

**NEW!**

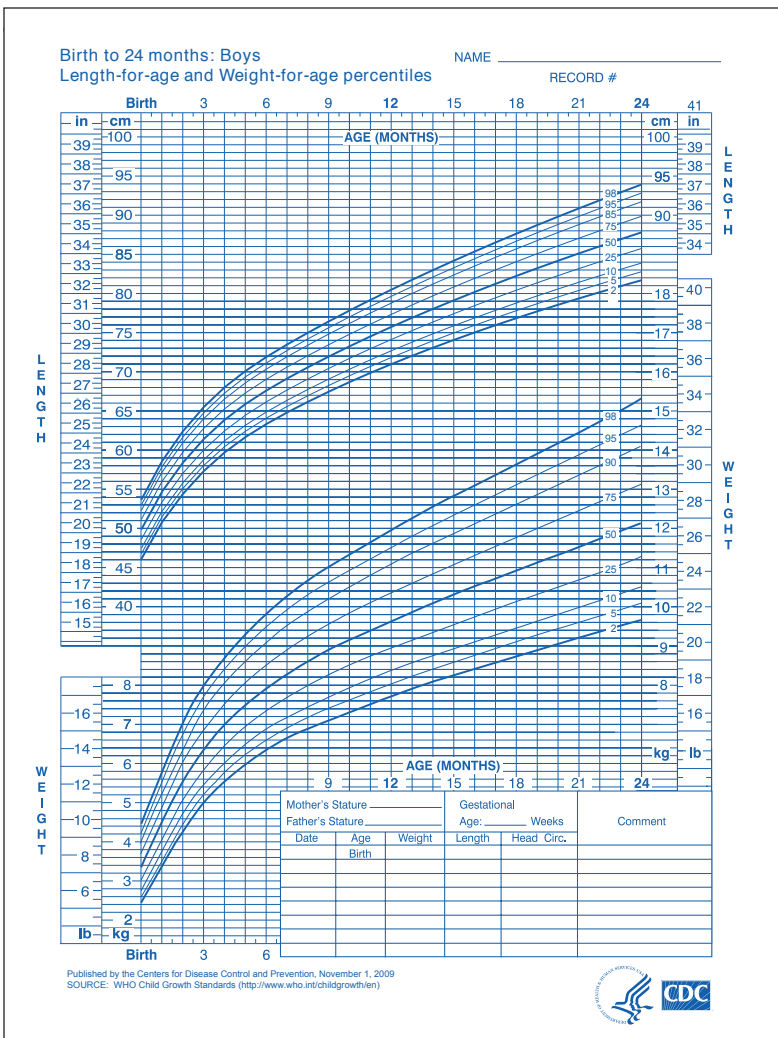
# CDC Birth to 24 Months Growth Charts



Effective October 1, 2012, New York State Women Infants and Children (WIC) Program staff began using the 2009 Centers for Disease Control (CDC) Birth to 24 Months growth charts to assess growth patterns and determine nutritional risk for infants and children less than two years of age.

These new charts for boys and girls are based on World Health Organization (WHO) growth standards that describe the growth of healthy breastfed infants and young children in optimal conditions. The use of these new growth charts is a nationwide USDA WIC mandate based upon CDC recommendations.

Providers who use these charts will more accurately identify underweight as well as rapid weight gain and recommend appropriate nutrition interventions at a younger age.



Use of these charts will better assess breastfeeding, infant growth, support breastfeeding moms and reduce early supplementation or weaning. A sample boys chart is shown.

The American Academy of Pediatrics (AAP) has recommended that all pediatricians use the new charts (CDC: Use WHO growth charts for children under 2. Greer, et al. AAP News 2010; 31:1).

**Other Resources:**

[cdc.gov/growthcharts](http://cdc.gov/growthcharts)  
 Use of World Health Organization and CDC Growth Charts for Children Aged 0-59 Months in the United States. MMWR 2010; 59; No. RR-9



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