ASSISTED LIVING RESIDENCE RESIDENT EVALUATION

Resident's Name: ____
Facility Name: ______________________________ Date of Evaluation: ____________________

SECTION 1: COMMUNICATION/DENTAL/VISION/HEARING

Can the individual Speak English? ☐ Yes ☐ No **Read English?** ☐ Yes ☐ No **Write in English?** ☐ Yes ☐ No

Can the individual understand instructions in English? ☐ Yes ☐ No

If no to any of the above, indicate dominant language: Speak:______________ Read:______________ Write:______________

Verbal Expression/Speech (check all that apply):

Easily Understood	☐ Yes ☐ No	Difficulty finding words or expressing self ☐ Yes ☐ No
Slurred or mumbled speech	☐ Yes ☐ No	Understands directions ☐Yes ☐No

SPEECH: Does the resident have a speech defect / impairment? ☐Yes ☐ No
If yes, describe:____

DENTAL Prosthetics: ____

VISION: Glasses: ☐Yes ☐ No Glaucoma: L ☐ R ☐ Legally Blind: L ☐ R ☐ Contact Lenses: ☐Yes ☐ No

Comments:____

HEARING: Does the patient have a hearing deficit? ☐Yes ☐ No Hearing Aid: L ☐ R ☐

Comment(s): ____

SECTION 2: CUSTOMARY ROUTINE

Sleeping routine: **Preferred wake up time:** __________ **Napping routine:** ___________________
Preferred bedtime: ______________ **Nighttime sleep pattern:** ___________________

Comments: ____
____

Bathing routine: **Prefers** ☐ **Bath** ☐ **Shower** **Frequency:** ______________________________

Comments: ____
____

Eating routine: **Food preferences (religious, cultural, other):** ________________ ________________ ________________
Food dislikes: ___________________ ___________________ ___________________

Comments: ____
____
____

Daily Events:
(check all that apply)

☐ Goes out __________days a week (Specify 1 – 7)
☐ Stays busy with hobbies, reading, fixed daily routine
☐ Spends most time alone
☐ Contact with relatives/close friends ________days per week (Specify 1 – 7)
☐ Spends most time watching TV
☐ Usually attends church, synagogue, mosque, etc.
☐ Prefers small group activities
☐ Prefers large group activities

Comments: ____
____

Resident's Name: ____
Facility Name: ______________________________ Date of Evaluation: ____________________

SECTION 3: CONTINENCE STATUS/MANAGEMENT

Is the resident continent of urinary function? ☐ Yes ☐ No
Is the resident continent of bowel function? ☐ Yes ☐ No

IF ANSWER IS "NO" TO EITHER QUESTION, COMPLETE THIS SECTION, AS APPROPRIATE.

Urinary Incontinence		Bowel Incontinence	
☐ Several times a week ☐ Daily	☐ Day Only ☐ Night only ☐ Day and night	☐ Several times a week ☐ Daily	☐ Day only ☐ Night only ☐ Day and night
Current management techniques		**Current management techniques**	
☐ Prompting/reminding defers incontinence ☐ Timed voiding defers incontinence ☐ Uses incontinence pads/adult diapers: ☐ Day only ☐ Night only ☐ Day and night Catheter (specify type) ____________ Comments: ____________ ____________ Self-manage continence? ☐ Yes ☐ No		☐ Uses incontinence pads/adult diapers: ☐ Day only ☐ Night only ☐ Day and night Comments: ____________ ____________ ____________ Self-manage continence? ☐ Yes ☐ No	

SECTION 4: PHYSICAL FUNCTION

TASK	LEVEL OF ASSISTANCE	COMMENTS
Eating: (Ability to feed self meals and snacks)	☐ **Independent:** Able to feed self independently with or without assistive device. ☐ **Intermittent Assistance:** Requires minimal, intermittent supervision and/or assistance. ☐ **Continual Assistance:** Requires constant assistance and/or supervision throughout meal. ☐ **Total Assistance:** Unable to feed self, needs to be fed. Unable to take nutrients orally, requires enteral nutrition.	Dentures Upper ☐ Yes ☐ No Lower ☐ Yes ☐ No Chewing difficulties ☐ Yes ☐ No Difficulty swallowing ☐Yes ☐ No Modified consistency ☐ Yes ☐ No Specify ____________ **Comments:**
Ambulation: (Ability to safely walk and move about once in a standing position)	☐**Independent:** Walks and climbs and descends stairs independently with or without assistive device. ☐ **Intermittent Assistance:** Walks and climbs and descends stairs with minimal, intermittent assistance and/or supervision. ☐ **Continual Assistance:** Walks and climbs and descends stairs with constant supervision and/or assistance. ☐ **Total Assistance:** Chairfast or bedfast. Requires total assistance for mobility.	☐ Wheelchair ☐ Walker ☐ Quad cane ☐ Cane ☐ Other: ____________ Falls within the last 3 months? ☐ Yes ☐ No Frequency #: ____________ Injury: ____________ **Comments:**

Resident's Name: ____
Facility Name: ______________________________ Date of Evaluation: ____________________

TASK	LEVEL OF ASSISTANCE	COMMENTS
Transferring: (Moving from bed to chair, on/off toilet, in/out of shower or tub)	☐ **Independent:** Able to transfer independently with or without assistive device. ☐ **Intermittent Assistance:** Transfers with minimal human assistance and/or supervision. ☐ **Continual Assistance:** Unable to transfer but can bear weight and pivot when transferred by at least one other person. ☐ **Total Assistance:** Chairfast or bedfast, unable to transfer, pivot, bear weight or turn self in bed.	**Comments:**

PROSTHESIS: ☐ No ☐ Yes (describe)____

AMPUTATION: ☐No ☐ Yes (describe)____

PODIATRIC: Does the resident have podiatric concerns requiring treatment or which impair ability to ambulate or transfer? ☐ No ☐ Yes

(describe)____

TASK	LEVEL OF ASSISTANCE	COMMENTS
Toileting: (Getting to/from and on/off the toilet, cleansing self after elimination and adjusting clothing)	☐ **Independent:** Able to toilet independently with or without assistive device. ☐ **Intermittent Assistance:** Able to toilet with minimal intermittent assistance and/or supervision. ☐ **Continual Assistance:** Able to toilet with constant assistance and/or supervision. ☐ **Total Assistance:** Unable to toilet. Requires total assistance with toileting.	**Ostomy** ☐ Yes ☐ No **Comments:**
Bathing: (Getting in and out of tub or shower, washing and drying entire body)	☐ **Independent:** Able to bathe or shower independently with or without assistive device. ☐ **Intermittent Assistance:** Able to bathe or shower w/minimal intermittent assistance and/or supervision. ☐ **Continual Assistance:** Able to bathe or shower with constant assistance and/or supervision. ☐ **Total Assistance:** Unable to use shower or tub. Bathed in bed or at bedside.	**Comments:**
Dressing: (Getting clothes from closets and drawers, dressing and undressing upper/lower body including buttons, snaps, zippers, socks and shoes)	☐ **Independent:** Able to dress and undress independently with or without assistive device. ☐ **Intermittent Assistance:** Able to dress and undress with minimal, intermittent assistance and/or supervision. ☐ **Continual Assistance:** Requires assistance throughout the dressing and undressing process. ☐ **Total Assistance:** Requires another person to dress and undress upper and lower body.	**Comments:**

Resident's Name: ______________________________
Facility Name: ______________________ Date of Evaluation: ______________

SECTION 4: PHYSICAL FUNCTION Cont.

TASK	LEVEL OF ASSISTANCE	COMMENTS
Grooming: (Washing face, hair care, shaving, teeth/denture, fingernail care, eyeglasses care)	☐ **Independent:** Able to groom self independently with or without assistive device. ☐ **Intermittent Assistance**: Requires grooming utensils to be set up and placed within reach. ☐ **Continual Assistance:** Requires assistance throughout the grooming process. ☐ **Total Assistance:** Depends entirely upon someone else for grooming.	**Comments:**
Transportation: (Physical and mental ability to safely use a car, taxi, or public transportation [bus, train, subway)	☐ **Independent:** Able to independently drive a regular or adapted car; *OR* uses a regular or handicap accessible public bus, train or subway. ☐ **Independent:** But requests facility perform task. ☐ **Intermittent Assistance:** Able to ride in a car only when driven by another person; *AND/OR* due to physical, cognitive or mental limitations occasionally requires another person to accompany him/her when using a bus, train or subway. ☐ **Continual Assistance:** Able to ride in a car only when driven by another person; *OR* able to use a bus or handicap van, train or subway only when assisted or accompanied by another person. ☐ **Total Assistance:** Unable to ride in a car, taxi, bus or van, and requires transportation by ambulance.	**Comments:**
Laundry: (Ability to do own laundry – to carry laundry to and from washing machine, to use washer and dryer, to wash small items by hand)	☐ **Independent:** Able to independently take care of all laundry tasks. ☐ **Independent:** But requests facility perform task. ☐ **Intermittent Assistance:** Able to do only light laundry, such as minor hand wash or light washer loads. Needs assistance with heavy laundry, such as carrying large loads of laundry. ☐ **Continual Assistance:** Due to physical, cognitive or mental limitations, needs continual supervision and assistance to do any laundry. ☐**Total Assistance:** Unable to do any laundry.	**Comments:**
Housekeeping: (Ability to safely and effectively perform light housekeeping and heavier cleaning tasks)	☐ **Independent:** Able to independently perform all housekeeping tasks. ☐ **Independent:** But requests facility perform task. ☐ **Intermittent Assistance:** Able to perform only light housekeeping (e.g., dusting, wiping kitchen counters) tasks independently; *AND/OR* able to perform housekeeping tasks with intermittent assistance or supervision from another person. ☐ **Continual Assistance:** *Unable* to consistently perform any housekeeping tasks unless assisted by another person throughout the process. ☐**Total Assistance:** Unable to effectively participate in any housekeeping tasks.	**Comments:**

Resident's Name: ____
Facility Name: ______________________________ Date of Evaluation: ____________________

SECTION 4: PHYSICAL FUNCTION cont.

TASK	LEVEL OF ASSISTANCE	COMMENTS
Shopping: (Ability to plan form, select and purchase items in a store and to carry them home or arrange delivery)	☐ **Independent:** Able to plan for shopping needs and independently perform shopping tasks, including carrying package. ☐ **Independent:** But requests facility perform task. ☐ **Intermittent Assistance:** Able to do only light shopping and carry small packages, but needs someone to do occasional major shopping. ☐ **Continual Assistance:** *Unable* to go shopping alone, but can go with someone to assist; *OR* unable to go shopping but is able to identify items needed, place orders, and arrange for home delivery. ☐ T**otal Assistance:** Needs someone to do all shopping and errands.	**Comments:**
Ability to use a Telephone: (Ability to answer the telephone, dial numbers, and *effectively* use the telephone to communicate)	☐ **Independent:** Able to dial numbers and answers calls appropriately and as desired. ☐ **Independent:** But requests facility perform task. ☐ **Intermittent Assistance:** Able to use a specially adapted telephone (i.e., large numbers on the dial pad, teletype phone for the deaf) and call essential numbers; able to answer the telephone and carry on a normal conversation but has difficulty with placing calls; able to answer the telephone only some of the time or is able to carry on only a limited conversation. ☐ **Continual Assistance:** Unable to make calls or answer the telephone at all, but can listen if assisted with equipment. ☐ **Total Assistance:** Totally unable to use the telephone. Requires someone else to make calls.	**Comments:**

SECTION 5: COGNITIVE IMPAIRMENT SCREEN

Cognitive Functioning: Individual's current level of alertness, orientation, comprehension, concentration and immediate memory.

Response: What is today's date? ☐ Correct ☐ Incorrect What day of the week is today: ☐ Correct ☐ Incorrect
(correct, if within 2 days)
How old are you? ☐ Correct ☐ Incorrect When were you born? ☐ Correct ☐ Incorrect

Behaviors of Note: (check all that apply):
☐ Wanders Day/Night ☐ Sleep disturbance ☐ Confused ☐ Depressive Feelings ☐ Anxious ☐ Withdrawn/Refuses to Socialize
☐ Agitated (repeated vocalizations, screaming, shouting, moaning, cursing, fidgeting, etc.) ☐ Other:____________________

Overall Cognitive Functioning:(check all that apply):
- ☐ Is alert and oriented, comprehends verbal questions and commands and has accurate recall
- ☐ Requires prompting and redirection, on occasion, to complete tasks
- ☐ Has occasional fluctuation in orientation, memory/alertness
- ☐ Has significant memory loss and is disoriented to person, place and/or time

This screen includes indicators, which are often related to cognitive impairment. This is a screen ONLY and is intended to assist the residence in determining if an individual is appropriate for care in an ALR and/or if the individual should be referred to his/her physician for consultation and/or further evaluation or treatment.
Comments: ____

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Resident's Name: ____
Facility Name: ____ Date of Evaluation: __________________________

SECTION 6: ADMISSION DECISION

ACCEPTED TO: ☐ ALR/AH/EHP ☐ Enhanced ALR ☐Special Needs ALR

Upon admission, the following documents were provided to the applicant at, or prior to, the admissions interview:

___________ Consumer Information Guide

___________ Copy of the Residency Agreement

___________ Copy of the statement of resident rights

___________ Copy of any facility regulations relating to resident activities, office and visiting hours and like information

___________ If made available to the operator by the Long-Term Care Ombudsman Program, a fact sheet about the program and the listing of legal services or advocacy agencies.

___________ Personal Allowance Protections (SSI and Temporary Assistance (TA) recipients only)

___________ Most recent Statement of Deficiencies (shown to applicant)

Signature(s) of ALR staff participating in this evaluation.

Name: ____ Title: ____________________ Date: ___________

Name: ____ Title: ____________________ Date: ___________

Name: ____ Title: ____________________ Date: ___________

Signature of Administrator/Case Manager/or ISP Planner: ________________________________ **Date:** ________

Signature of Individual/Resident: ____ **Date:** ________

Signature of Resident Representative: ____ **Date**: ________

Name(s) of others participating in this evaluation.

Name: ____ Relationship: ______________ Date: ___________

Name: ____ Relationship: ______________ Date: ___________