

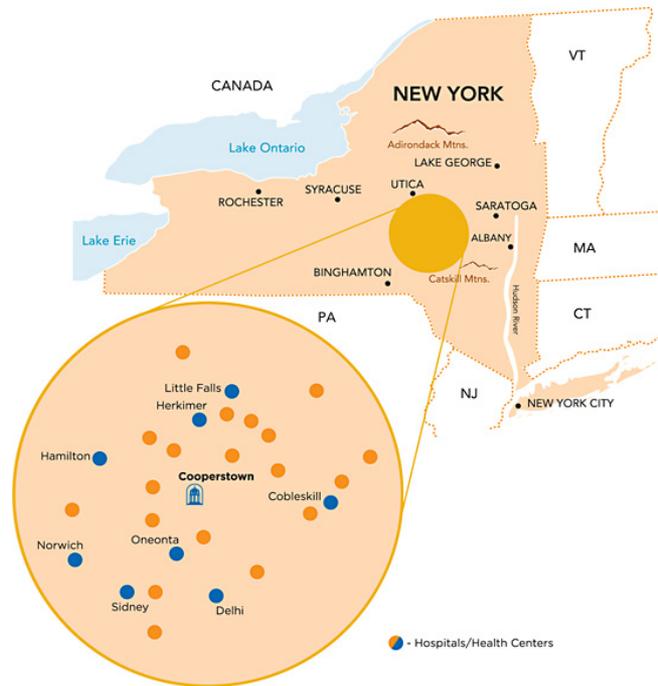
Commissioner's Medical Grand Rounds October 17, 2019

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Commissioner's Medical Grand Rounds

- **Nothing to disclose**
- **No conflict of interest**

Bassett Healthcare Network



Bassett Healthcare Network

- **20 communities over 5,600 sq miles**
- **9 counties**
- **6 hospitals, acute care facilities or 24/7 emergency care facility**
- **30 community-based, outpatient centers**
- **20 School-Based Health Centers (all PCMH credentialed)**
- **2 Ambulatory surgical centers**
- **400 physicians and APCs in primary and specialty care**

Bassett Healthcare Network: we are rural!



Bassett Healthcare Network Service Area Facts

- **Economy**
 - Agriculture, mostly dairy, and tourism
- **Health and mental health care access**
 - Delaware, Chenango, Otsego and Schoharie:
HPSAs in Primary Care and Mental Health
- **Poverty**
 - Median HH income is \$47,884 (NYS = \$58,687)
 - 16.4% are below the poverty level
 - Otsego County is the northern most county in Appalachia

Bassett Healthcare Network



Bassett Healthcare Network Pediatric Service Line

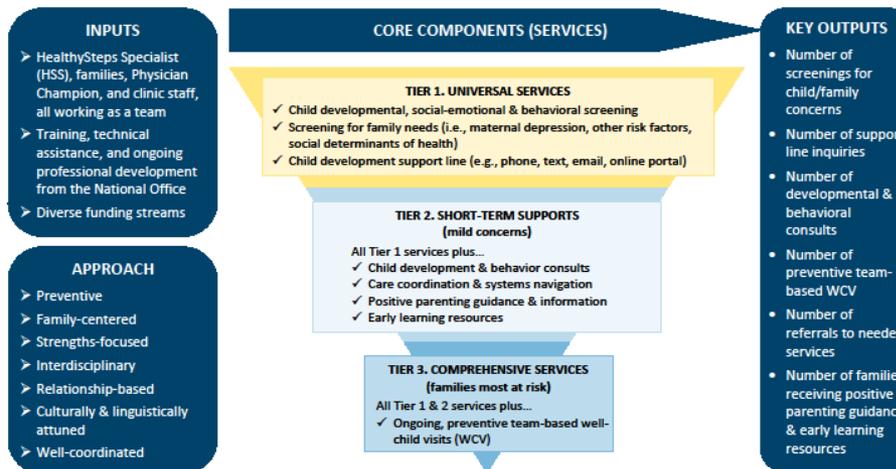
- **15 pediatricians/med-peds**
- **5 outpatient clinical sites**
- **Numerous APCs**
- **> 1100 deliveries/year**
- **1 Child and adolescent psychiatrist**
- **Several child and adolescent therapists**
- **1 LCSW-R, Healthy Steps specialist**

Bassett Healthcare Network HealthySteps



HealthySteps Logic Model

HealthySteps transforms the promise of pediatric care to improve the health and well-being of babies and young children so that they thrive in school and life. We set the standard by integrating a child development specialist into the primary care team to promote healthy relationships, foster positive parenting, strengthen early social and emotional development, and ensure access to services that address both child and family needs, with a particular emphasis on families living in low-income communities.



Bassett Healthcare Network Pediatric Clinic

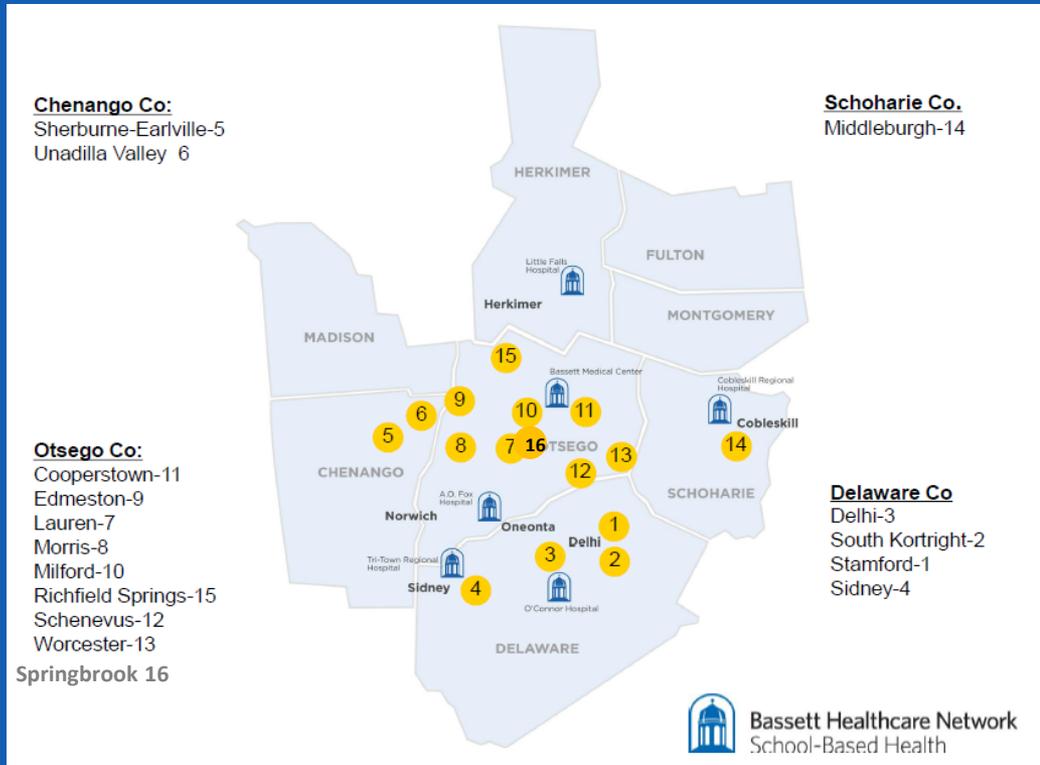
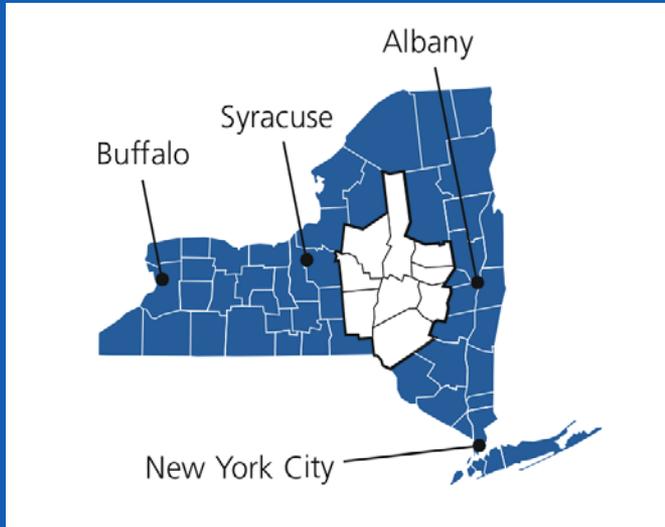
- **Healthy Steps Program**
 - **Children aged 0-3 years**
 - **Families 'enrolled' pre- and post-partum**
 - **All are eligible; no restrictions; 265 enrollees**
 - **Program is staffed by a Clinical Social Worker**
 - **Screening tools include ACEs survey (for parents), Edinburgh Postpartum Depression Scale, Perinatal Anxiety Screening Scale, and Ages and Stages developmental questionnaires (ASQs)**
 - **Identified issues are often addressed by the Healthy Steps specialist; we work closely with Women's Health, Psychiatry, County Public Health, HeadStart, Project Teach, Building Healthy Families, and Child Protective Services**

Bassett Healthcare Network School-Based Health Program

- **20 School-Based Health Centers**
- **15 School Districts**
- **Somatic health, mental health and dental health care**
- **37,000 visits per year**
- **All sites are Patient Centered Medical Home approved**
- **“Easy access to good quality care for kids”**

Bassett Healthcare Network School-Based Health Program





All connected by common Electronic Health Record



Bassett Healthcare Network School-Based Health Program

- **Somatic Healthcare**
 - Acute care, eg. Sore throat, cough, twisted ankle
 - Chronic care, eg. ADHD, asthma, depression, obesity
 - Well care, eg. Annual visits, immunizations
- **Mental Healthcare**
- **Dental Healthcare**
- **Ancillary services including dietary counseling and case management**
- **Costs: bill insurance, no out-of-pocket costs**



Mental Health Care



July 15, 2019 Unatego



Bassett Healthcare Network School-Based Health Program

CYW Adverse Childhood Experiences Questionnaire (ACE-Q) Teen Self-Report

To be completed by Patient

CYW Adverse Childhood Experiences Questionnaire (ACE-Q) Child

To be completed by Parent/Caregiver

Today's Date: _____

Child's Name: _____ Date of birth: _____

Your Name: _____ Relationship to Child: _____

Many children experience stressful life events that can affect their health and wellbeing. The results from this questionnaire will assist your child's doctor in assessing their health and determining guidance. Please read the statements below. Count the number of statements that apply to your child and write the total number in the box provided.

Please DO NOT mark or indicate which specific statements apply to your child.

1) Of the statements in Section 1, HOW MANY apply to your child? Write the total number in the box.

Section 1. At any point since your child was born...

- Your child's parents or guardians were separated or divorced
- Your child lived with a household member who served time in jail or prison
- Your child lived with a household member who was depressed, mentally ill or attempted suicide
- Your child saw or heard household members hurt or threaten to hurt each other
- A household member swore at, insulted, humiliated, or put down your child in a way that scared your child OR a household member acted in a way that made your child afraid that s/he might be physically hurt
- Someone touched your child's private parts or asked your child to touch their private parts in a sexual way
- More than once, your child went without food, clothing, a place to live, or had no one to protect her/him
- Someone pushed, grabbed, slapped or threw something at your child OR your child was hit so hard that your child was injured or had marks
- Your child lived with someone who had a problem with drinking or using drugs
- Your child often felt unsupported, unloved and/or unprotected

2) Of the statements in Section 2, HOW MANY apply to your child? Write the total number in the box.

Section 2. At any point since your child was born...

- Your child was in foster care
- Your child experienced harassment or bullying at school
- Your child lived with a parent or guardian who died
- Your child was separated from her/his primary caregiver through deportation or immigration
- Your child had a serious medical procedure or life threatening illness
- Your child often saw or heard violence in the neighborhood or in her/his school neighborhood
- Your child was often treated badly because of race, sexual orientation, place of birth, disability or religion

Date of birth: _____

This questionnaire can affect their health and development. The doctor in assessing your health and determining the number of statements that apply to you and

statements apply to you.

u) Write the total number in the box.

divorced
served time in jail or prison
depressed, mentally ill or attempted suicide
or threaten to hurt each other
humiliated, or put you down in a way that scared
way that made you afraid that you might be
asked you to touch their private parts in a sexual way
e you feel uncomfortable
ing, a place to live, or had no one to protect you
something at you, OR you were hit so hard that
with drinking or using drugs
unprotected

u) Write the total number in the box.

at school
died
caregiver through deportation or immigration
life threatening illness
neighborhood or in your school neighborhood
ated
f race, sexual orientation, place of birth,
e or threats from a romantic partner (i.e.

Center for Youth
Wellness

Bassett School-Based Health Program: Approach to ACEs

- **Tools used**
 - PHQ2/9
 - RAAPS
 - ACE screening
- **Mental health care**
- **Mentoring**

Adverse Childhood Experiences and the Impact on School

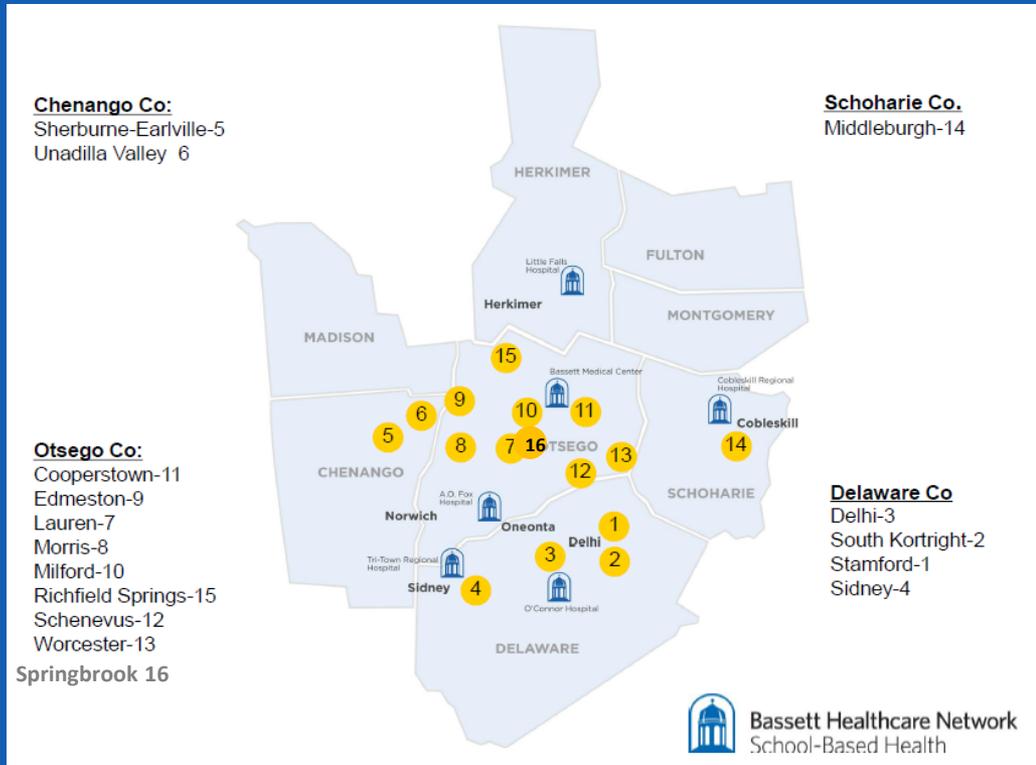
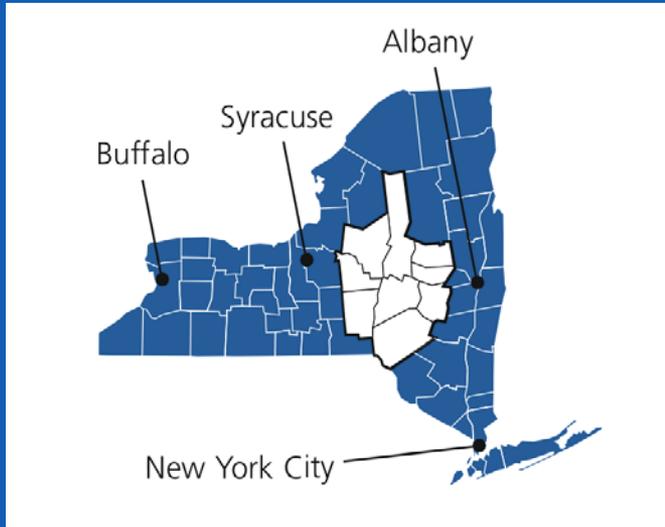
- Robles, et al, Pediatrics. 2019;144(2):e20182945
 - Protective factors (PFs) were proposed
 - Associations of ACEs and PFs and school performance were determined
 - ACEs, you know
 - PFs included safe neighborhood, supportive neighbors, a parent to talk to
 - Negative school outcomes associated with ↑ ACEs and ↓ PFs
 - Study is aligned with AAP: positive impact of a supportive, adult relationship
 - Study suggested “provide families with positive parenting programs”
 - “...events that have already occurred cannot be erased.”
 - Thus, “collaborate with school psychologists, social workers, counselors, teachers and community organizations.”

Adverse Childhood Experiences and the Impact of Schools

- Dudovitz and Chung, Pediatrics. 2019;144(2):e20190893
 - Positive relationships with adults is a source of resilience
 - Referrals to MH services and parenting programs
 - Important resource are the schools
 - Increase trauma informed practices
 - Touch point for access to primary care and MH services
 - School-Based Health Centers provide access without absence

Adverse Childhood Experiences





All connected by common Electronic Health Record

