



Obesity and poor nutrition are risk factors for many chronic diseases including cancer, diabetes, and heart disease.

A low number of New York adults eat fruits and vegetables every day.



1 in 3

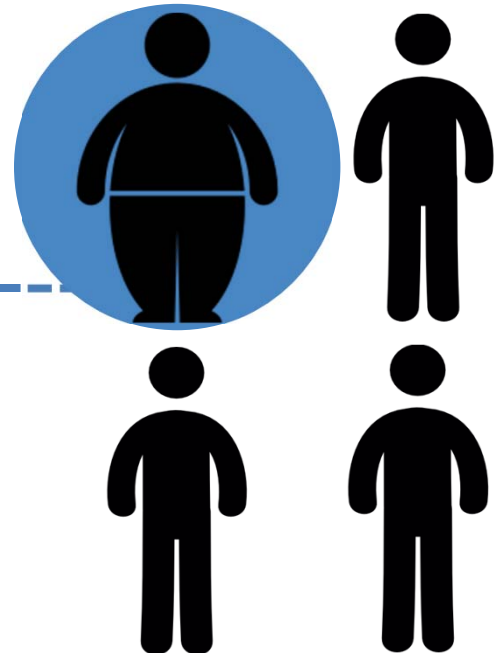
New York adults do not eat fruit daily¹



1 in 5

New York adults do not eat vegetables daily¹

One-quarter of New York adults are obese and another 35% are overweight²



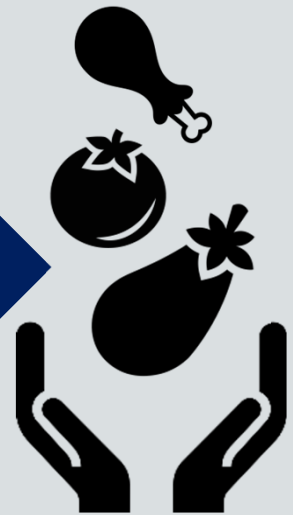
¹ Behavioral Risk Factor Surveillance System (BRFSS), 2015

² Behavioral Risk Factor Surveillance System (BRFSS), 2016



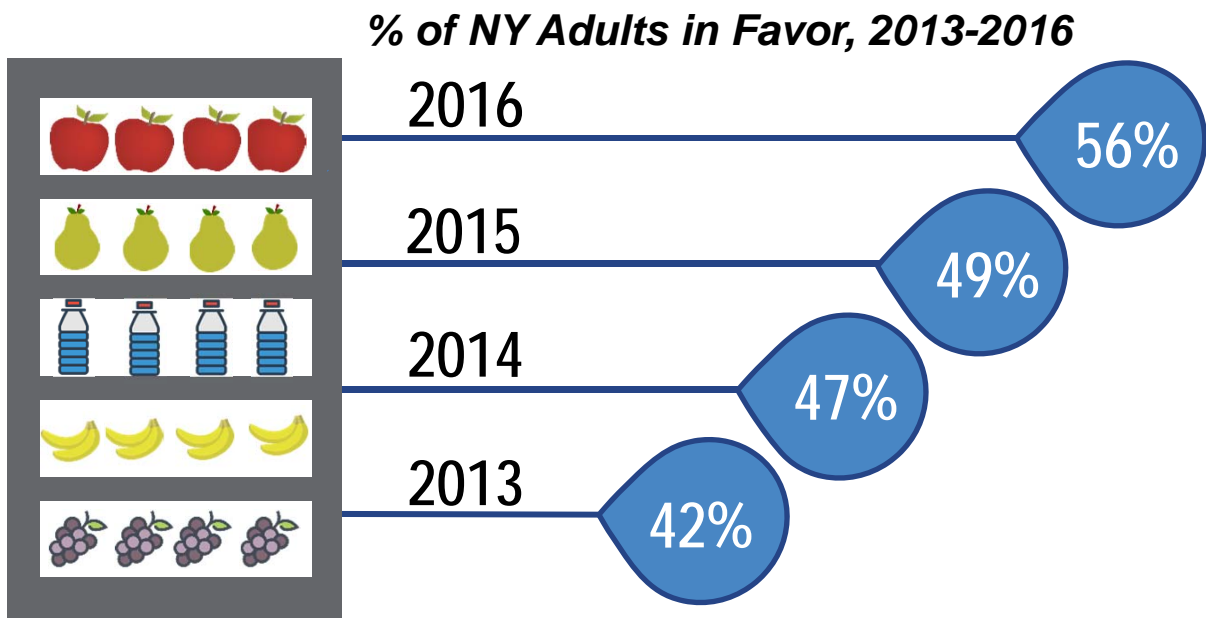
70%

of New Yorkers say lack of access to healthy food and beverages is a serious public health problem¹



Policies that increase access to healthy foods and limit the availability of unhealthy foods can encourage healthy food choices.

Most New Yorkers **support** a policy requiring food retailers like gas stations and convenience stores to stock healthy food items. Support has increased since 2013.



¹ All data on this page is from the New York State Chronic Disease Public Opinion Poll, 2016