# Guiding Progress Shaping Futures EXIT MATERIALS

## Parent Information Packet Quick Reference

To Prepare for the Individual Family Service Plan Meeting Where Child Outcomes Will Be Discussed



New York State Department of Health

Material developed under the direction of the New York State Department of Health by the Institute for Child Development Parent Information Packet Page 1 of 10

#### New York State Early Intervention Program Guiding Progress....Shaping Futures



You are getting this information because your child is going to have information collected on him or her that will be used to see how well Early Intervention services work. Information gathered from you and from other parents across the state will help improve Early Intervention services for all children with special needs.

#### What Information Will be Collected?

You and people that have worked with your child, will be asked about how your child does in the following three areas:

- ★ Positive social emotional skills
  - Playing with others (children and adults)
  - o Expressing emotions and feelings



 Acquiring and using knowledge and skills, including early language and communication



- o Imitation
- Problem-solving skills
- o Attention
- o Communication skills
- o Memory
- Use of appropriate behavior to meet needs (taking appropriate action to meet needs)
  - o Getting help when needed
  - Adaptive skills (e.g., self-feeding, toileting, sleeping)

#### How Will My Child's Abilities Be Measured?

- ★ A meeting will take place to complete a form that will assess how your child is doing in the three outcome areas listed on page 2.
  - The meeting will take place during your child's Individualized Family Service Plan (IFSP) meeting when your child exits from the Early Intervention Program (EIP).
  - At the meeting, you and people who have worked with your child will be asked about how your child is doing.
  - The information gathered from everyone at the meeting will be used to complete the Child Outcomes Summary Form (COSF).



#### What Should I Do to Get Ready for the Discussion?

★ Think about how your child is doing in the three outcome areas listed on page 2.



- Think about how your child usually functions in different situations.
- You should also think about whether your child is doing what other children his or her age are.
- You should also think about any new skills your child has learned.
- The DEVELOPMENTAL MILESTONES CHECKLIST PARENT EDITION is also included in this packet to help you prepare for the meeting discussion.



- This checklist shows a list of behaviors and the age by which they usually occur.
- Completing this checklist and bringing it to the meeting will help you be a part of the discussion.

#### **Important Information for Parents**

- Participating in this process will not affect whether or not your child can get services outside of Early Intervention.
- Your child's individual information will be entered into a secure data system, but only total numbers will be reported.

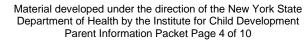


#### Do I Have to Agree To Have the Child Outcomes Summary Form Completed?

- Parents are not required to complete the Child Outcomes Summary Form.
- However, states must report outcome information for children in the EIP to the U.S. Department of Education. To meet this Federal mandate, service providers, service coordinators, and EIO/Ds must complete the COSF for children involved in the process.
- ★ Your input is valued!
  - The information parents give will help improve Early Intervention services.

#### Frequently Asked Questions

- \* Who will be at the meeting?
  - \* People that might be involved in the meeting are:
    - o You
    - o Your child's service providers
    - o Your child's service coordinator
    - o Your child's EIO/D
    - o And any other people that you have invited to attend
- \* Who will be involved in the discussion about my child?
  - \* People that might be involved include:
    - o You
    - Your child's service providers
    - Your child's service coordinator
    - o Your child's EIO/D





At the meeting, everyone will be asked how he or she feels your child is currently doing. Everyone will also be asked about any new skills your child has gained.

### \* By reporting the information on the Early Intervention Program, will anyone find out how my child is doing?

★ Your child's individual information will be entered into a secure data system, but only total numbers will be reported.

#### What if I Still Have Questions?

If you have questions you can:

Log on to our website.

\* https://www.health.ny.gov/community/infants\_children/early\_intervention/outcomes\_survey/child/



Email us with a question and we will get back to you as soon as possible.

★ BEIDataUnit@health.ny.gov



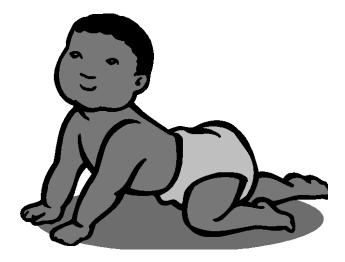
Call us with your questions.

\* (518) 473 - 7016

THANK YOU FOR YOUR HELP AND PARTICIPATION!



## Developmental Milestones Checklist - Parent Edition



This material was adapted using information from the New York State Department of Health, The American Academy of Pediatrics, and the Centers for Disease Control Parent Information Packet Page 6 of 10

#### How do I Complete the Developmental Milestones Checklist?

- To complete the **DEVELOPMENTAL MILESTONES CHECKLIST**:
  - ★ Start at the 3-month age level and check one box (yes, no, or inconsistent) for each behavior listed.
  - ★ Check the "Yes" box if your child usually shows the behavior or skill in different settings and situations.
  - \* Check the "No" box if your child does not show the behavior or skill.
  - ★ Check the "Inconsistent" box if your child shows the behavior or skill in SOME situations or settings but not all situations or settings.
- Complete this step for every age level until you have completed the checklist items for your child's current age.
- Do this for all three checklists.
- The table below is an example of how to complete the checklist:

	Outcome 1: Positive Social Emotional Skills	Has Child Attained Milestone?		
Age		Yes	No	Inconsistent
by 3 months	Smile	$\checkmark$		
	Make cooing sounds			$\checkmark$
	Enjoy playing with people	$\checkmark$		
by 6 months	Recognize familiar faces	$\checkmark$		
	Babble			~
	Smile at self in mirror		$\checkmark$	

#### **Developmental Milestones Checklist – Parent Edition**

	Outcome 1: Positive Social Emotional Skills	Has Child Attained Milestone?		
Age		Yes	No	Inconsistent
by 3 months	Smile			
	Make cooing sounds			
	Enjoy playing with people			
	Recognize familiar faces			
by 6 months	Babble			
	Smile at self in mirror			
by 12 months	Wave bye - bye			
	Know five of six words			
	Play peek-a-boo and patty cake			
	Repeat sounds or gestures for attention			
	Follow simple directions (e.g., "Bring the ball")			
by 18 months	Act out a familiar activity in play (e.g., taking a bath)			
	Bring toys to share with parent			
	Use two-to-three word sentences			
	Likes to imitate their parent			
by 24 months	Show affection			
	Play alone (independently)			
	Comfort a distressed friend or parent			
by 36 months	Play with other children for a few minutes			
	Use three-to-five word sentences			
	Understands the concept of 'mine'			
	Spontaneously shows affection for familiar playmates			
	Takes turns in a game			
	Imitates adults and playmates			

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	Outcome 2:	Has Child Attained Milestone?		
Age	Acquiring and Using Knowledge and Skills	Yes	No	Inconsistent
by 3 months	Turns their heads toward bright colors and lights			
	Move both eyes in the same direction together			
	Recognize bottle or breast			
	React to sudden sounds or voices			
	Make fists with both hands to grasp toys or hair			
by 6 months	Recognize familiar faces			
	Follow moving objects with eyes			
	Turn toward the source of normal sound			
	Play with their toys			
her 10 menutika	Stack two blocks			
by 12 months	Put objects in a container			
by 18 months	Like to pull, push, and dump things			
	Say names of toys			
	Recognize familiar pictures			
by 24 months	Identify hair, eyes, ears and nose by pointing			
	Turn 2-3 pages at a time			
	Build a tower of four blocks			
by 36 months	Turn one page at a time			
	Name at least one color correctly			
	Repeat common rhymes			

	Outcome 3:	Has Child Attained Milestone?		
Age	Taking Appropriate to Meet Needs	Yes	No	Inconsistent
	Lift Head and chest when on stomach			
by 3 months	Recognize bottle or breast			
	Wiggle and kick arms and legs			
by 6 months	Reach for objects and pick them up			
	Switch toys from one hand to the other			
	Help hold the bottle during feeding			
	Sit without support			
	Pull to a standing position			
by 12 months	Drink from a cup			
	Hold out their arms and legs while being dressed			
	Know five of six words			
	Pull off shoes, socks, and mittens			
	Feed themselves			
by 18 months	Make marks on paper with crayon			
	Walk without help			
	Step off a low object and keep balance			
by 24 months	Use two-to-three word sentences			
	Carry something while walking			
	Feed themselves with a spoon			
by 36 months	Walk up steps (alternating feet)			
	Put on their shoes			
	Open door			
	Use three-to-five word sentences			
	Are toilet trained			
	Ride a tricycle			

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