

CCRC Continuing Care at Home Application: Appendix A

Definition of services listed in Section B

- **Care Coordination:** The basic required service related to the needs assessments of the contract holder to determine a care plan which includes covered and non-covered services. This service will cover the review, recommendation and arrangement of services in the care plan. Appeals and concerns over the care plan or services provided under the care plan will be considered part of this service. Includes the social services required to connect contract holders and families to necessary resources and supports in the community such as counseling or other social supports aimed at keeping the people active in the community. Care coordination will continue through the life of the agreement until terminated.
- **Home Health Care:** Services provided under the requirements for the provision of home care services as set forth in article thirty-six of Public Health Law. All services provided will be as per the contract holder's care plan.

Nursing Care. Services provided by a registered nurse that may include monitoring the general health of the patient, wound dressing, ostomy care, intravenous therapy, administering medication, pain control, and other health support.

Home Health Aides/Personal Care Aides. Services provided to help the patient with basic personal needs such as getting out of bed, walking, bathing, toileting, grooming, dressing, housekeeping, and meal preparation.

Physical, Occupational, Speech Therapy. Services related to helping the contract holder relearning how to perform daily functions. Physical Therapy can help to regain or strengthen use of muscles and joints; Occupational Therapy to relearn how to perform daily functions as eating, bathing, and dressing; Speech Therapy to regain the ability to communicate clearly.

- **Hospice/Palliative Care:** Services aimed at providing comfort to a contact holder after treatment of the disease is stopped and the person is not going to survive the condition.
- **Physician Services:** Services provided by a licensed physician or physician's assistant that are not provided to a patient as part of a hospital stay. Can include laboratory testing.
- **Prescription Drug Services:** Medicine and medical equipment prescribed by a licensed professional that are delivered to the home.
- **Outpatient Rehabilitation Services:** Outpatient rehabilitation services provided at a facility or clinic.
- **Activity Programs:** A structured activity program that involves enrollment or requires the member to sign up in advance for participation. The activity can be offered through or at the CCRC as well as through other community programs. Activities can be physical, social, or educational.

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- **Transportation Services:** Transportation for contract holders to and from a medical facility for treatment, physical exams, or other essential services. This may include transportation to and from a CCRC campus for meals, activities, or to visit someone receiving services at licensed Assisted Living or Skilled Nursing facilities.
- **Shopping Services:** Transportation for contract holders to and from merchandise or food stores or delivery of merchandise or food to the contract holder's home via a delivery service.
- **Meal Services:** Services to the contract holder that provide meals in the home or meals at the CCRC's dining venue. Costs related to transporting a contract holder to meals provided at the CCRC should be considered Transportation Services.
- **Companion or Homemaker Services:** Services in the home that provide comfort or perform household duties, chores or tasks to maintain the household. Can include meal preparation, laundry, grocery shopping, and other housekeeping items. Cannot include hands on care that would be considered a provision of home care services as set forth in article thirty-six of Public Health Law.
- **Maintenance:** Maintenance to the contract holders home. Can include modifications deemed necessary based on a home safety inspection.
- **Home Safety Inspection:** An evaluation conducted by the CCRC under the direction of the Care Coordinator to assess the safety of a contract holder's home environment and make recommendations for appropriate modifications.
- **Emergency Response System:** an in-home 24-hour monitoring alarm system that can be activated in an emergency to obtain assistance and, if necessary, access to police, fire, or emergency medical services.
- **Adult Care/Assisted Living Services:** Facility based residential long-term care services licensed under Article 7 of Social Services Law.
- **Skilled Nursing Services:** Facility based residential long-term care services or short-term rehabilitation services licensed under Article 28 of Public Health Law.
- **Adult Day Care Program:** supervised services for individuals with physical or mental impairment. Can be provided in a medical or social model. The program is designed to be an alternative to residential facility based long-term care. The application must indicate if the services available are medical model, social model, or both.