

SUGAR-SWEETENED BEVERAGES

Drinking sugar-sweetened beverages every day is common among New Yorkers and is linked to weight gain and increased risk for diabetes and heart disease.

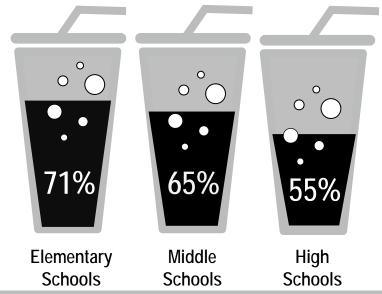


22% of New York youth consume at least one sugary drink per day. 1

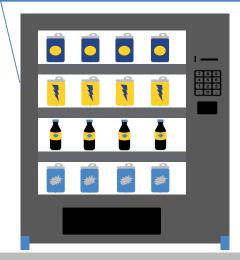


Students in school districts that limit access to sugary drinks are less likely to drink soda. However, **only half** of middle and high schools in New York limit the sale of less healthy foods and drinks.^{2,3}

Most New Yorkers support policies that would ban sales of sugary drinks in schools.³



59% of New Yorkers favor removing vending machines that sell sugary drinks in public schools.4



¹ Youth Tobacco Survey (YTS), 2016

² School Health Profiles (SHP), 2014

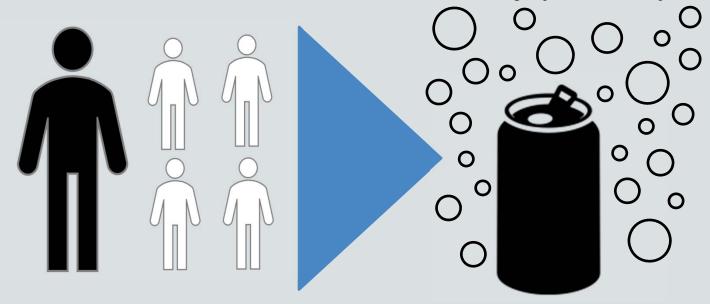
³ School District Policies and Adolescents' Soda Consumption Miller, Gabrielle F. et al. Journal of Adolescent Health , Volume 59 , Issue, 17 - 23.

⁴New York State Chronic Disease Public Opinion Poll, 2016



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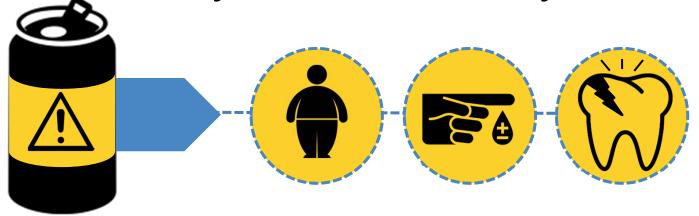
1 in 5 New York adults drink soda or other sugary drinks daily.1





33% of New Yorkers favor banning the sale of sugary drinks in public buildings.²

77% of New Yorkers support requiring a label on sugary drinks to alert buyers that added sugar contributes to *obesity*, *diabetes* and *tooth decay*.²



¹ Behavioral Risk Factor Surveillance System (BRFSS), 2015

² New York State Chronic Disease Public Opinion Poll, 2016