

Resident Name: Jane Smith

Date: 10/18/98

<b>Sample ID Care Plan For Big Band</b>				
<b>Problem/Strength</b>	<b>Date/Goal</b>	<b>Approach</b>	<b>Discipline</b>	<b>Outcomes</b>
Resident has had decreased involvement in activities in the last month.	Resident will show signs of participating in music activity as evidenced by actively singing, clapping hands, humming, playing an instrument, dancing or swaying to the music 1 x week for the next 4 weeks.	Big Band Program	Act. /Rec.	
Resident has had decreased social involvement with peers in last month.	Resident will interact with others 3 or more times during music group as evidenced by responsive facial expressions: following speaker with eyes, smiling in response to speaker singing to resident, attempting to make vocal responses 1 x a week for 4 weeks.			
Resident has shown signs of depressed mood over the last month (does not laugh or tell jokes daily as she did, stays in her room more, has sad expression when not engaged in conversation).	Resident will show signs of improved mood as evidenced by smiling, laughing, clapping hands, or talking to others in the music program about memories stirred by music, at least 1x week for next month.			

### **Using The Big Band Evaluation To Develop The Careplan:**

1. One of the facilitator is responsible for filling out the group evaluation for each session and obtaining outcome information from all staff attending. A copy should be given to the unit manager and the Care Plan coordinator.
2. One staff member from each resident unit that has residents in Big Band should attend each Big Band session. A nurse or nurses aide from the unit can be assigned for each session or a sign up list can be used for the month. The staff member attending needs to be made aware of what the goals are for each resident from the unit attending, so outcomes of each session can be reported to the unit manager.
3. The Other comments section (last page of Big Band evaluation) can be copied and given to each staff member that attends to record additional outcomes. Unit staff should note benefits from attending Big Band group that carry over when resident returns to unit: "Mary was still singing and talked about what fun she had. Sam said the songs brought back memories of attending parades in his youth. John did not display disruptive behavior all evening for the first time. Mary and John respond more to other music activities since attending Big Band."
4. A summary of the outcomes for each resident, is written from the evaluations over the month in the resident's record and is taken to the care planning meeting to develop further goals.