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2021 New Menus

Cycle 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Orange Juice	**Orange Juice**	**Orange Juice**	**Orange Juice**	**Orange Juice**	**Orange Juice**	**Orange Juice**
Apple Juice	Cranberry Juice	Apple Juice	Cranberry Juice	Apple Juice	Cranberry Juice	Apple Juice
Maple Oatmeal	**Cream of Wheat**	**Oatmeal**	**Cream of Wheat**	**Oatmeal**	**Cream of Wheat**	**Oatmeal**
Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal
French Toast w/Syrup	**Donut**	**Pancakes w/ Syrup**	**Chocolate Chip Muffin**	**Corn Beef Hash**	**Corn Muffin**	**French Toast w/ syrup**
Toast	Toast	Toast	Toast	Toast	Toast	Toast
Scrambled Eggs	**Scrambled Eggs**	**Scrambled Eggs**	**Scrambled Eggs**	**Srcambled Eggs**	**Scrambled Eggs**	**Ham (grd)& Spinach Frittata**
						Scrambled egg
Sausage	**Sausage**		**Ham Steak**		**Bacon**	
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
BBQ Chicken Breast	**Ravioli & Sauce**	**Chicken Alfredo**	**Salisbury Steak w/ Gravy**	**Chicken Teriyaki**	**Baked Ham**	**Spaghetti & Meatballs**
Glazed Salmon	Meat Loaf & Gravy	Swedish Meatballs	Rosemary Pork Loin	Beef Tips	Baked Citrus Herb Crusted Cod	Chicken Tenders
Rice Pilaf	Mashed Potatoes	**Penne Pasta**	**Scalloped Potatoes**	Rice	**Sweet Potatoes**	Mashed Potatoes
Mashed Potatoes			Mashed Potatoes		Mashed Potatoes	
Roasted Root Vegetables	**Cauliflower**	**Mixed Vegetables**	**Garden Vegetables**	**Sliced Carrots**	**Spinach**	**Italian Green Beans**
V-8 Juice	V-8 Juice	V-8 Juice	V-8 Juice	V-8 Juice	V-8 Juice	V-8 Juice
Chocolate Chip Cookie	**Pumpkin Pie**	**Cherry Cobbler**	**Blueberry Pie**	**Applesauce**	**Sugar Cookie**	**Baked Cinnamon Apples**
Supper	**Supper**	**Supper**	**Supper**	**Supper**	**Supper**	**Supper**
Vegetable Soup	**Manhatten Clam Chowder**	**Minestrone Soup**	**Tomato Soup**	**Chicken & Rice Soup**	**Broccoli Cheddar Soup**	**Turkey Noodle Soup**
Ham Salad Sandwich	**Hot Dog on a Roll**	**Egg Salad Sandwich**	**Grilled Cheese Sandwich**	**Ham Salad Sandwich**	**Hot Turkey Sandwich**	**Tuna Salad Sandwich**
Chicken Salad Sandwich	Hamburger on Bun	Tuna Salad Sandwich	Sausage, Peppers on Bun	Turkey Salad Sandwich	Hamburger on Bun	Chicken Salad Sandwich
Carrot Slaw	**Green Beans**	**Three Bean Salad**	French Fries	**Broccoli**	**Roasted Zucchini**	**Peas**
V-8 Juice	V-8 Juice	V-8 Juice		V-8 Juice	V-8 Juice	V-8 Juice
			Peas & Carrots			
			V-8 Juice			
Fruit Cocktail	**Mandarin Oranges**	**Tapioca Pudding**	**Lemon Italian Ice**	**Chocolate Mousse**	**Pears**	**Sherbet**
***Daily offerings include fresh fruit and juice @ each meal**	***Daily offerings include fresh fruit and juice @ each meal**	***Daily offerings include fresh fruit and juice @ each meal**	***Daily offerings include fresh fruit and juice @ each meal**	***Daily offerings include fresh fruit and juice @ each meal**	***Daily offerings include fresh fruit and juice @ each meal**	***Daily offerings include fresh fruit and juice @ each meal**

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2021 New Menus
Cycle 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Orange Juice Cranberry Juice	**Orange Juice** Apple Juice	**Orange Juice** Cranberry Juice	**Orange Juice** Apple Juice	**Orange Juice** Cranberry Juice	**Orange Juice** Apple Juice	**Orange Juice** Cranberry Juice
Cream of Wheat Cold Cereal	**Oatmeal** Cold Cereal	**Cream of Wheat** Cold Cereal	**Maple Oatmeal** Cold Cereal	**Cream of Wheat** **Cold Cereal**	**Oatmeal** Cold Cereal	**Cream of Wheat** Cold Cereal
Pancakes w/ Syrup Toast	**Croissant** Toast	**French Toast** Toast	**Sausage Hash** Toast	**Blueberry Muffin** Toast	**Pancakes w/Syrup** Toast	**Cinnamon Bun** Toast
Scrambled Eggs	**Srambled Eggs**	**Broccoli Stata** Scrambled Eggs	**Scrambled Eggs**	**Scrambled Eggs**	**Scrambled Eggs**	**Scrambled Eggs**
Sausage		**Bacon**			**Sausage**	
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Meatloaf w/ gravy Citrus Pork Loin	**Sesame Chicken** Beef Stroganoff	**Honey Glazed Ham** Southern Fried Chicken Patty	**Macaroni & Cheese** Chili	**Chicken Tenders** Hot Dog on Bun	**Herb Roasted Cod** Meat Lasagna	**Penne & Meatballs** Herb Roasted Pork Loin
Mashed Potatoes	**Rice**	**Mashed Sweet Potatoes** Mashed Potatoes	Corn Bread	**Roasted Potato Wedges**	**Rice Pilaf**	Mashed Potatoes
Sliced Carrots V-8 Juice	**Green Beans** V-8 Juice	**Mixed Vegeables** V-8 Juice	**Peas** V-8 Juice	**Broccoli** V-8 Juice	**Cauliflower** V-8 Juice	**Sliced Carrots** V-8 Juice
Chocolate Pudding	**Yellow Cake w/ Frosting**	**Peach Cobbler**	**Apple Crisp**	**Banana Pudding**	**Peaches**	**Vanilla Ice Cream**
Supper	**Supper**	**Supper**	**Supper**	**Supper**	**Supper**	**Supper**
Cheddar Cauliflower Soup	**New England Clam Chowder**	**Tomato Soup**	**Chicken Noodle Soup**	**Italian Wedding Soup**	**Vegetable Soup**	**Beef Barley Soup**
Egg Salad Sandwich Turkey Salad Sandwich	**Bologna & Cheese Sandwich** Sliced Turkey Sandwich	**Hamburger on Bun** Chicken Cordon Bleu Rice Pilaf	**Ham & Cheese Sandwich** Chicken Salad Sandwich	**Vegetable Quiche** Chicken Patty on Bun	**Tuna Salad Sandwich** Ham Salad Sandwich	**Egg Salad Sandwich** Turkey Salad Sandwich
Broccoli Slaw V-8 Juice	**Zucchini & Tomatoes** V-8 Juice	**Corn** V-8 Juice	**Three Bean Salad** V-8 Juice	**Brussel Sprouts** V-8 Juice	**Green Beans** V-8 Juice	**Mixed Vegetables** V-8 Juice
Peaches	**Fruit Cocktail**	**Jello**	**Raspberry Sherbet**	**Mandarin Oranges**	**Pears**	**Fruit Cocktail**
***Daily offerings include fresh fruit and juice @**	***Daily offerings include fresh fruit and juice @ each meal**	***Daily offerings include fresh fruit and juice @ each meal**	***Daily offerings include fresh fruit and juice @ each meal**	***Daily offerings include fresh fruit and juice @ each meal**	***Daily offerings include fresh fruit and juice @ each meal**	***Daily offerings include fresh fruit and juice @ each meal**

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2021 New Menus
Cycle 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Orange Juice Apple Juice	**Orange Juice** Cranberry Juice	**Orange Juice** Apple Juice	**Orange Juice** Cranberry Juice	**Orange Juice** Apple Juice	**Orange Juice** Cranberry Juice	**Orange Juice** Apple Juice
Maple Oatmeal Cold Cereal	**Cream of Wheat** Cold Cereal	**Oatmeal** Cold Cereal	**Cream of Wheat** Cold Cereal	**Maple Oatmeal** Cold Cereal	**Cream of Wheat** Cold Cereal	**Oatmeal** Cold Cereal
Pancakes w/ Syrup Toast	**Corn Beef Hash** Toast	**Blueberry Muffin** Toast	**Donut** Toast	**French Toast w/ Syrup** Toast	**Pancakes w/ Syrup** Toast	**Croissant** Toast
Scrambled Eggs	**Scrambled Eggs**	**Scrambled Eggs**	**Scrambled Eggs**	**Scrambled Eggs**	**Scrambled Eggs**	**Scrambled Eggs**
Bacon		**Sausage**		**Ham Steak**		
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Pesto Chicken Breast Veal Marsalla	**Beef Tips** Alfredo Tortellini	**Chicken Cacciatore** Swedish Meatballs	**Macaroni & Cheese** BBQ Chicken Thighs	**Beef Stew** Chicken Tenders	**Ziti & Meatballs** Herb Roasted Cod	**Sliced Turkey & Gravy** Baked Ham
Scalloped Potatoes Mashed Potatoes	**Rice**	**Egg Noodles** Mashed Potatoes	Mashed Potatoes	Mashed Potatoes	**Garlic Bread** Mashed Potatoes	**Stuffing** Mashed Potatoes
Californis Blend V-8 Juice	**Roasted Root Vegetables** V-8 Juice	**Peas** V-8 Juice	**Stewed Tomatoes** V-8 Juice	**Sliced Carrots** V-8 Juice	**Zucchini** V-8 Juice	**Broccoli** V-8 Juice
Butterscottch Pudding	**Chocolate Brownie**	**Pumpkin Pie**	**Sugar Cookie**	**Chocolate Cake**	**Oat Raisin Cookie**	**Apple Pie**
Supper	**Supper**	**Supper**	**Supper**	**Supper**	**Supper**	**Supper**
Chicken Noodle Soup	**Butternut Squash Soup**	**Broccoli & Ched Soup**	**Minestrone Soup**	**Vegetable Soup**	**Split Pea Soup**	**Tomato Soup**
Grilled Ham & Chz Sand. Hamburger on Bun	**Chicken Salad Sandwich** Ham Salad Sandwich	**Roast Beef Sandwich** Egg Salad Sandwich	**Tuna Salad Sandwich** Turkey Salad Sandwich	**Ham Salad Sandwich** Sliced Turkey Sand.	**Chicken Patty Sand.** Hot Dog on Roll	**Cheeseburger on Bun** Cottage Chz Fruit Plate Roll
Broccoli V-8 Juice	**Vegetable Medley** V-8 Juice	**Three Bean Salad** V-8 Juice	**Spinach** V-8 Juice	**Corn** V-8 Juice	**French Fries** **Cauliflower** V-8 Juice	**Green Beans** V-8 Juice
Blueberry Cobbler	**Mandarin Oranges**	**Sherbet**	**Peaches**	**Pears**	**Applesauce**	**Sherbet**
*Daily offerings include fresh fruit and juice @ each meal	*Daily offerings include fresh fruit and juice @ each meal	*Daily offerings include fresh fruit and juice @ each meal	*Daily offerings include fresh fruit and juice @ each meal	*Daily offerings include fresh fruit and juice @ each meal	*Daily offerings include fresh fruit and juice @ each meal	*Daily offerings include fresh fruit and juice @ each meal