

1-866-NY-QUITS
NEW YORK STATE ○ 1-866-697-8487
SMOKERS' QUITLINE

- The Smokers' Quitline is a free service that provides New Yorkers with help when they are ready to stop smoking.
- The Smokers' Quitline is staffed by information specialists who are specially trained to provide information and consultation on a variety of cessation topics, such as stop smoking medications, withdrawal symptoms and stop smoking programs.
- Callers can request Break Loose, a self-help booklet, and a listing of smoking cessation programs in their region. Callers can also listen to a taped message library offering tips on different smoking topics. It's available 24 hours a day, 7 days a week.
- The Smokers' Quitline is also designed to assist health professionals. Physicians and health care providers can use the Quitline service as a referral for their patients' stop smoking plans and to enhance recommended and/or prescribed stop smoking medications.
- Health care providers can also call the Quitline to obtain concise, up-to-date information on stop smoking techniques and medications, or to order office materials that can be shared with their patients.
- The Smokers' Quitline also provides tobacco-related services to a variety of other callers, including friends and family of smokers, health educators, businesses, parents, and students who are looking for information.
- All services of the Quitline are free and confidential and are available in various languages, including Spanish, as well as for people who are deaf or hearing impaired.
- The Quitline is located at Roswell Park Cancer Institute and supported through the New York State Department of Health.

Deaf, Hard of Hearing and Speech Disabled:
Call the NY Relay Service at 7-1-1 (Voice or TTY)
www.nysmokefree.com

State of New York
Department of Health

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