



Monday Tuesday Wednesday

Start treatment today!

DAY-ONE

Why start HIV treatment?

It works well!

It's easy to take!

You're unlikely to have side effects!

Day-One. You don't need to wait to take control of your health. Connect today with a health care provider (this could be a doctor, nurse practitioner or physician assistant). Providers can answer your questions and offer support.

Health Care Provider _____ Phone _____

Caseworker _____ Phone _____

Crisis Counselor _____ Phone _____

Pharmacy _____ Phone _____

Medications _____

Next Visit _____ / _____ / _____ Time _____

Hotline Number: English: 1-800-541-2437, Spanish: 1-800-233-7432

Hearing Impaired Relay System: Call 1-800-421-1220 and ask the operator to call 1-800-541-2437

Find a health care provider: www.ProviderDirectory.aidsinstituteny.org

