

Integrate Viral Hepatitis into Your Work

Two Day Training

Training Goal

The National Virus Hepatitis Training Project will support the overall efforts of the Centers for Disease Control and Prevention (CDC) in the prevention, control and elimination of hepatitis viral infections in the Unites States by:

- Familiarizing providers working in settings that serve persons at high risk for viral hepatitis with basic information about viral hepatitis;
- Provide providers working in substance use treatment programs, STD clinics, criminal justice settings and HIV/AIDS programs with tools and skills to integrate hepatitis prevention, education and counseling services into existing programs.

Training Objectives

- 1. Understand the anatomy and function of the liver.
- 2. List ten ways to maintain liver health.
- 3. Describe the risk factors for viral hepatitis.
- 4. Define the different levels of viral hepatitis: acute, chronic persistent, chronic active, cirrhosis and fulminant hepatitis.
- 5. Describe the spectrum of illness for hepatitis A, B and C.
- 6. Identify the epidemiology of hepatitis A, B and C.
- 7. Identify the ways hepatitis A, B, and C are transmitted.
- 8. Identify prevention and treatment options for viral hepatitis.
- 9. Understand the connection between viral hepatitis and other infectious diseases such as HIV.
- 10. Practice and demonstrate skills to assess client's risk for viral hepatitis.
- 11. Practice and demonstrate ability to tailor harm reduction messages to client's risk behaviors.
- 12. Identify where viral hepatitis messages/activities can be integrated into existing services.
- 13. Identify strategies for integrating hepatitis screening, counseling treatment and referrals into substance use treatment programs, STD clinics, criminal justice settings and HIV/AIDS programs.
- 14. Identify resources to assist in our work.

Comprehensive List of Training Modules

The New York State viral hepatitis curriculum is designed as a series of modules. Trainers have the flexibility and freedom to combine modules to best tailor the training to the needs of a specific group. Core modules on the Liver, Hepatitis A, B and C could be combined with setting specific modules to create a flexible, tailored training program.

CORE MODULES



1- Introduction

- Review goals and objectives
- Content overview
- Rationale for integration of viral hepatitis
- Icebreaker/ values clarification

2- Hepatitis and the Liver

- Functions of the liver
- Hepatitis- what is it?
- Tests to monitor liver functions
- Liver health

3- Hepatitis A

- Disease prevalence
- Transmission/non-transmission
- Spectrum of illness and common symptoms
- Prevention
- Diagnosis and testing
- Treatment

4- Hepatitis B

- Disease prevalence
- Transmission/non-transmission
- Spectrum of illness and common symptoms
- Prevention
- Diagnosis and testing
- Treatment

5- Hepatitis C

- Disease prevalence
- Transmission/non-transmission
- Spectrum of illness and common symptoms
- Prevention
- Diagnosis and testing
- Treatment

6- Risk Assessment and Tailored Harm Reduction Messages

- Risk assessment
- Cultural awareness
- Harm reduction messages
- Skills practice

7- Evaluation and Closure

- Content review
- Next steps for integration
- Opportunities for integration
- Post-training satisfaction survey
- Post-training knowledge questionnaire

SETTING SPECIFIC MODULES



The following four modules are setting specific. They are designed for delivery to a homogeneous group of providers from the designated setting.

Integrating Viral Hepatitis into Substance Use Programs

- Rationale and opportunities for integration
- Brainstorm: barriers to integration
- Model programs for integration
- Strategies for integration
- Implementing a successful plan for integration

Integrating Viral Hepatitis into STD/Public Health Settings

- Rationale and opportunities for integration
- Brainstorm: barriers to integration
- Model programs for integration
- Strategies for integration
- Implementing a successful plan for integration

Integrating Viral Hepatitis into HIV/AIDS Programs

- Rationale and opportunities for integration
- Brainstorm: barriers to integration
- Model programs for integration
- Strategies for integration
- Implementing a successful plan for integration

Integrating Viral Hepatitis into Correctional Settings

- Rationale and opportunities for integration
- Brainstorm: barriers to integration
- Model programs for integration
- Strategies for integration
- Integration planning

The following module is designed for use with heterogeneous groups of providers from the four-target settings- STD, Corrections, HIV and Substance Use Treatment.

Integrating Viral Hepatitis into Settings Serving Clients at High Risk

- Rationale and opportunities for integration
- Brainstorm: barriers to integration
- Model programs for integration
- Strategies for integration
- Integration planning

It's Time: Integrate Viral Hepatitis into Your Work

Training Agenda

<u>Day One</u> Introductions	9:00 - 10:00
Liver, part 1	10:00 - 10:45
Break	10:45 – 11:00
Liver, part 2	11:00 – 11:15
Hepatitis C, part 1	11:15 – 12:15
Lunch	12:15 – 1:00
Hepatitis C, part 2	1:00 – 2:30
Break	2:30 – 2:45
Hepatitis A & B	2:45 – 4:30
Wrap Up and Evaluation	4:30 - 5:00
Day Two Welcome back and check in	9:00 – 9:30
Integrating Viral Hepatitis Services, part 1	9:30 – 10:30
Break	10:30 – 10:45
Integrating Viral Hepatitis Services, part 2	10:45 – 12:15
Lunch	12:15 – 1:00
Risk Assessment and Tailored Harm Reduction part 1	1:00 – 2:30
Break	2:30 – 2:45
Risk Assessment and Tailored Harm Reduction, part 2	2:45 – 4:15
Closing	4:15 – 4:30