

**EDGE ENVIRONMENTAL CONSIDERATIONS CHECKLIST FOR
A GENTLE BATHING PROGRAM**

EDGE CAREGIVER GOALS TO DIRECT CARE:

- To help the resident feel safe.
- To help the resident experience optimal stimulation.
- To help the resident feel physically comfortable.

- To help the resident experience pleasure.
- To help the resident experience a sense of control.
- To help the resident feel valued as a person.

PHYSICAL ENVIRONMENT:

How can we help the resident to feel physically comfortable?

Answer each question and describe resident's reactions:

1. Is the room warm enough, according to the <i>resident's</i> comfort level?	Yes		No	
---	------------	--	-----------	--

Describe:

2. Does the room provide privacy?	Yes		No	
-----------------------------------	------------	--	-----------	--

Describe:

3. Does the room have visual cues to bathing that trigger past memories of bathing for the resident (pictures, hanging towels, favorite bath things)?	Yes		No	
---	------------	--	-----------	--

Describe:

4. Is there space to accommodate personal bathing supplies?	Yes		No	
---	------------	--	-----------	--

Describe:

5. Is there an adequate heater to provide extra heat to accommodate the resident's comfort as needed?	Yes		No	
---	------------	--	-----------	--

Describe:

6. Can the lighting be adjusted to a soft level?	Yes		No	
--	------------	--	-----------	--

Describe:

7. Does the space accommodate music equipment such as a radio or tape player if the resident enjoys music with bathing?	Yes		No	
---	------------	--	-----------	--

Describe:

8. Is the bathing equipment comfortable for the resident?	Yes		No	
---	------------	--	-----------	--

Describe:

9. Are sound absorbent materials used in the bathing room to keep equipment noise to a minimum?	Yes		No	
---	------------	--	-----------	--

Describe:

10. Is it located in an area free of distractions from outside noise?	Yes		No	
Describe:				
SOCIAL ENVIRONMENT: How can we help the resident feel valued as a person?				
Answer each question and describe resident's reactions:				
1. Is one resident at a time bathed in the area?	Yes		No	
Describe:				
2. Is the person giving the bath known to the resident and aware of the resident's preferred bathing ritual?	Yes		No	
Describe:				
3. Does the person giving the bath pay attention to the resident's verbal, and nonverbal communication and try to accommodate the resident's requests?	Yes		No	
Describe:				
4. If there is more than one staff member helping with the bath, are directions given by the primary caregiver to prevent confusion?	Yes		No	
Describe:				
5. Does conversation flow to the resident and is conversation between staff members that excludes the resident, avoided?	Yes		No	
Describe:				
6. Do other staff members respect the resident's privacy by not interrupting during the bath?	Yes		No	
Describe:				
PSYCHOLOGICAL ENVIRONMENT: How can we help the resident to feel safe?				
Answer each question and describe resident's reactions:				
1. Does the person giving the bath respect the resident's right to be bathed according to his/her preferred bathing ritual?	Yes		No	
Describe:				
2. Does the caregiver use persuasive and creative communication techniques with the resident when the resident becomes resistive?	Yes		No	
a. Are the techniques found to be successful put on the care plan?				
Describe:				

3. Does the caregiver try to make the bathing experience as pleasant as possible for the resident?	Yes		No	
Describe:				
4. Does the caregiver attempt to change the bathing plan to one more acceptable, when the resident becomes upset with the method being used?	Yes		No	
Describe:				
5. Does the caregiver use favorite bath items and scents to evoke memories and make the bath pleasant for the resident?	Yes		No	
Describe:				
6. Does the caregiver talk in soft, calm tones that the resident can hear during the bath?	Yes		No	
Describe:				
7. Are there homelike furnishings such as plants and hooks for clothing and pictures to provide a familiar setting?	Yes		No	
Describe:				
8. Is music that the resident enjoys played during the bath, if it helps the resident to tolerate the experience with less agitation?	Yes		No	
Describe:				
9. Are the resident's favorite things used, such as own powder, lotion, robe and slippers?	Yes		No	
Describe:				
CULTURAL ENVIRONMENT:				
How can we help the resident to experience optimal stimulation?				
Answer each question and describe resident's reactions:				
1. Are the resident's preferred bathing rituals followed?	Yes		No	
Describe:				
2. Is there anything in the bathing process that causes the resident to be upset, frightened or uncomfortable?	Yes		No	
Describe:				