

BIG BAND MUSICAL INTERVENTION

Blank Sample Form

Environmental Considerations Checklist - EDGE Project Caregiver goals to direct care

Physical Environment:

How can we help the resident to feel physically comfortable?

1. Does the room used for this intervention have:

- | | | |
|---|-----|----|
| A pleasant decor, | Yes | No |
| Good indirect lighting, | Yes | No |
| Non-glaring materials for floors and furniture, | Yes | No |
| Favorable acoustic design to absorb sound? | Yes | No |

Resident's reaction:

2. Is the room large enough to accommodate the group activity?

- | | |
|-----|----|
| Yes | No |
|-----|----|

Resident's reaction:

3. Is the room free of other activities or distractions at the time of the program?

- | | |
|-----|----|
| Yes | No |
|-----|----|

Resident's reaction:

4. Can residents physical comfort be accommodated in this setting ?

- | | |
|-----|----|
| Yes | No |
|-----|----|

Resident's reaction:

5. Is the room accessible to bathroom facilities ?

- | | |
|-----|----|
| Yes | No |
|-----|----|

Resident's reaction:

Social Environment:

How can we help the resident feel valued as a person?

1. Does the facilitator of the activity have a positive attitude toward the benefits of the program for residents with dementia?

Yes No

Resident's reaction:

2. Are the facilitator and/or helpers familiar with the personality, strengths and disabilities of the residents attending the program?

Yes No

Resident's reaction:

3. Do the facilitator and helpers generate positive energy to the participants and participate in the activity themselves?

Yes No

Resident's reaction:

4. Do the facilitator and helpers encourage each resident to participate in the group in whatever way (s)he seems to enjoy.

Yes No

Resident's reaction:

5. Does each resident seem comfortable with the other participants, and the size of the group?

Yes No

Modifications needed:

Resident's reaction:

6. Are resident's allowed to assume naturally acquired roles in the group such as: greeter of participants, handing out instruments, collecting instruments, leading a song, suggesting a song, leading or participating in dancing, handing out and collecting sheet music, etc.

Yes No

Resident's reaction:

7. Is social interaction fostered in the group?

Yes No

Resident's reaction:

Psychological Environment:

How can we help the resident to feel safe?

1. Is the resident comfortable in the setting

Yes No

If no, what factors in the setting are frightening or distracting to the resident?

Resident's reaction:

2. Does something or someone in the group trigger agitation or discomfort in the resident?

Yes No

Resident's reaction:

3. Is each member of the group praised for his/her individual contributions to the music group during the group meeting?

Yes No

Resident's reaction:

4. Are all participants thanked for coming, and is their contribution mentioned again at the end?

Yes No

Resident's reaction:

5. Is there time for sharing the memories evoked by the music after each song or after every set of songs?

Yes No

Resident's reaction:

6. Is everyone who wishes to speak listened to with respect?

Yes No

Resident's reaction:

Cultural Environment:

How can we help the resident to experience optimal stimulation?

1. Do any of the rituals of the group seem difficult for certain residents?

Yes No

Resident's reaction:

2. What part of the program does this group of residents enjoy most?

Yes No

Resident's reaction:

3. What part of the program do the residents seem not to enjoy? What modifications can be made to eliminate those parts?

Yes No

Resident's reaction:

4. What customs and traditions of these participants are included in planning music for this group? (Ethnic songs, Marches, etc.)

Yes No

Resident's reaction:

5. What format seems to work best with this group?

Yes No

Resident's reaction:

6. Are the participants asked for their input?

Yes No

Resident's reactions:

7. Is the same ritual followed every time the group meets?

Yes No

Resident's reactions:

8. Is a traditional greeting used and a customary routine followed?

Yes No

Resident's reactions:

9. Is time left to summarize the good things that happened, praise accomplishments, and share feelings to help the residents feel secure and comfortable in the group?

Yes No

Resident's reactions: