

# JEEGGA WIC

Lambarka Aqoonsiga WIC

Magaca qofka ama qoyska cuntada loogu talo galay.

Taariikhda “Aan Hore u Wanaagsanayn” (Not Good Before) waa marka u horaysa ee jeegga la isticmaali karo.

**STATE OF NEW YORK**  
DEPARTMENT OF HEALTH  
WIC PROGRAM

PARTICIPANT	30116573 - Wright, Mom
AGENCY	301 - Test Agency 301

NOT GOOD BEFORE	NOT GOOD AFTER
04/26/2015	05/25/2015

FOR THESE ITEMS ONLY - REFER TO WIC ACCEPTABLE FOOD CARD

- 1 11.5-12 Ounce Concentrate WIC Juice
- 1 Dozen Eggs
- 2 Gallons Nonfat or 1% LowFat Milk

PAY TO:

VOID

CHECK NOT VALID UNLESS STAMPED ABOVE BY NYS AUTHORIZED WIC VENDOR AND DEPOSITED BY 06/25/2015

3015006597

PAY EXACTLY

\$ .

KeyBank, Albany, NY      29-70 / 213      15076

THE BACK OF THIS CHECK CONTAINS A SECURITY MARK. DO NOT ACCEPT WITHOUT HOLDING AT AN ANGLE TO VERIFY SECURITY MARK. IMPROPER USE OF THIS CHECK IS SUBJECT TO STATE AND FEDERAL PROSECUTION.

X \_\_\_\_\_ DATE: / /

SIGNATURE OF PARTICIPANT AT REDEMPTION MUST MATCH SIGNATURE ON WIC I.D. CARD. NOT NEGOTIABLE UNLESS SIGNED AND DATED.

Cuntooyinka ka qayb qaatuhu ku iibsano jeeggan. Isticmaal Kaadhka NYS WIC ee Cuntooyinka si loo xaqiijiyo cunnooyinka saxda ah.

Xariijin mari meesha ka qayb galaha ama wakiilku saxeexo **KHADKA BULUUGGA AMA MADOWGA KA DIB** qadarka doolarka saxda ah marka la geliyo bogoska “Si sax ah u Bixi”.

Layn mari meesha ka qayb galaha ama wakiilku uu ku qoro **KHAD BULUGA AMA MADOW KA DIB**; addoo isticmaalaya qaab la mid sida taariikhaha iyo bogosyada *Aan Hore Wanaagsanay/Aan ka Dib wanaagsanay*, KA DIB qadarka doolarka saxda ah marka la geliyaya bogoska “Si sax ah u Bixi”.

Taariikhda “Aan Wanaagsanayn ka Dib” (Not Good After) waa tariikhda u dambaysa ee jeegga la isticmaali karo.

Sanduuqa “Si Sax ah u Bixi” (Pay Exactly) waa halka uu iibiyuhu geliyo wadarta qiimaha iibka ee alaabta ku qoran jeegga.

# Tilmaamo Muhiim ah

- Waxaa la doorbidaa in jeegagga loo taariikheeyo BISHA/MAALINTA/SANADKA (Tusaale: 04/12/2015).
- Sidoo kale waa sax in la isticmaalo qaababka taariikhda kale ee laga yaqaano Maraykanka (E Tusaalooyin: 4/12/15, 04/12/15).
- Sax maaha in la isticmaalo kelmadaha si loo qoro bisha (Tusaale: Abriil 12, 2015).
- Haddii ka qayb galaha ama wakiilku uu khaldo tariikhda jeega, ka qayb galaha/wakilka waa in uu layn dhex mariyaa taariikhda, magaca soo gaabsan oo ku qoraa taariikhda saxda ah korka khaladka.
- shaambadda taariikhda ah lama isticmaali karo “si taariikh loogu qoro” jeega.

**HA SAXEEXIN OO TAARIKHDA  
HA KU QORIN JEEGAGA WIC ILAA  
KA DIB MARKA LACAG QABTAHU  
UU KU QORO WADARTA  
JEEGGAAGA.**

- 1. KA HOR INTA AANAD WAX IIBSAN, HUBSO IN AAD HAYSO:**
  - Kaadhkaaga Aqoonsiga WIC.
  - Kaadhka Barnaamijka Cuntooyinka la Aqbal karo ee WIC.
  - Jeegaggaaga WIC EE AAN SAXEEXNAYN oo leh taariikh ansax ah.
- 2. MARKA WAX LA IIBSANAYO:**
  - Si feejigan u eeg waxa ku qoran jeegga.
  - Istimaal **Kaadhka Barnaamijka Cuntooyinka la Aqbal karo ee WIC** si ay kaaga caawiso in aad xulato cuntooyinka WIC oggolaatay ee jeegaaga.
  - Jeegaaga WIC waxay kuu sheegi doonaan inta ay tahay **(1 weel ah)** iyo cabbirka **(64 wiiqiyadood)** alaab kasta oo aad hesho.
- 3. KA HOR HUBINTA:**
  - **Cuntada oo dhammi** ha ku qornaato jeeg kasta.
- 4. MARKA WAX LA IIBSANAYO:**
  - **Ha** isticmaalin ka degdeg ah, lacagta caddanka ah keliya, ama meelaha banaan ee la eego.
  - Fadlan dhig alaabtaada WIC miiska eegida ee jeega isugu urursan.
  - Dhig ta ku habboon ee jeega WIC **ee aan la saxeexin** xaga sare ee koox kasta oo alaabtan ah.
  - Lacag qabtaha u sheeg in aad isticmaali doonto jeegaga WIC.
  - **Weligaa ha** sii hor saxeexin jeegagaaga WIC.
  - **Ka dib** marka lacag qabtahu uu qoro wadarta qiimaha bogoska **SI SAX AH U BIXI**, **saxeex oo taariikhda ku qor jeega KHAD BULUUG AH AMA MADOW.**

**DIYAAR? HABEE? BILOW WAX IIBSIGA!**