



**Office for
the Aging**

Caregiver Support Services: 2018 Events, Highlights and Summary

Long Term Planning Project
July 9, 2019

Presenters

- Deana Prest, Program Director, Lifespan Respite, Aging Services Program Analyst 3, Division of Policy, Planning, Program, and Outcomes, New York State Office for the Aging, Albany, NY
- Doris Green, Director, New York State Caregiving and Respite Coalition, Rochester, NY



Presentation Agenda

- History and Overview of the Lifespan Respite Partnership
- NY Connects System
- 2018 Regional Caregiver Forums
- New York State Caregiving and Respite Coalition (NYSCRC) and the Virtual Resource Center (VRC)
- 2018 Lifespan Respite Sustainability State Summit



7/10/2019

History and Overview

Lifespan Respite Partnership



NYS Lifespan Respite: Background: 2010-present

Lifespan Respite Core Team -- the strength of partnership and important roles for each:

- NYS Office for the Aging
- Monroe County Office for the Aging
- NY Connects - NYS Aging and Disability Resource Center (ADRC)/No Wrong Door (NWD)
- Lifespan of Greater Rochester Inc
- New York State Caregiving and Respite Coalition (NYSCRC)



Current Lifespan Respite Grant

2017-2020 Goal and Objectives

Goal: New York will build upon prior and current Lifespan Respite initiatives by engaging key stakeholders to increase and expand access to respite services statewide and enhance partnerships for education, outreach, and service provision to advance development of a Lifespan Respite Care System.

Objectives:

1. Increase number of respite volunteers through additional training and recruitment activities;
2. Expand available respite services statewide through formalizing a caregiver-directed respite model;
3. Expand access to caregiver services through improved respite listings in the NY Connects Resource Directory across age and disability types; and
4. Implement and continue to update the Statewide Action Plan for Lifespan Respite sustainability.



Intersects between NY Connects and Lifespan Respite in New York

The NY Connects System:

- Serves as the state's No Wrong Door (NWD), connecting with partner agencies to better serve individuals across service systems with long term services and support (LTSS) needs.
- Provides consistent, comprehensive, and locally based information on long term services and supports (including respite).

NY Connects Resource Directory

- Interagency effort to expand quantity and quality of listings.
- Local NY Connects offices are responsible for inputting and maintaining provider information.
- State Agency data feeds for resources across age and disability groups.
- Website: <https://www.nyconnects.ny.gov/>

NY Connects Resource Directory - Respite

NY Connects
Tel: 1-800-342-9871 | [Find Local Offices](#) [Log In](#) [Register](#)

Welcome

NY Connects is your trusted place to go for free, unbiased information about long term services and supports in New York State for people of all ages or with any type of disability.

[LEARN MORE](#)

[KNOW WHAT YOU NEED?](#)
Click here for a keyword search


[NEED HELP FINDING THE RIGHT SERVICES?](#)
Click here for a self-guided search

[WANT TO EXPLORE OPTIONS?](#)
Click here to browse by category

NY Connects Resource Directory - Respite

The screenshot shows the top navigation bar with three options: **KNOW WHAT YOU NEED?** (with a magnifying glass icon), **NEED HELP FINDING THE RIGHT SERVICES?** (with a hand icon), and **WANT TO EXPLORE OPTIONS?** (with a tag icon). Below this is a purple **Keyword Search** bar with a close button. The search form includes a dropdown menu for "Providers, Services, or Resources" with "Respite" selected, and a dropdown for "City, County, or ZIP Code" with "Albany, Albany (Co)" selected. A "Search" button is to the right. The footer contains "NY Connects" branding and three columns of links: **PORTAL LINKS** (About Us, Frequently Asked Questions, Find Local Offices, Site Map), **CONTACT US** (Address: New York State Office for the Aging, 2 Empire State Plaza, Albany, New York 12223-1251, Telephone: 1-800-342-9871), and **LANGUAGE ASSISTANCE** (English, 中文 - Chinese, Español - Spanish, Kreyòl Ayisyen - Haitian Creole).

NY Connects Resource Directory - Respite



Albany, County Served: Albany

KNOW WHAT YOU NEED?
Click here for a keyword search

NEED HELP FINDING THE RIGHT SERVICES?
Click here for a self-guided search

WANT TO EXPLORE OPTIONS?
Click here to browse by category

Home > Resources

REFINE RESULTS:

City, County, or ZIP Code
Albany, Albany (Co)

Distance (Requires Zip Code)

Apply

Add to Favorites Request Information Print Email Export

1 2 3 4 5 Next Last

Select All (0 Selected) Viewing 1-10 of 62 Results

Results per page 10

Sort by Random

Respite
247
Provider: Interim Health Care

NY Connects Resource Directory - Respite

[In Home Respite](#)

Caring for an individual with disabilities requires an abundance of time and energy on the part of parents, siblings, or other caregivers who sometimes need a break. Our respite supports can provide the relief needed or help to cover vacations, illness, or an emergency. Respite is available for individuals with disabilities of any age.

Provider: Disabilities Services

Provider Address: 1 Park Place, Suite 200, Albany, Albany, NY, 12205-

Telephone: (518)-783-1111



NEW YORK
STATE OF
OPPORTUNITY

Office for
the Aging



**2018 Regional Caregiver
Forums and Listening Sessions**
Highlights and Summary



New York State **Caregiving & Respite** Coalition

Funded with a federal grant for Lifespan Respite awarded by the Administration for Community Living to the New York State Office for the Aging. Award Number 90LI0023-01011.



**Office for
the Aging**



Who we are and Why you need to be involved

Funded with a federal grant for Lifespan Respite awarded by the Administration for Community Living to the New York State Office for the Aging.



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The Caregiving Crisis



Focus on New York

> 4 million unpaid family caregivers of adults provide the majority of all long-term care services to older adults and individuals with disabilities in New York State



NYSCRC Virtual Resource Center

**A Resource for training and
information**

NYSCRC.ORG/Resources

Caregivers and Professionals



**Office for
the Aging**

NYSCRC Virtual Resource Center

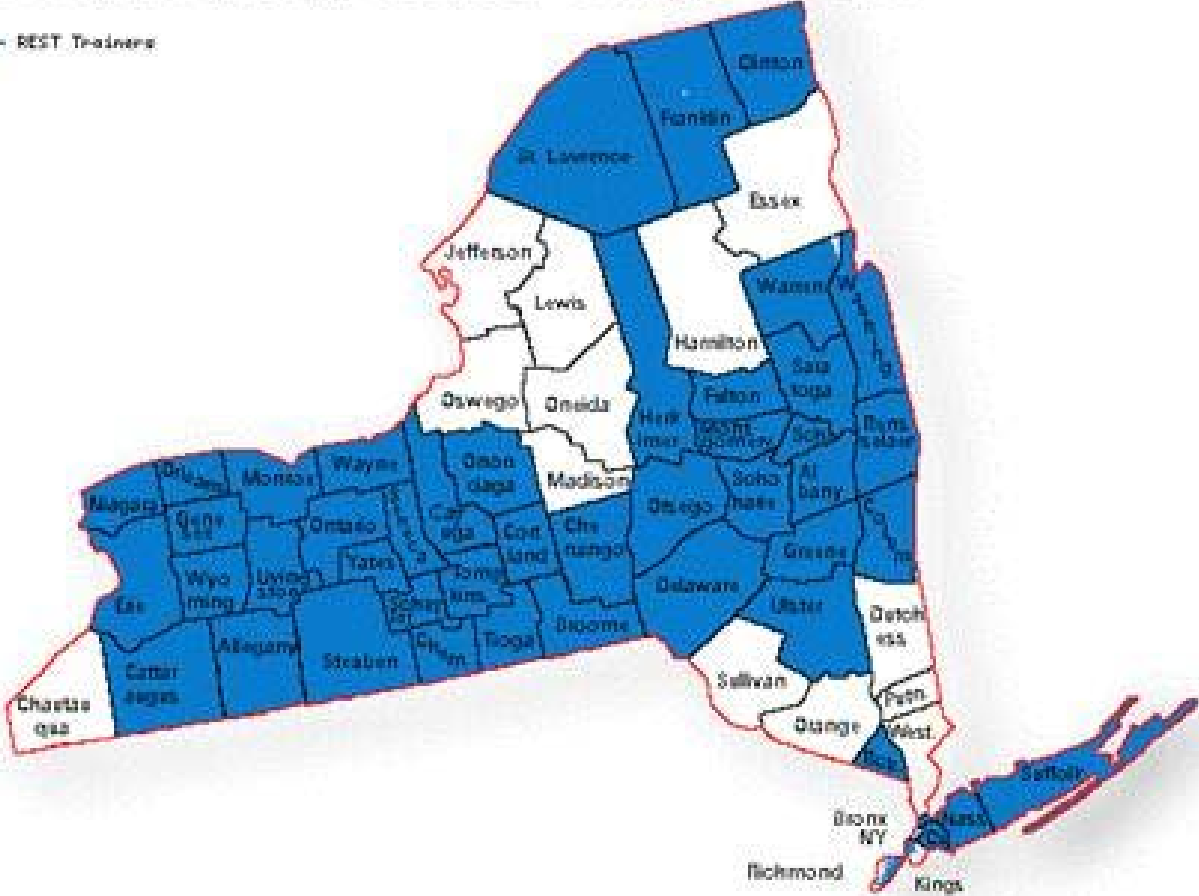


REST PROGRAM IN ACTION

September 30th 2018

REST Trainer coverage NYSCRC as of August 31, 2018

● - REST Trainers



Source: Department (s)

Faith Communities



Caregiver Simulation



Caregiver Simulation



NYSCRC Virtual Resource Center

- REST
- Caregiver Simulation
- Mindfulness Based Stress Reduction
- Share The Care™
- Charting the LifeCourse Tools™
- Powerful Tools for Caregivers – 2 Day Trainer Course
- Speaker Services

2018 Lifespan Respite Sustainability Summit

Summit Objectives

- Identify state-level policy and program needs and goals related to respite care services for children, adults and an aging population
- Strengthen state and community partnerships to sustain Lifespan Respite activities
- Develop Strategies to maximize use of existing respite resources

Summit Outcomes

Dreaming BIG

A dream system would be a well coordinated entitlement system that is able to provide respite services to anyone who need it, at any time of day or night. The system would be easily accessible, well funded and well-staffed so that every caregiver would have access to enough services with no concerns about money , bureaucracy, silos or hurdles.

Summit Outcomes

1. Building Capacity
2. Workforce Development
3. Increasing Awareness and Service Utilization
4. Enhanced Collaboration
5. Enhanced Funding
6. Policy/Legislative Initiatives

Sustainability Work

Development of a Working board with sub committees addressing...

- Outreach
- Legislation
- Training
- Development



New York State **Caregiving & Respite** Coalition

NYSCRC.ORG

dgreen@lifespanrochester.org



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