Management

As case managers work with HIV positive clients and those at risk for HIV, it is critical that they have the skills to assess high risk behaviors. Typically, case managers lack interviewing and assessment skills that speak specifically to sexual behaviors. This *one-day* training program will provide the necessary skills to assist case managers to be more effective in their risk reduction counseling interventions.

As a result of this training, participants will be able to:

- Identify the sexual behaviors that are most risky to HIV;
- Examine their personal attitudes in relationship to sexual behaviors;
- Demonstrate skills in interviewing that assess sexual risk factors; and
- Practice interviewing and providing risk reduction counseling within the framework of case management

**Prerequisite**: Because this is an advanced case management training, it is strongly recommended that participants, at a minimum, have taken "Introduction to Case Management," "Enhancing the Partnership Between Client and Case Manager," and "Serving Families: From Assessments to Service Plans." This training is meant to enhance case manager skills and should not be viewed as foundation training for new staff entering the field.

Audience: Case management staff in HIV case management programs, including supervisors and program directors.

# Every Word Counts: Improving Documentation

### Skills for Case Managers

Case managers are often challenged to accurately and objectively document information in a timely manner while maintaining the quality of service delivery. This *one-day* training will assist case managers in developing and improving their documentation skills in order to satisfy the mandates of their agency.

As a result of this training, participants will be able to:

- Understand the skills, knowledge and resources needed to do quality documentation;
- Examine personal biases that may influence case managers;
- Develop skills in writing client information in clear, concise, and objective ways; and
- Apply basic time management techniques that will improve the quality of service delivery.

\*Available online at: http://caionline.cicatelli.org/moodle/login/index.php

**Prerequisite**: Because this is an advanced case management training, it is strongly suggested that participants have taken "Introduction to Case Management," "Enhancing the Partnership between Client and Case Manager," and "Serving Families: From Assessments to Service Plan." These trainings are meant to enhance case manager skills and should not be viewed as foundation training for new staff entering the field.

Audience: Case management staff in HIV case management programs including: supervisors and program directors.

Date	Location	Training Center
September 27	Manhattan	Cicatelli

Date	Location	Training Center
August 11	Manhattan	Cicatelli

# Supervision and Leadership for Case Management Programs

This *two-day* training will examine many of the complex skills needed to effectively supervise case management staff and provide guality service delivery to clients.

Topics to be covered include:

- Overview of supervisory competencies;
- Supervising the difficult employee;
- Identify strategies for supervising staff with personal problems;
- Delivering a difficult message;
- Balancing performance expectations with personal problems; and
- Supervising a culturally diverse workforce.

**Prerequisite**: Because this is an advanced case management training, it is strongly suggested that participants have taken: "Introduction to Case Management," "Enhancing the Partnership between Client and Case Manager" and "Serving Families: From Assessments to Service Plans." These trainings are meant to enhance case manager skills and should not be viewed as foundation training for new staff entering the field in both COBRA and grant-funded programs, supervisors, program directors, and other interested health and human service providers.

Audience: All health and human service providers including: case managers and case management technicians in both COBRA and grant-funded programs, supervisors, and program directors.

Date	Location	Registration Center
September 14-15	Manhattan	Cicatelli

# **Online Trainings**

### Introduction to Case Management

This training will provide participants from COBRA and AIDS Institute grant-funded programs with a basic understanding of the case management process.

Topics to be covered include:

- Review and comparison of case management models;
- Nature and importance of goal-planning;
- Components and relationship between steps of the case management process;
- Case coordination with other service providers; and
- Reasons and process for closure.

**Prerequisite**: Although there is no prerequisite for this course, it is strongly suggested that participants have previous training in HIV confidentiality and basic HIV/AIDS medical information.

Audience: Case management staff in HIV case management programs, including supervisors and program directors.

#### \*Available on-line at: http://www.hivtraining.org/

# Every Word Counts: Improving Documentation Skills for Case Managers

This training will assist case managers in developing and improving their documentation skills in order to satisfy the mandates of their agency.

As a result of this training, participants will be able to:

- Understand the skills, knowledge and resources needed to do quality documentation;
- Examine personal biases that may influence case managers;
- Develop skills in writing client information in clear, concise, and objective ways; and
- Apply basic time management techniques that will improve the quality of service delivery.

**Prerequisite**: Because this is an advanced case management training, it is strongly suggested that participants have taken "Introduction to Case Management," "Enhancing the Partnership between Client and Case Manager," and "Serving Families: From Assessments to Service Plan." These trainings are meant to enhance case manager skills and should not be viewed as foundation training for new staff entering the field.

Audience: Case management staff in HIV case management programs including: supervisors and program directors.

#### \*Available on-line at: http://www.cicatellionline.org/lms/login/index.php



### Serving Families: From Assessments to Service Plans

This training will prepare case management staff to conduct a thorough HIV/AIDS case management comprehensive needs assessments and develop effective service plans. The session will increase participants' skills in completing the AIDS Institute COBRA case management assessment form. It provides an in-depth examination of service plan development and focuses on developing measurable goals and fostering goal achievement.

Topics to be covered include:

- Purpose and elements of the assessment and service plan;
- Direct observations versus personal judgments;
- Interviewing and question-framing skills;
- Documentation techniques;
- Distinction between goals, objectives, and tasks;
- Incorporating assessment into the development of goals and objectives;
- Using clients' strengths and assets in developing a service plan; and
- Tips for successful outcomes.

**Prerequisite**: It is strongly suggested that participants have previous training in basic HIV/AIDS information, "HIV Confidentiality," Basic Domestic Violence, and have taken "Introduction to Case Management" and "Enhancing the Partnership Between Client & Case Manager."

Audience: Case managers and case management technicians in both COBRA and grant-funded programs including: supervisors and program directors.

#### \*Available on-line at: http://www.hivtraining.org/

### Tobacco Recovery Resource Exchange

This NYS DOH-sponsored website offers e-learning training modules on integrating tobacco use interventions into chemical dependency services. Trainings are free of charge and **OASAS credits are available**.

Training is organized in four self-paced training modules as follows:

- Foundation of Tobacco recovery
- Assessment, Diagnosis and Pharmacotherapy
- Behavioral Interventions
- Treatment Planning
- Co-occurring disorders

#### \*Available online at: http://www.tobaccorecovery.org

# Additional Training Resources for HIV, STDs and Viral Hepatitis

### Sexually Transmitted Diseases

#### **Centers for Disease Control and Prevention - STD Training**

http://www.cdc.gov/std/training/default.htm

Access STD prevention courses, on-line continuing education opportunities and other resources including STD 101, Disease Identification cards and many important links.

#### **STD Training Modules for clinicians**

http://www.cdc.gov/std/training/Self-Study.htm

The Self-Study STD Curriculum Modules for Clinicians depict symptoms of sexually transmitted diseases. They are designed for use by health care providers and health educators and may not be suitable for all audiences. CME and CNE available.

#### **Region II STD/HIV Prevention Training Center**

http://www.nycptc.org/index.html

The Region II STD/HIV Prevention Training Center (PTC) offers classes for medical providers throughout New York City and State, New Jersey, Puerto Rico and the U.S. Virgin Islands. The program is aimed at reducing sexually transmitted diseases (STDs), decreasing HIV mortality and improving reproductive health in the general population. Target audiences include physicians, nurses, nurse practitioners and physicians' assistants who provide clinical care. Located at the NYC Department of Health, the PTC is funded by the CDC and administered by Public Health Solutions.

#### STD Center for Excellence at Montefiore Medical Center

The New York State Department of Health funds this center to provide a three-day STD intensive course for clinicians (offered numerous times throughout the year) at its clinic in Bronx, NY. For registration information and training calendar contact: Ms. Carol McDowell, Office Coordinator (718) 882-5579.

### Viral Hepatitis

#### National Training Center for Integrated Hepatitis, HIV/STD Prevention Services

http://www.knowhepatitis.org/

This national training center provides on-line training to frontline workers in community based organizations and clinics on hepatitis prevention, diagnosis, management, treatment and integration. More than 10 narrated slidesets are available on topics including A, B, Cs of Hepatitis, Living Well with Hepatitis C, What every Outreach Worker Should Know about Hepatitis C Treatment, Chronic Hepatitis B in Asian American, Native Hawaiian and Other Pacific Islander Communities and others.

#### **Hepatitis Web Study**

http://depts.washington.edu/hepstudy/ This website provides interactive, case-based modules related to the clinical care of persons with viral hepatitis.

#### Viral Hepatitis Serology Training

http://www.cdc.gov/hepatitis/Resources/Professionals/Training/SerologyStart.htm

This on-line course is comprised of six animated tutorials with voiceovers and eight case studies. Upon successful completion of this training, participants will be able to understand the different serologic tests for Hepatitis A virus (HAV) infection, Hepatitis B virus (HBV) infection, Hepatitis C virus (HCV) infection, Hepatitis D virus (HDV) infection, and Hepatitis E virus (HEV) infection. CME and CNE available.





## New York Council of Nonprofits, In Community Focus • Statewide Impact • National Network



#### Achieving Excellence in Governance

The State Board Training Consortium (SBTC) improves governance of state–funded non-profits by providing a comprehensive series of trainings to board members of these organizations.

SBTC offers 13 trainings tailored to meet the unique needs of board members. Topics include:

- Duties and responsibilities of board members;
- Fiscal accountability;
- Quality assurance;
- Strategic planning; and

- Legal obligations;
- Human resource issues;
- Board recruitment and retention;
- Ethics.

Webinar Wednesdays" - check out nycon.org for more details

#### SBTC trainings are conducted by: The New York Council of Nonprofits, Inc. (NYCON).

These trainings are for board members of non-profit organizations funded, licensed or authorized by a collaboration of the following New York State Government Agencies:

Department of Health \* Office of Alcoholism and Substance Abuse Services \* Office of Mental Health \* Office of Children and Family Services \* Office of Mental Retardation and Developmental Disabilities

#### \*To get regular updates on SBTC trainings email jmontalvo@nycon.org\*

Or to learn more call Jennifer Montalvo at 1-800-515-5012 or visit www.nycon.org

# AIDS Institute • New York State Department of Health building apacty by the state of the state o

Throughout New York State

# **Clinical Education Initiative**

A statewide network of HIV Clinical Education Centers providing progressive, up-to-date clinical information and practice guidelines for HIV providers.



Specific areas of expertise include:

- Management of Post-Exposure Prophylaxis
- Substance Use
- Prevention of HIV Transmission
- Mental Health
- General HIV Clinical Education for Upstate providers

CEI services include:

- On-site trainings and workshops with CME credits visit the tech center atwww.ceitraining.org
- Internet-based modules with CME credits
- Conferences
- Operating a 24 hours a day, 7 days a week
   Post-Exposure Prophylaxis Hotline (PEP-Line) 1-888-448-4911
   Provider Consultation Line (CEI-Line) 1-866-637-2342

For more information about CEI centers and services: Call 518-473-8815 or visit: www.hivguidelines.org www.nyhealth.gov/diseases/aids/training/clinical.htm

#### NYS Nurses Association Continuing Nursing Education (CNE) and NYS Office of Alcoholism & Substance Abuse Services Credentialing (OASAS)

**CNE:** The School of Public Health, University at Albany, is an approved provider of continuing nursing education by the New York State Nurses Association, an accredited approved by the American Nurses Credentialing Center's Commission on Accreditation. Programs listed below are presented in joint sponsorship with the New York State Department of Health AIDS Institute. (See below for contact hours and approval codes.)

**OASAS:** The New York State Department of Health AIDS Institute is an OASAS Certified Education and Training Provider. Trainings listed below are approved for initial credentialing and renewal of CASAC, CPP and CPS, unless otherwise noted. (See below for clock hours.)

g.	Trainings	Approved Codes	CNE	OASAS
9.			hours	hours
N/A	Addressing Prevention in HIV Case Management			*6.5
19	Addressing Prevention with HIV Positive Clients			*6.5
12	Addressing Sexual Risk with Drug Users and Their Partners			*6.5
6	Building Bridges to Cultural Competency			6.5
10	Do You Work With High Risk Pregnant Women?			3
N/A	Enhancing the Partnership Between Client and Case Manager			* 6.5
16	Group Facilitation Skills for STD/HIV Prevention Interventions			*13
6	HIV & Hepatitis C Coinfection			*3
NA	HIV & Hepatitis C Coinfection Training for Case Managers			6.5
4	HIV Confidentiality Law	6VKSFE-PRV-06-007	4.0	
7	HIV Testing in NYS: 2010 Update	TWDQEL-PRV-10-159	3.0	3.0
8	HIV Testing: Skills Practice Session	6VKSFE-PRV-06-079	6.5	*6.5
14	Improving Health Outcomes for HIV Positive Individuals Transitioning from Correctional Settings to the Community			6.5
23	Introduction to Case Management Online			* 6.5
5	It's Time: Integrate Viral Hepatitis into Your Work			*13
19	Mental Health Services: Ensuring Appropriate Referrals for HIV Positive Clients			*15
N/A	Methamphetamines and MSM			3
NA	Motivational Interviewing Techniques to Facilitate Assessments in HIV Case Management			6.5
18	Promoting Primary Care & Treatment Adherence			6.5
N/A	Opioid Overdose Prevention Training			3
NA	Reducing the Risk and Harm of HIV			*19.5
11	Sex, Gender, HIV/STDs			13
N/A	Skills Practice and Implementation of Staged-Based Behavioral Counseling			*19.5
	<ul> <li>Courses are <u>not</u> approved for initial credentialing for CPS</li> <li>N/A Training not offered during this calendar period</li> </ul>			

## Helpful Websites

	to:
	www.cobracm.org www.nyhealth.gov/diseases/aids/publications/edmat.htm
On-line orders for bulk quantities or download materials instead of For consumers:	of ordering copies for HIV/AIDS consumer materials. HIVPUBS@health.state.ny.us
For providers:	provpub@health.state.ny.us
HIV Clinical Guidelines (a resource for medical providers)	www.hivguidelines.org
U.S. Dept. of Health and Human Services Health Resources	and Administration
Centers for Disease Control (CDC)	1-800-CDC-INFO or TTY 1-888-232-6348 www.cdc.gov
ACT for Youth Center for Integration of Youth Development a	nd Adolescent Programs www.actforyouth.net

### Resources

**General HIV Information Hotlines:** Provides basic information about HIV transmission, prevention, testing and referrals to local providers by county of residence.

NYS AIDS Hotline (800) 541-2437	Spanish (800) 233-7432	Deaf/TDD (800) 369-AIDS
Manhattan Depart. of Health bilingual # (800) 825-5448	Centers for Disease Control Spanish (800) 344-7432 or	1-800-CDC-INFO or TTY 1-888-232-6348

HIV Counseling and Testing Sites:Provides information about anonymous HIV testing sites by county residence.NYS AIDS Hotline (800) 541-2437Manhattan Dept. of Health bilingual # (800) 825-5448

HIV Special Needs Plans (SNPS): NY Medicaid CHOICE Helpline counselor can answer questions about choosing a doctor and a plan that serves your area. Informational packets about enrollment can be mailed. Everything said is kept confidential. New York Medicaid CHOICE Helpline 10:00 am-6:00 pm TTY/TDD (800) 329-1541

(800) 505-5678

New York Medicaid CHOICE Helpline Monday-Friday 8:30am-8:00pm & Saturday

ADAP and ADAP Plus (AIDS Drug Assistance Program): Program that helps HIV infected people getmedications, medical care and home care when uninsured and underinsured.Bilingual # (800) 542-2437TDD (518) 459-0121Relay Operator (800) 421-1240

**Partner/Spousal Notification Assistance Services:** Referral for free and confidential assistance in notifying sexual or needle sharing partners regarding exposure to HIV.

NYS Dept. of Health (800) 541-2437

Manhattan Dept. of Health (212) 693-1419

**Confidentiality:** Provides general information regarding the NYS Confidentiality Law (Article 27-F) as well as the dissemination of complaint forms to callers.

NYS Confidentiality Hotline (800) 962-5065

Legal Action Center bilingual # (212) 243-1313

Human Rights/Discrimination: Provides information and assistance regarding issues of HIV discrimination related to housing, employment, etc.

NYS Division of Human Rights bilingual # (800) 523-2437 Manhattan Commission on Human Rights bilingual # (212) 306-7500