

# PARENT ADVOCACY 家長倡導

宣傳類型

NYS CYSHCN Project

Carrie Burkin | Lisa Latten

Parent Advocates 家長倡導者

Strong Center for Developmental Disabilities

Developmental & Behavioral Pediatrics

Montefiore



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# NYS CYSHCN Project 紐約州 CYSHCN 項目

Children and Youth with Special Healthcare Needs 有特殊醫療需求的兒童和青少年

Collaboration with NYS UCEDDs 與紐約州 UCEDD 的合作

Utilizing parent input to strengthen services across the state 利用家長的意見來加強全州的服務

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# Meet Carrie 認識嘉莉



MEDICINE *of* THE HIGHEST ORDER



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**ROCHESTER**  
MEDICAL CENTER



# Meet Lisa 認識麗莎





What does advocate mean to YOU? 倡导對你意味著什麼？



As an Advocate:

**作為倡導者：**

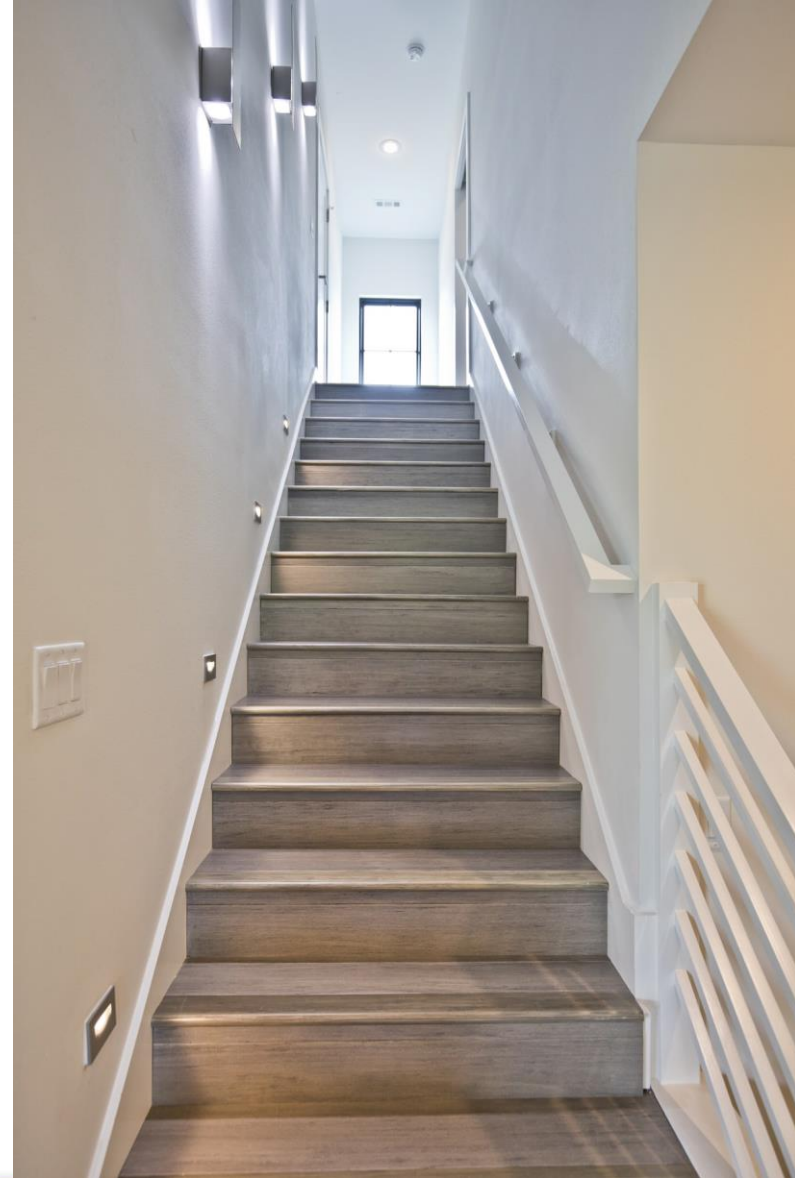
First, you take a  
step in

**首先，你邁出第一步**

Then you take a  
few steps back

**然後你後退幾步**

And then you step  
up **之後你站出來**



# Types of Advocacy 倡导類型

Individual or Self-Advocacy 個人或自我倡導

Parent or Family Advocacy 家長或家庭倡導

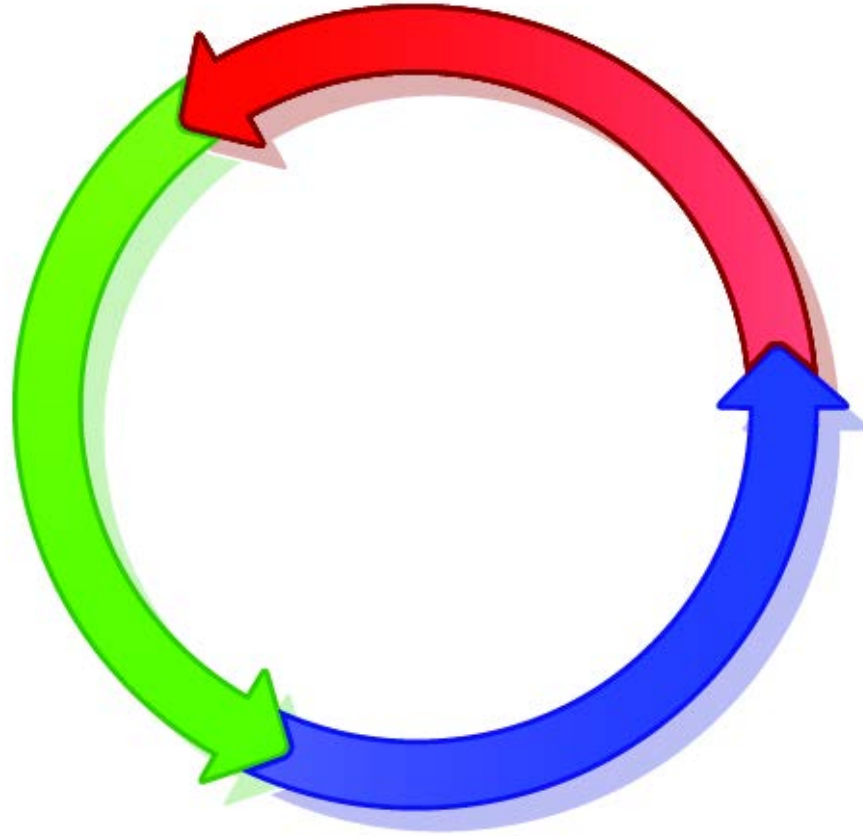
Group Advocacy 團體倡導

Systems Advocacy 系統倡導





Learning about SYSTEMS is a component of effective Advocacy  
系统学习 是有效宣传的一个组成部分



# Self-Advocacy 自我倡导

People speaking up for their own **needs, desires,**  
and **choices** 人們為自己的**需要、願望和選擇發聲**

All advocacy exists to support the individual  
所有的倡導都是為了支持個人



## Parent/Family Advocacy 家長/家庭倡导



Parents and Family members speaking up for the **needs**, **desires**, and **choices** of their own family member or others 家長和家庭成員為自己家庭成員或其他人的**需求**、**願望和選擇**發聲

Begins when children are babies and continues through school and the lifespan 從孩子還是嬰兒時開始，一直持續到學校和整個生命週期

# GROUP ADVOCACY 團體倡導

Advocates, 倡導者

self-advocates, 自我倡導

parents, family members and other allies uniting to speak up about an issue. 家長、家庭成員和其他盟友聯合起來就某個問題發表意見





# SYSTEMIC ADVOCACY 系統性倡導

Banded together to organize people toward a common agenda with sweeping impact or a cause that affects many

Legal class action suits – many people petition for a change together

Working to change an agency, system or policy



# ADVOCACY CONTINUUM 倡導持續



# HOW DO I EFFECTIVELY ADVOCATE? 我如何有效地倡導？

## TIPS: 技巧

- ❑ ALWAYS BE PREPARED (write down items on post-its) 始終做好準備（在便利貼上寫下項目）
- ❑ **DON'T** lose control – if you start yelling, people stop listening 不要失去控制——如果你開始大喊大叫，人們就會停止傾聽
- ❑ REMIND audience that nobody is more invested than you, the PARENT/CAREGIVER 提醒聽眾，沒有人比您更投入，家長/看護人
- ❑ FOCUS on what your child needs right now, don't get too far ahead of yourself (easier said than done) 專注於您孩子現在的需求，不要走得太遠（說起來容易做起來難）
- ❑ FOLLOW up with an email 電子郵件跟進

# How to get involved with local advocacy groups 如何參與當地的倡導團體

Parent to Parent NYS 纽约州的家长和家長

<http://parenttoparentnys.org/>

**Check with your school districts or ARC's to find local parent driven organizations 與您的學區或 ARC 聯繫，以查找當地家長驅動的組織**

- PTA/PTO
- SEPTA (special education PTA)

FACEBOOK often has closed support groups – search by topic or ask other parents 社交媒体脸书  
經常有封閉的支持小組——按主題搜索或詢問其他家長





Ok, so what do I do with this knowledge? 好的, 那麼我如何處理這些知識

Carrie Burkin  
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Lisa Latten  
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# Thank you! 谢谢

Coming soon via email: 即將通過電子郵件發送

- Feedback Survey 反饋調查
- Copy of Slides 幻燈片
- Presentation recording 講座錄音

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- “I learned a long time ago the wisest thing I can do is be on my own side, be an **advocate** for myself and others like me.”- Maya Angelou. ...