

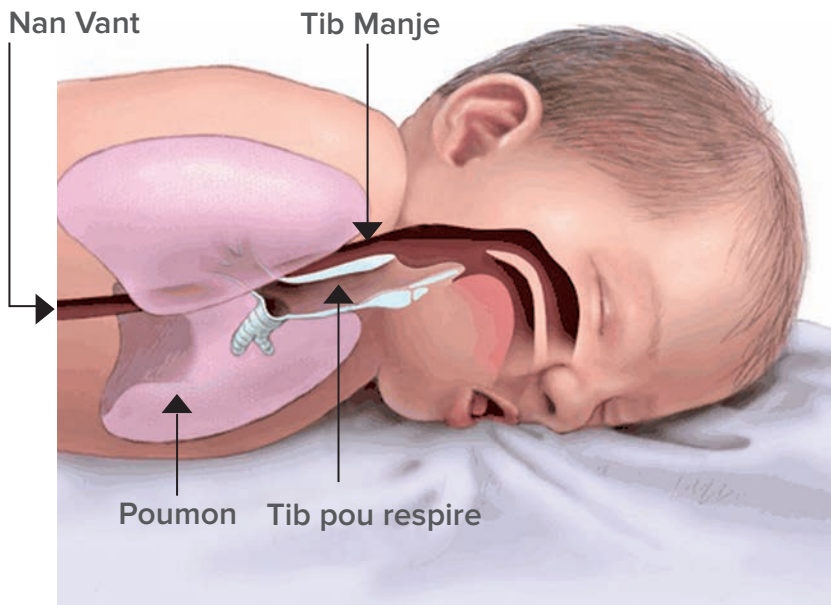
Mete Tibebe yo kouche sou Do pou Dòmi.



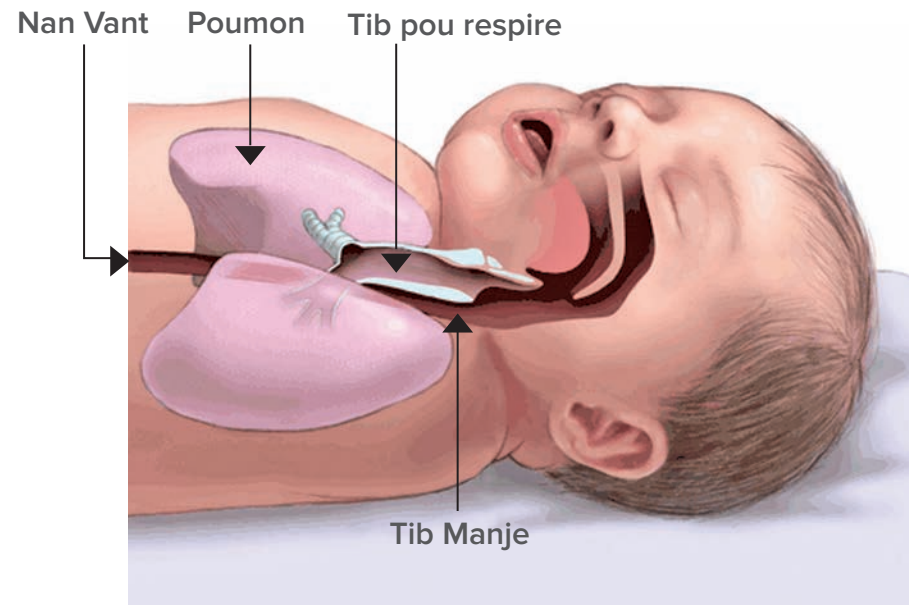
Dòmi Sou Vant



Dòmi Sou Do



Tibebe yo trangle lè manje antre nan tib pou respire yo.



Tibebe yo gen plis sekirite lè tib pou respire anlè.

Èske Tibebe mwenn p ap Trangle si li Dòmni sou Do?



Dòmni Sou Vant

Sou vant, tib pou respire a anba tib manje a. Gravite ap rale nenpòt bagay li rann desann nan pwen ki pi ba a. Kounye a li pi fasil pou sa li rann yo ale nan poumon an.



Dòmni Sou Do

Sou do, tib pou respire a anlè tib manje a. Gravite ap pouse nenpòt bagay li rann desann nan pwen ki pi ba a. Tib pou respire a pwoteje.

Adapted from the National Institute of Child Health and Human Development (NICHD)
Adapte selon Enstiti Nasyonal Sante Timoun ak Devlopman Imen



Department
of Health

Office of Children
and Family Services