

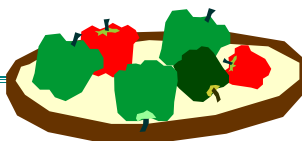
References

REFERENCES



Books and Booklets

- Ammerman, Alice, Benjamin, Sara, Sommers, Janice and Dianne Ward, The Nutrition and Physical Activity Self-Assessment for Child Care (NAP SACC) environmental self-assessment instrument, Division of Public Health, NC DHHS, Raleigh, NC, and the Center for Health Promotion and Disease Prevention, University of North Carolina at Chapel Hill, 2004 (Revised May 2007).
- Berenstain, Stan and Jan Berenstain, The Berenstain Bears and Too Much TV, Random House, Inc., New York, New York, 1984.
- Berenstain, Stan and Jan Berenstain, The Berenstain Bears Forget Their Manners, Random House, Inc., New York, New York, 1985.
- Fletcher, Janice, Branen, Laurel, Price, Elizabeth and Sara Gilyer Matthews, Building Meal Time Environments and Relationships: An Inventory for Feeding Young Children in Group Settings, University of Idaho, Moscow, Idaho, 2005.
- Cook, Deanna F., The Kids' Multicultural Cookbook, Williamson Publishing Company, Charlotte, Vermont, 1995.
- Cryer, Debbie, Richardson Ray, Adele and Thelma Harms, Nutrition Activities for Preschoolers, Innovative Learning Publications, Menlo Park, California, 1996.
- Cuyler, Margery, Please Say Please!: Penguin's Guide to Manners, Scholastic, Inc., Scranton, Pennsylvania, 2004.
- Ehlert, Lois, Growing Vegetable Soup, Harcourt Brace Jovanovich, Publishers, San Diego, California, 1987.
- Fletcher, Janice, Branen, Laurel, Price, Elizabeth and Sara Gilyer Matthews, Building Meal Time Environments and Relationships: An Inventory for Feeding Young Children in Group Settings, Moscow, Idaho: University of Idaho, 2005.
- Haines, Julie A., Madeleine Sigman-Grant and J. Lynne Brown, Healthful Menus and Recipes, College of Agricultural Sciences Department of Food Science, University Park, Pennsylvania, 1996.
- Harter, Debbie, The Animal Boogie, Barefoot Books, Cambridge, Massachusetts, 2005.
- Jacobson, Michael and Laura Hill, Healthy Cooking for Kids, Henry Holt and Company, New York, New York, 1991.



- Kessler, Susan M., Healthy Heart Snack Choices Resource Guide, Cornell Cooperative Extension Nassau County, Plainview, New York, 1996.
- McMillan, Bruce, Growing Colors, Lothrop, Lee and Shepard Books, New York, New York, 1988.
- Mollie Katzen and Ann Henderson, Pretend Soup, Tricycle Press, Berkeley California, 1994.
- National Association for Sport and Physical Education, Active Start: A Statement of Physical Activity Guidelines for Children Birth to Five Years, AAHPERD Publications, Oxon Hill, Maryland, 2002.
- National Association for Sport and Physical Education, Appropriate Practices in Movement Programs for Young Children Ages 3-5, AAHPERD Publications, Oxon Hill, Maryland, 2000.
- National Food Service Management Institute, Serving it Safe (2nd edition), The University of Mississippi: National Food Service Management Institute, 2002.
- National Food Service Management Institute, Happy Mealtimes for Healthy Kids, The University of Mississippi: National Food Service Management Institute, 2003.
- National Food Service Management Institute, From the Trainers Tablet: Lessons for Child Care Providers Family Style Meals, University of Mississippi: National Food Service Management Institute, 2003.
- National Food Service Management Institute, More Than Mud Pies (4th edition), The University of Mississippi: National Food Service Management Institute, 2004.
- New York State Department of Health, State Sanitary Code Subpart 14-1, Food Service Establishments, 1997.
- New York State Department of Health–Division of Nutrition, New York State WIC Nutrition Education Curriculum, Albany, New York: New York State Department of Health, 2001.
- New York State Department of Health–Division of Nutrition, Fit WIC Activity Book, Albany, New York: New York State Department of Health, 2005.
- New York State Department of Health–Division of Nutrition, Just Say Yes to Fruits and Vegetables Cookbook, Albany, New York, 2005.
- New York State Department of Health and the American Dairy Association and Dairy Council, Inc., 1% or Less Toolkit, Albany, New York, 2003.
- Nissenburg, Sandra K, The Healthy Start Kids' Cookbook, Chronimed Publishing, Inc., Minneapolis, Minnesota, 1994.
- Rockwell, Anne, One Bean, Walker Publishing Company, Inc., New York, New York, 1998.



- Paul Rosengard, Sports, Play and Active Recreation for Kids Early Childhood, SPARK-EC, San Diego State University, San Diego, California, 2003.
- Sands, Laura and Katherine Thomas, Physical Activities and Healthy Snacks for Young Children, Iowa Department of Education, Bureau of Food and Nutrition, 2002.
- Satter, Ellyn, Secrets of Feeding a Healthy Family, Kelcy Press, Madison, Wisconsin, 1999.
- Satter, Ellyn, Your Child's Weight: Helping Without Harming, Kelcy Press, Madison, Wisconsin, 2005.
- Sherwood NA, Russo TJ, and Dennison BA, Fit5Kids (Version 2), Bassett Healthcare, Cooperstown, New York, 2004.
- Sissel-Phelan, Peggy, A Visit to the Farmers' Market, Brain Child Books, Little Rock, Arkansas, 2006.
- Tafari, Nancy, This is the Farmer, Greenwillow Books, New York, New York, 1994.
- The Massachusetts WIC Nutrition Program, Touching Hearts, Touching Minds, 2006.
- United States Department of Agriculture, Building Blocks for Fun and Healthy Meals, Washington, DC: USDA Food and Nutrition Service, 2000.
- United States Department of Agriculture, Food and Me, Washington, DC: USDA Food and Nutrition Service, 1997.
- United State Department of Agriculture, Fruits and Vegetables Galore: Helping Kids Eat More, USDA Food and Nutrition Service, 2004.
- United States Department of Agriculture, Nibbles for Health, USDA Food and Nutrition Service, 2002.
- United States Department of Agriculture, Recipes and Tips for Healthy, Thrifty Meals, U.S. Government Printing Office, Washington, DC, 2000.
- United States Department of Agriculture, Tickle Your Appetite, USDA Food and Nutrition Service, 1998.
- United States Department of Health and Human Services, Food Buying Guide for Child Nutrition Programs, 2001.
- United States Department of Health and Human Services and U.S. Department of Agriculture, Dietary Guidelines for Americans (6th Edition), U.S. Government Printing Office, Washington, DC, 2005.
- United States Department of Health and Human Services, A Healthier You, U.S. Government Printing Office, Washington, DC, 2006.
- Yolen, Jane, How do Dinosaurs Eat Their Food?, Blue Sky Press, New York, New York, 2005.

CDs and DVDs



Allard, Peter and Ellen Allard, Sing It! Stamp It! Sway It! Vol. 2, Big Deal Recording, Worcester, Massachusetts, 1999.

Cornell Cooperative Extension and Division of Nutritional Sciences, NYS Colleges of Human Ecology and Agriculture and Life Sciences, Cornell University; NYS Department of Agriculture and Markets; and NYS Department of Health. Funded by the Food and Nutrition Service, U.S. Department of Agriculture, Grant Number 59-3798-8-501, Get Fresh at Your Farmers Market, Cornell University, Ithaca, New York, 2001.

Palmer, Hap, Early Childhood Classics – Old Favorites with a New Twist, Hap-Pal Music, Inc., Topanga, California, 2000.

Web Sites

America on the Move–Steps to a Healthier Way of Life
www.americaonthemove.org

Fruits and Veggies More Matters
www.fruitsandveggiesmorematters.org

New York State Dept. of Agriculture and Markets
www.agmkt.state.ny.us/ap/communityfarmersmarkets.asp

The Massachusetts WIC Nutrition Program
<http://www.touchingheartstouchingminds.com>

TV Turnoff Network
www.tvturnoff.org

U.S. Dept. of Agriculture Food Safety and Inspection Service
www.fsis.usda.gov

U.S. Dept. of Agriculture–MyPyramid
www.mypyramid.gov

U.S. Food and Drug Administration Center for Food Safety and Applied Nutrition
www.cfsan.fda.gov

