



Now that your
hepatitis C is cured,

**WHAT'S
NEXT?**



Keep all medical appointments to monitor your liver health. If you have cirrhosis (scarring of the liver), be sure to get regular checkups for liver cancer.



Stay healthy by eating right, exercising, getting plenty of rest, and limiting alcohol use.



If you inject, snort, or smoke drugs, don't share any works (needles, water, ties, cotton, cookers, pipes, straws, etc.).



Remember, you can be reinfected. Avoid contact with anything that might have blood on it and other behaviors that put you at risk for hepatitis C.

FOR MORE INFO ABOUT HEPATITIS C:

health.ny.gov/HepatitisC

FOR HELP QUITTING OR REDUCING DRUG USE:

1-877-8HOPENY (1-877-846-7369)

New York City Only: 1-800-LIFENET (1-800-543-3638)