

New York State's Money Follows the Person Program

MFP is a federally funded program through the Centers for Medicare and Medicaid Services (CMS) whose mission is to rebalance the long-term care system from facility-based to home and community-based services and supports (HCBS). The Open Doors Transition Centers provide education and transition services to people in Nursing Homes and Intermediate Care Facilities wishing to learn more about and receive long-term care services and supports in their homes and communities.

The Open Doors Transition Center Program

<u>Transition Assistance</u> Provides information on community living and facilitates transition planning	<u>Peer Support</u> Supports participants considering transition	<u>Education & Outreach</u> Provides information about community transition to nursing homes statewide	<u>Good Neighbor Program</u> Provides informal support to participants	<u>Pre-Paid Phones</u> Supports independence and participation in planning	<u>Person-Centered Planning Coaching</u> Builds skills for self-advocacy in service planning
8,086 Community Transitions <i>since 2008</i>	6,125 Peer Support Visits <i>since 2015</i>	1,537 Nursing Home Presentations <i>since 2018</i>	52 Participants matched with a Good Neighbor <i>since 2021</i>	408 Phones Provided <i>since 2021</i>	108 Coaching Participants <i>since 2022</i>

MFP also supports...

Technology-Related Assistance for Individuals with Disabilities (TRAID)

Provides adaptive equipment and assistive technology device demonstrations and loans.

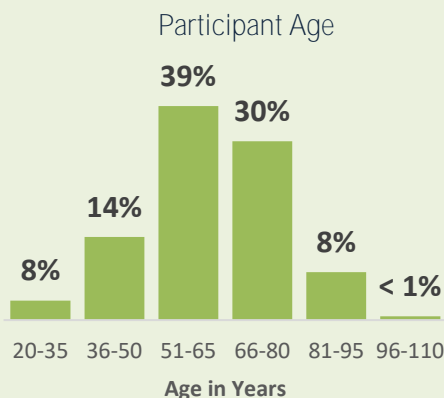
Equipment loans
since 2008:
25,937

The Person-Centered Planning Statewide Training Initiative

Supports best practices in person-centered planning & practice for those receiving, providing and/or overseeing HCBS.

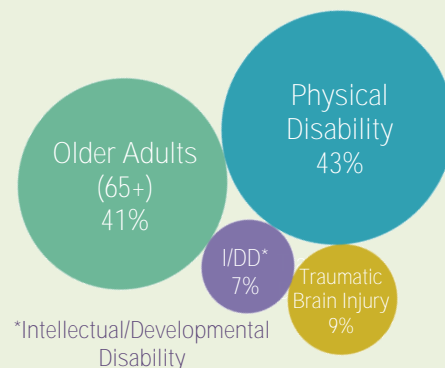
People trained
since 2019:
11,587

2022 PARTICIPANT DEMOGRAPHICS












Open Doors helped me in so many ways to move out of the nursing home. I never thought moving back to the community would be possible!
– MFP Participant

Target Populations Served



New York State Quality-of-Life Survey Results (CY2022)

MFP conducts a voluntary *Quality-of-Life* Survey prior to community transition and again 11 months after transition. The survey gives participants a chance to express their thoughts and feelings about the services they receive and their overall quality of life. The results below represent the percent of individuals who answered “yes” to the following questions in the pre- and post- transition surveys.

		<u>Pre-transition</u>		<u>Post-transition</u>
ACCESS TO CARE	 Are you always able to take your medicine when you need it?	90%	⬆️	99%
	 Can you get to the places you need to go, like work, shopping, or doctor's appointments ?	81%	⬆️	92%
	 Do the people who help you, listen to what you ask them?	85%	⬆️	95%
MENTAL HEALTH	 During the past week, have you felt irritable?	42%	⬇️	32%
	 During the past week, have you felt sad or blue?	42%	⬇️	26%
LIFE SATISFACTION	 Do you like where you live?	64%	⬆️	90%
	 Can you be by yourself when you want to be?	79%	⬆️	91%
	 Can you see your friends and family when you want to?	85%	⬆️	90%
	 Have you been happy with the way you live your life?	67%	⬆️	85%

An Open Doors Success Story

One-hundred-eight-year-old “V” was admitted to a nursing home for rehabilitation following a fall. Her daughter-in-law contacted [Open Doors](#) for help with arranging home health aide services for “V” after discharge from the nursing home. “V”’s insurance plan did not contract with the agency where a relative willing to provide aide services worked. Open Doors helped her switch plans and set up Consumer Directed services, so that the relative could be hired directly to work with “V.” Open Doors also arranged for a Hoyer lift through the [TRAID](#) equipment loan program. **With Open Doors’ assistance, “V” successfully transitioned in 2022.**

View Program Videos about MFP & Open Doors:

[Open Doors Transition Program](#)

[Public Health Live! Webcast: MDS Section Q and Open Doors](#)

[Public Health Live! Webcast: Money Follows the Person \(MFP\)](#)

[Public Health Live! Webcast: Person-Centered Planning & Practice](#)

Visit NYS MFP at https://www.health.ny.gov/health_care/medicaid/redesign/nys_money_follows_person_demonstration.htm