

### In a Managed Health Care Plan:

- You have a regular doctor.  
This person is your Primary Care Provider.
- You can get regular check-ups.
- There is no limit on the number of visits you or your children can have with your doctor.
- You can reach your provider's office or health plan 24 hours a day, 7 days a week.
- Your benefits are the same as regular Medicaid.
- You can access clinics, laboratories, specialists and hospitals.

Talk to your doctor about which managed care health plan(s) he/she participates in.

Dental services are available for everyone.

To find out about additional services offered by managed care health plans, you can contact the plans by calling the Member Services phone numbers listed in this Guide.

## Important Numbers

If you have a problem with your health plan, call:

**New York State  
Department of Health  
Complaint Hotline  
1-800-206-8125**

For copies of this guide, call:

**New York State  
Department of Health  
518-486-9012**

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# A Consumer's Guide to Medicaid Managed Care in Northeast New York



**Choosing a managed care plan** that meets the health care needs of you and your family is an important decision. This brochure will help you make that decision. It has information about the quality of care offered by the different plans, and people’s opinions about the care and services the plans provide. The New York State of Health Marketplace website (<http://nystateofhealth.ny.gov/>) is another resource for learning about available New York State managed care plans (commercial, Medicaid, and Child Health Plus). Through this website you can compare health plan options, apply for financial assistance, and find

resources to help you understand your options and enroll in coverage. The Marketplace is open to all New York State residents.

There are other things you need to think about too. Is your doctor in the plan? How close is the doctor’s office to your home? Does the plan have special services that you and your family need?

Talk with friends, your doctor and your New York Medicaid CHOICE counselors before making a decision. Ask questions to make sure you know what each plan offers.

<b>Managed Care Plans in Northeast New York</b>		<b>Albany</b>	<b>Clinton</b>	<b>Columbia</b>	<b>Delaware</b>	<b>Essex</b>	<b>Franklin</b>	<b>Fulton</b>	<b>Greene</b>	<b>Hamilton</b>	<b>Montgomery</b>	<b>Otsego</b>	<b>Rensselaer</b>	<b>Saratoga</b>	<b>Schenectady</b>	<b>Schoharie</b>	<b>Warren</b>	<b>Washington</b>
	<b>Member Services Phone Numbers</b>																	
<b>CDPHP</b> <a href="http://www.cdphp.com">www.cdphp.com</a>	1-800-777-2273	•		•				•	•		•		•	•	•	•		•
<b>Excellus BlueCross BlueShield</b> <a href="http://www.excellusbcbcs.com">www.excellusbcbcs.com</a>	1-800-722-7884											•						
<b>Fidelis Care New York</b> <a href="http://www.fideliscare.org">www.fideliscare.org</a>	1-888-343-3547	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
<b>UnitedHealthcare Community Plan</b> <a href="http://www.uhcommunityplan.com">www.uhcommunityplan.com</a>	1-800-493-4647	•	•	•		•		•					•				•	
<b>WellCare of New York</b> <a href="http://www.wellcare.com">www.wellcare.com</a>	1-800-288-5441	•											•					

NOTE: Not every plan may be accepting new enrollment. Please call your local social services department or the plan member services phone number listed above to make sure.

- Both Family Health Plus and Medicaid

# A Consumer's Guide to Medicaid Managed Care in Northeast New York

## Key

More stars mean better health plan performance  
 ★★★ Above average  
 ★★ Average  
 ★ Below average

## Health Plan

Health Plan	Preventive and Well-Care for Adults and Children				Quality of Care Provided to Members with Illnesses				Patient Satisfaction with Access and Service		Overall Rating
	Child and Adolescent Care	Women's Preventive Care	Maternal Care	Adult Preventive Care	Care for Respiratory Conditions	Diabetes Care	Cardio-vascular Care	Mental Health	Satisfaction with Adult Care	Satisfaction with Children's Care	
CDPHP	★	★	★★★	★★★	★	★★	★★	★★★	★★★	★★★	73%
Excelsus BlueCross BlueShield	★	★	★★★	★	★★	★★	★	★	★★	★★	53%
Fidelis Care New York	★	★	★★★	★★	★★	★★	★★★	★	★★	★★	63%
UnitedHealthcare Community Plan	★	★	★★	★	★★★	★★	★★	★★★	★★	★★	63%
WellCare of New York	★	★★	★	★★	★★	★★	★	★★	★★	★★	57%

Ratings are based on a comparison of plan rates to statewide averages. **Quality** ratings are from information submitted by the health plans. **Patient Satisfaction** ratings are from a member survey conducted for the Department of Health. The quality of care measures used in this guide represent some, but not all, of the measures from health plans. For additional information about the individual measures used in each category, as well as the other quality of care measures available, please see the New York State Department of Health website: <http://www.health.ny.gov>