

A young Black man with a red hoodie is shown from the chest up, looking directly at the camera with a serious expression. The background is a dark blue and purple gradient with a faint calendar grid overlay. The text is positioned on the left side of the image.

Monday Tuesday Wednesday

Start treatment today!

**DAY-ONE**

Why start HIV treatment?

It works well!

It's easy to take!

You're unlikely to have side effects!

**Day-One.** You don't need to wait to take control of your health. Connect today with a health care provider (this could be a doctor, nurse practitioner or physician assistant). Providers can answer your questions and offer support.

Health Care Provider \_\_\_\_\_ Phone \_\_\_\_\_

Caseworker \_\_\_\_\_ Phone \_\_\_\_\_

Crisis Counselor \_\_\_\_\_ Phone \_\_\_\_\_

Pharmacy \_\_\_\_\_ Phone \_\_\_\_\_

Medications \_\_\_\_\_

Next Visit \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Time \_\_\_\_\_

Hotline Number: English: 1-800-541-2437, Spanish: 1-800-233-7432

Hearing Impaired Relay System: Call 1-800-421-1220 and ask the operator to call 1-800-541-2437

Find a health care provider: [www.ProviderDirectory.aidsinstituteny.org](http://www.ProviderDirectory.aidsinstituteny.org)

