

The infant formula offered at this home is \_\_\_\_\_

Name:	DOB:	Date	Date	Date	Date	Date
Name:	DOB:					
<b>BREAKFAST</b>						
6-8 oz. Breast Milk <i>or</i> Iron-Fortified Infant Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula
0-2 Tbsp. Vegetables <i>or</i> Fruits <i>or</i> Both						
0-1/2 oz. eq.* Iron-Fortified Infant Cereal, <i>or</i> 0-4 Tbsp. Meat, Fish, Poultry, Whole Eggs, Cooked Dry Beans <i>or</i> Peas <i>or</i> 0-2 oz. Cheese <i>or</i> 0-4 oz. Cottage Cheese <i>or</i> 0-4 oz. Yogurt <i>or</i> a combination of the above						
<b>AM SNACK</b>						
2-4 oz. Breast Milk <i>or</i> Iron-Fortified Infant Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula
0-2 Tbsp. Vegetables <i>or</i> Fruits <i>or</i> Both						
0-1/2 oz. eq.* Iron-Fortified Infant Cereal <i>or</i> Bread <i>or</i> 0-1/4 oz. eq. Crackers <i>or</i> Ready-to-Eat Breakfast Cereal						
<b>LUNCH</b>						
6-8 oz. Breast Milk <i>or</i> Iron-Fortified Infant Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula
0-2 Tbsp. Vegetables <i>or</i> Fruits <i>or</i> Both						
0-1/2 oz. eq.* Iron-Fortified Infant Cereal, <i>or</i> 0-4 Tbsp. Meat, Fish, Poultry, Whole Eggs, Cooked Dry Beans <i>or</i> Peas <i>or</i> 0-2 oz. Cheese <i>or</i> 0-4 oz. Cottage Cheese <i>or</i> 0-4 oz. Yogurt <i>or</i> a combination of the above						
<b>PM SNACK</b>						
2-4 oz. Breast Milk <i>or</i> Iron-Fortified Infant Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula
0-2 Tbsp. Vegetables <i>or</i> Fruits <i>or</i> Both						
0-1/2 oz. eq.* Iron-Fortified Infant Cereal <i>or</i> Bread <i>or</i> 0-1/4 oz. eq. Crackers <i>or</i> Ready-to-Eat Breakfast Cereal						
<b>SUPPER</b>						
6-8 oz. Breast Milk <i>or</i> Iron-Fortified Infant Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula
0-2 Tbsp. Vegetables <i>or</i> Fruits <i>or</i> Both						
0-1/2 oz. eq.* Iron-Fortified Infant Cereal, <i>or</i> 0-4 Tbsp. Meat, Fish, Poultry, Whole Eggs, Cooked Dry Beans <i>or</i> Peas <i>or</i> 0-2 oz. Cheese <i>or</i> 0-4 oz. Cottage Cheese <i>or</i> 0-4 oz. Yogurt <i>or</i> a combination of the above						
<b>LN SNACK</b>						
2-4 oz. Breast Milk <i>or</i> Iron-Fortified Infant Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula	<input type="checkbox"/> Breast Milk <input type="checkbox"/> Formula
0-2 Tbsp. Vegetables <i>or</i> Fruits <i>or</i> Both						
0-1/2 oz. eq.* Iron-Fortified Infant Cereal <i>or</i> Bread <i>or</i> 0-1/4 oz. eq. Crackers <i>or</i> Ready-to-Eat Breakfast Cereal						

\*For iron-fortified infant cereal, 1/2 oz. eq. is about 4 Tablespoons, dry. For other grains, refer to Crediting Foods in CACFP guide and Infant Meal Pattern. Solid foods are only required for infants when they are developmentally ready.

This institution is an equal opportunity provider.