

Infant Feeding Data, 2012

Hospital leaders, providers and staff play a vital role in promoting and supporting women to be successful in exclusively breastfeeding their newborn infants. In New York State (NYS), 83.8% of healthy newborns were fed (any) breast milk during their birth hospitalization, which exceeds the *Healthy People 2020* goal of at least 82%. However, the percentage of healthy infants who were exclusively fed breast milk was only 40.6%, which was significantly below the *Healthy People 2020* goal of at least 70%.^{1,2,3}

Percentages of Healthy Infants Fed Exclusively Breast Milk and Any Breast Milk in the Hospital, New York State, 2012

The first attached chart ranks hospitals by the percentage of infants who were fed exclusively breast milk (blue bars) and is compared to the *Healthy People 2020* goal of at least 70%. Only 12 of 133 hospitals met this goal in 2012, compared to 14 hospitals in 2011. The red bars show the percentage of infants who were fed any breast milk (i.e., infants who were fed breast milk alone and those fed both breast milk and formula) and is compared to the *Healthy People 2020* goal of at least 82%. Fifty-seven hospitals met this goal in 2012, compared to 53 hospitals in 2011.

Percentages of Healthy Breastfed Infants Also Fed Formula in the Hospital, New York State, 2012

The second chart shows, among infants fed any breast milk in the hospital, the percentages that were also given formula. In NYS, 51.6% of breastfed infants were supplemented with formula during the birth hospitalization. Hospitals are ranked from the lowest percentage of formula supplementation to the highest. In 2011 and in 2012, only 27 of 133 NYS hospitals met the *Healthy People 2020* goal that no more than 14% of breastfed infants be supplemented with formula. Formula supplementation of breastfed infants in NYS continues to be among the highest in the country; this adversely affects exclusive breastfeeding and duration of breastfeeding. Because of the associated health benefits to women and infants, the Department of Health has included *increasing the proportion of NYS babies who are exclusively breastfed* as a Prevention Agenda 2013-2017 goal.⁴

¹ Bureau of Biometrics and Health Statistics, New York State Department of Health, 2012.

² Bureau of Vital Statistics, New York City Department of Health and Mental Hygiene, 2012.

³ *Healthy People 2020*. www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicId=26.

⁴ New York State Department of Health. Prevention Agenda 2013-2017. Available at: http://www.health.ny.gov/prevention/prevention_agenda/2013-2017/plan/wic/focus_area_1.htm#g1.3

These data are also available on the NYS Health Profiles, New York State Department of Health website:

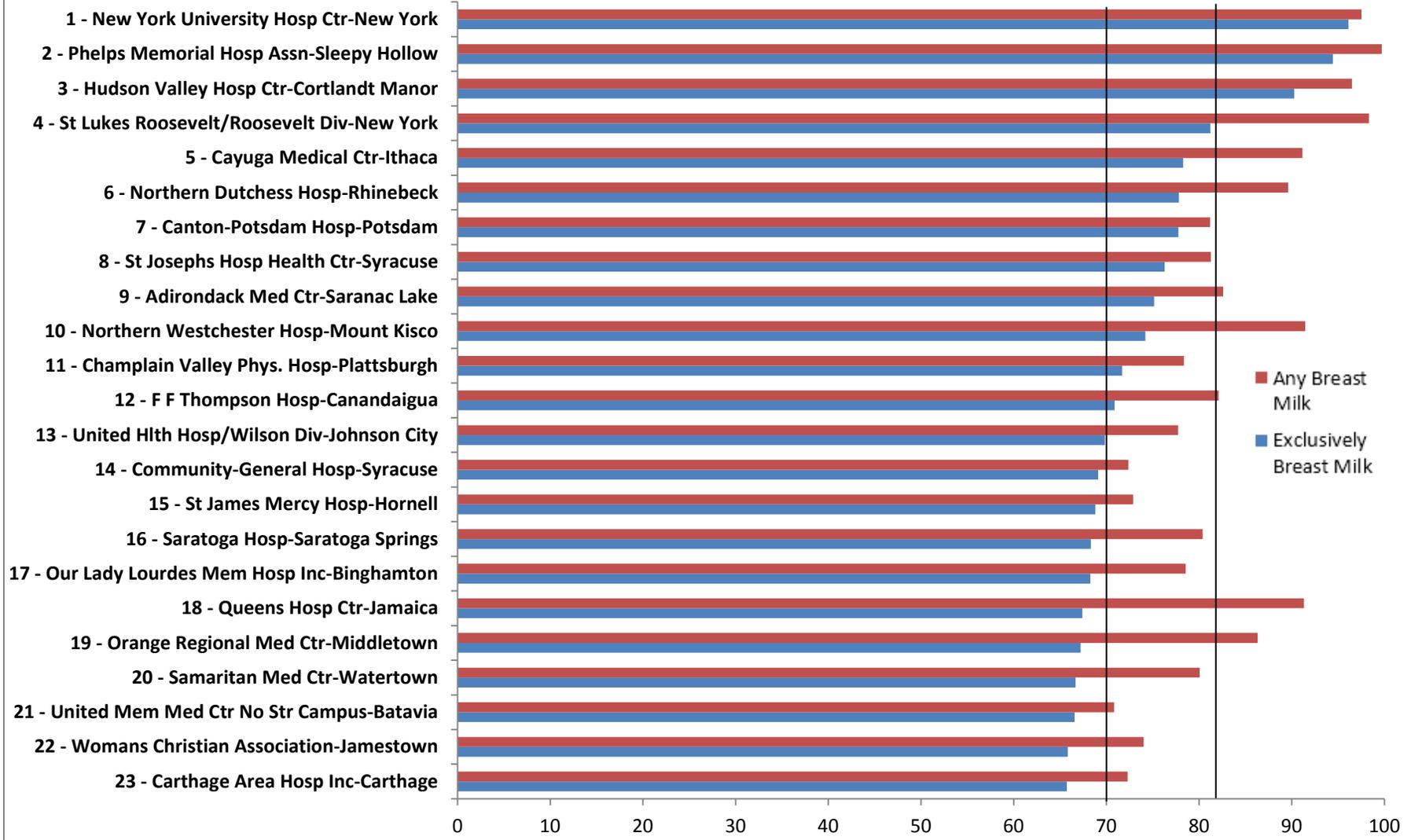
- Fed any breast milk: percent
http://profiles.health.ny.gov/measures/all_state/16541
- Fed exclusively breast milk: percent
http://profiles.health.ny.gov/measures/all_state/16542
- Breastfed infants supplemented with formula: percent
http://profiles.health.ny.gov/measures/all_state/16543

If you have any questions or would like more information, please contact:
promotebreastfeeding@health.state.ny.us.

Percentages of Healthy Infants Fed Exclusively Breast Milk and Any Breast Milk in the Hospital, New York State, 2012

HP 2020 Goal:
At least 70%
Exclusively Breast Milk

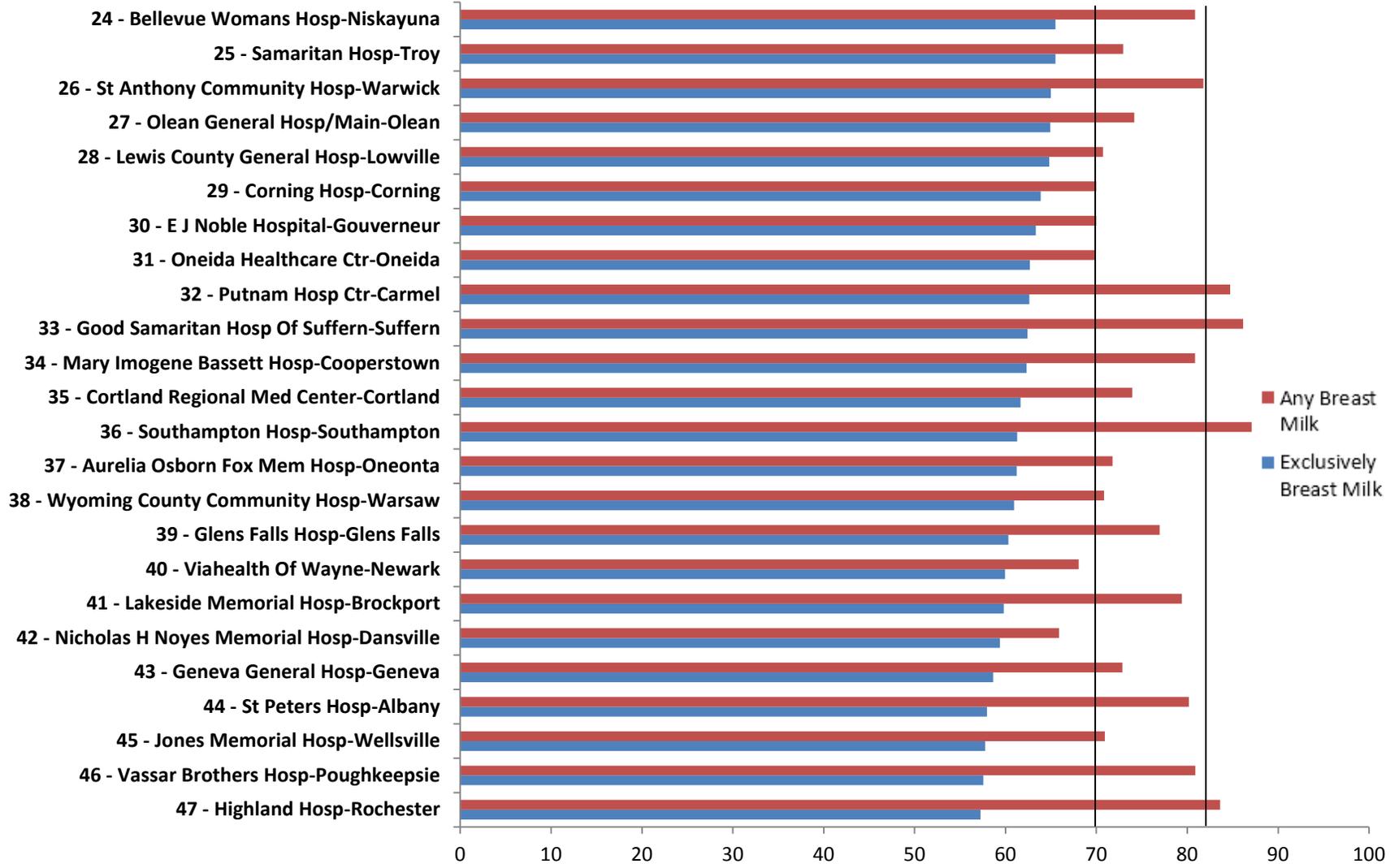
HP 2020 Goal:
At least 82%
Any Breast Milk



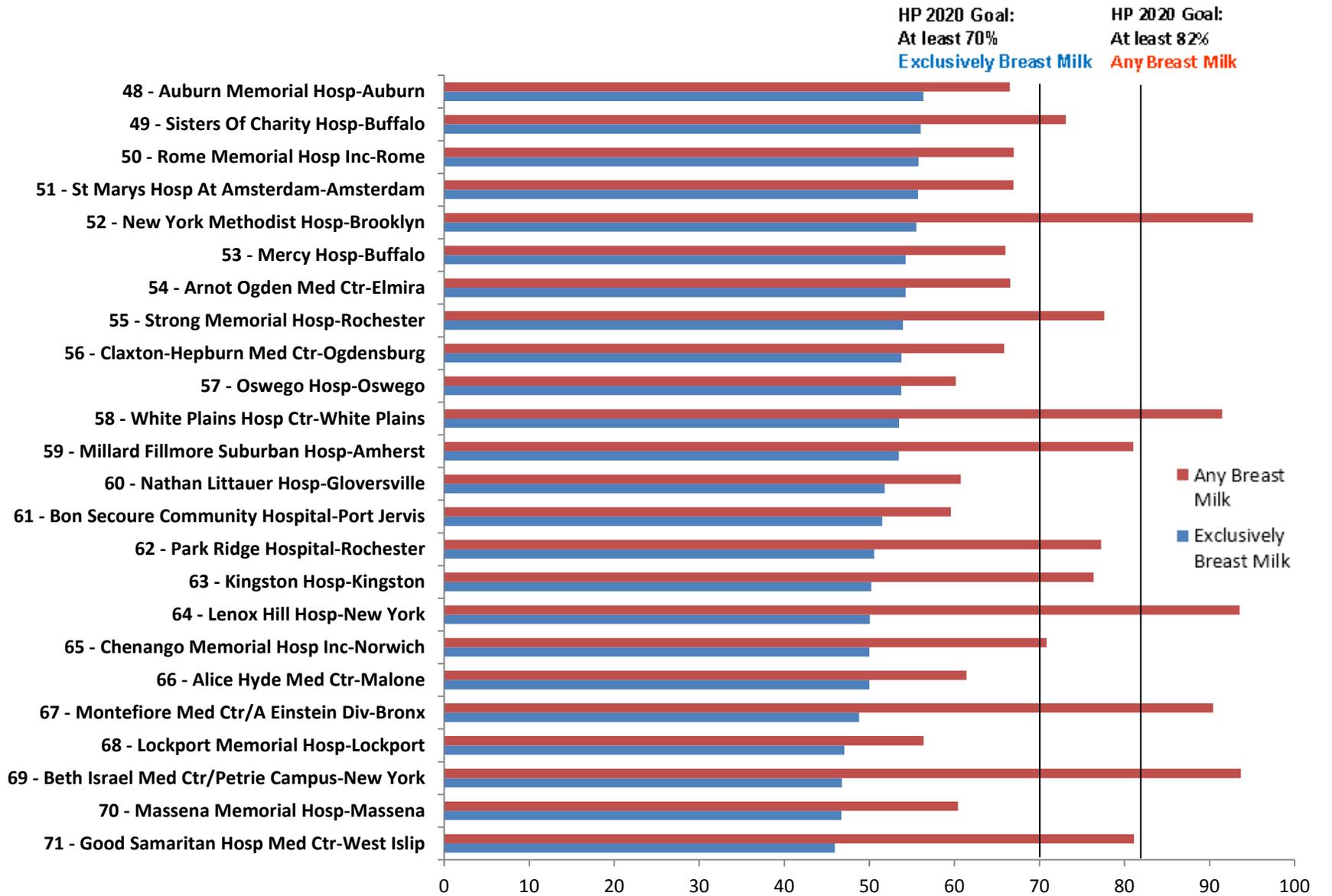
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HP 2020 Goal:

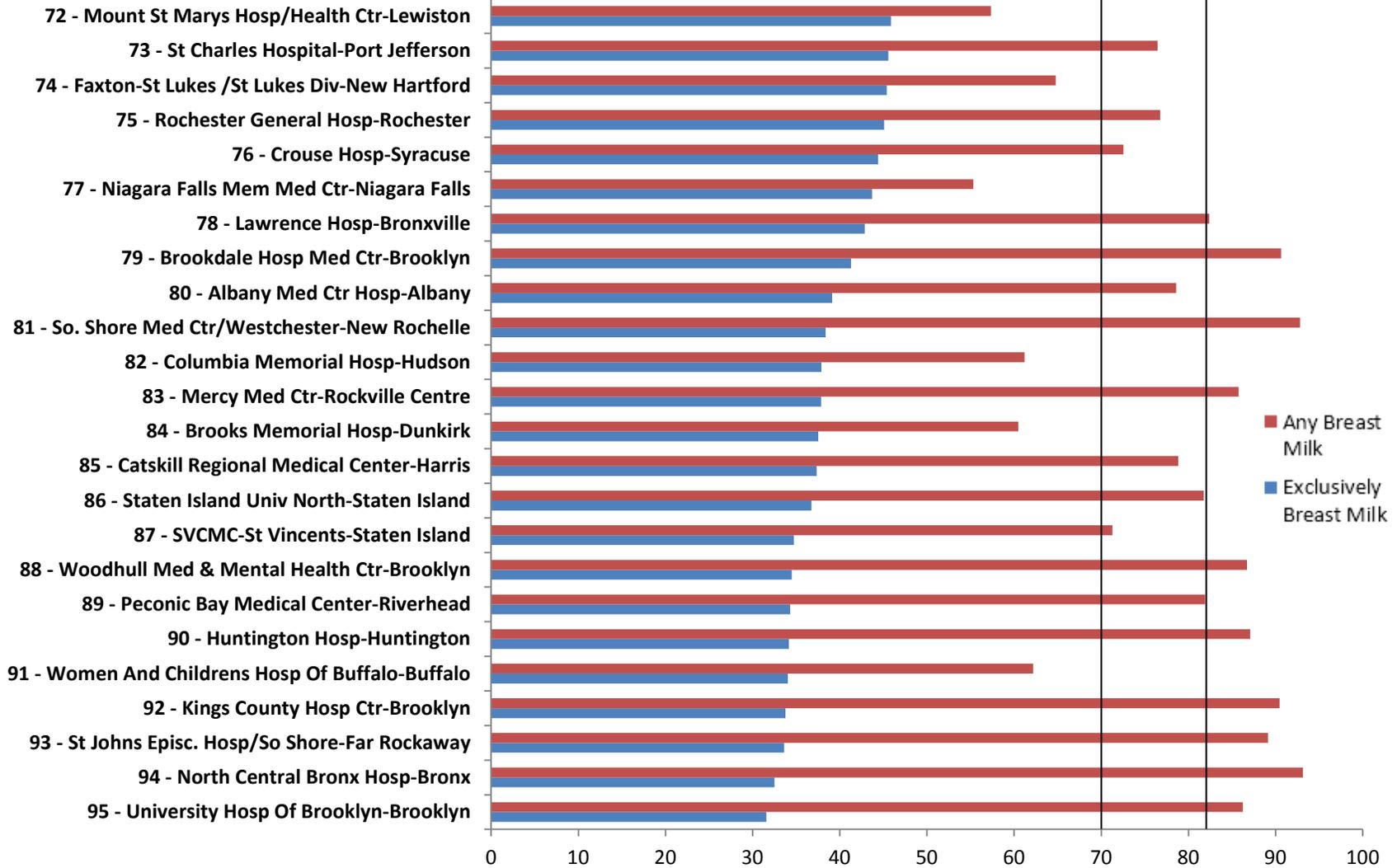
At least 70%

Exclusively Breast Milk

HP 2020 Goal:

At least 82%

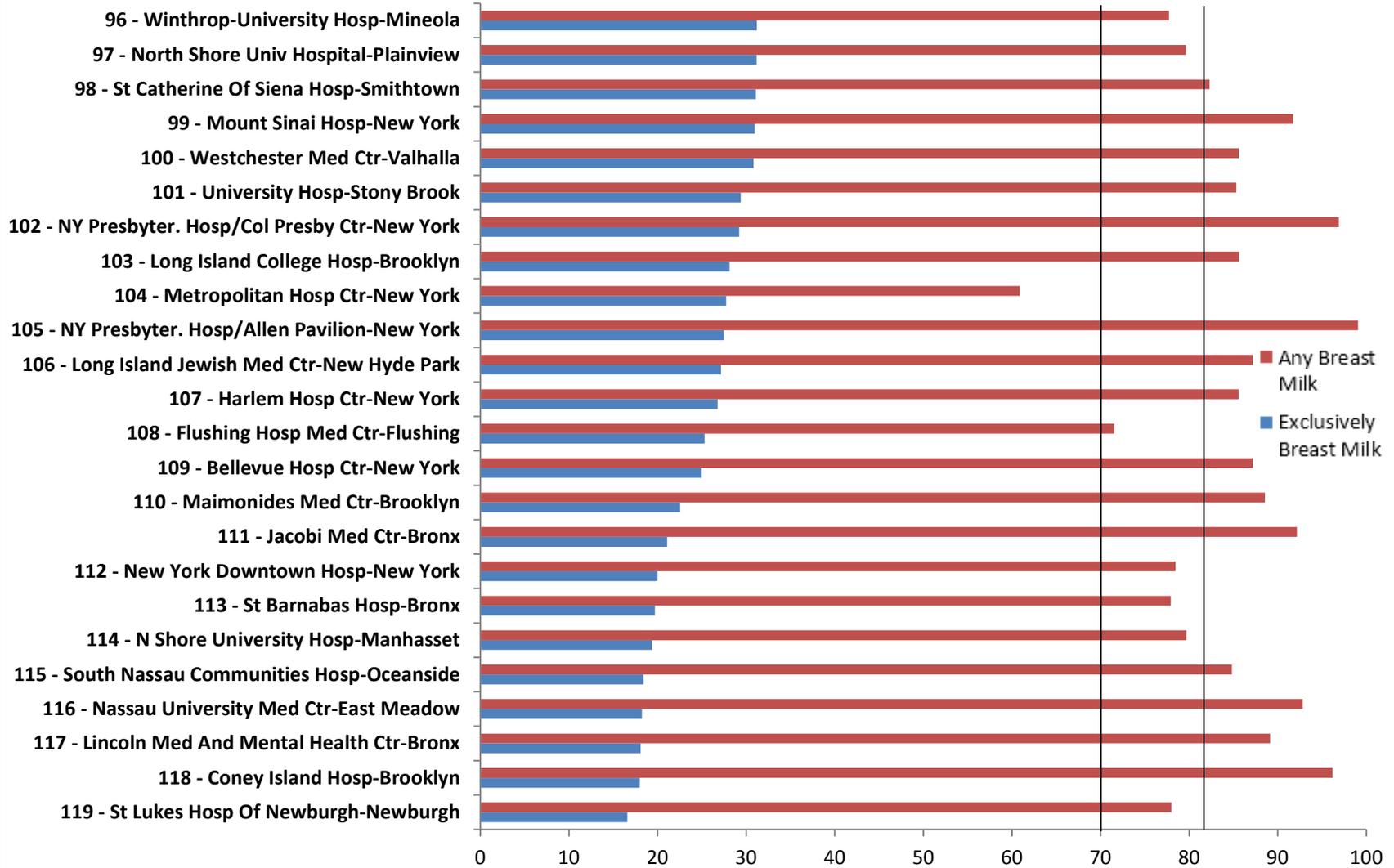
Any Breast Milk



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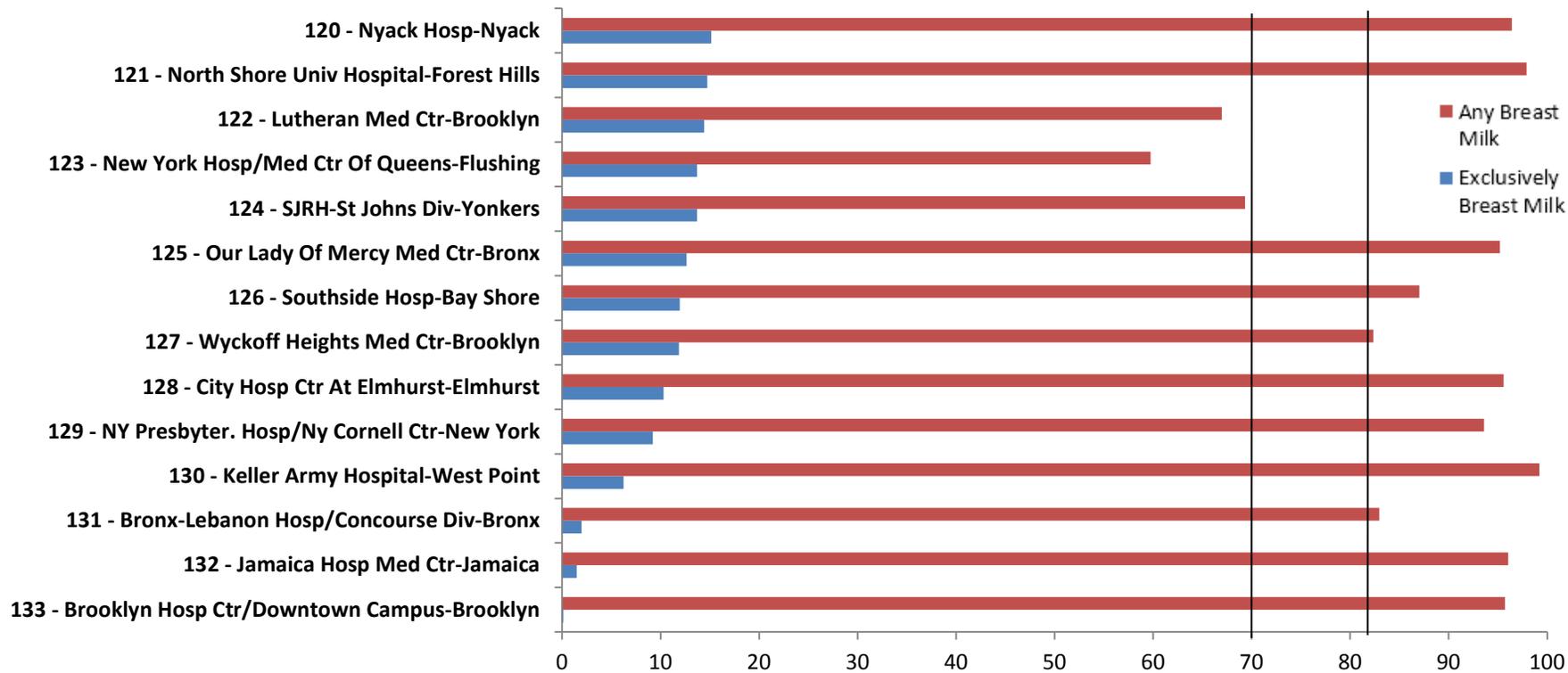
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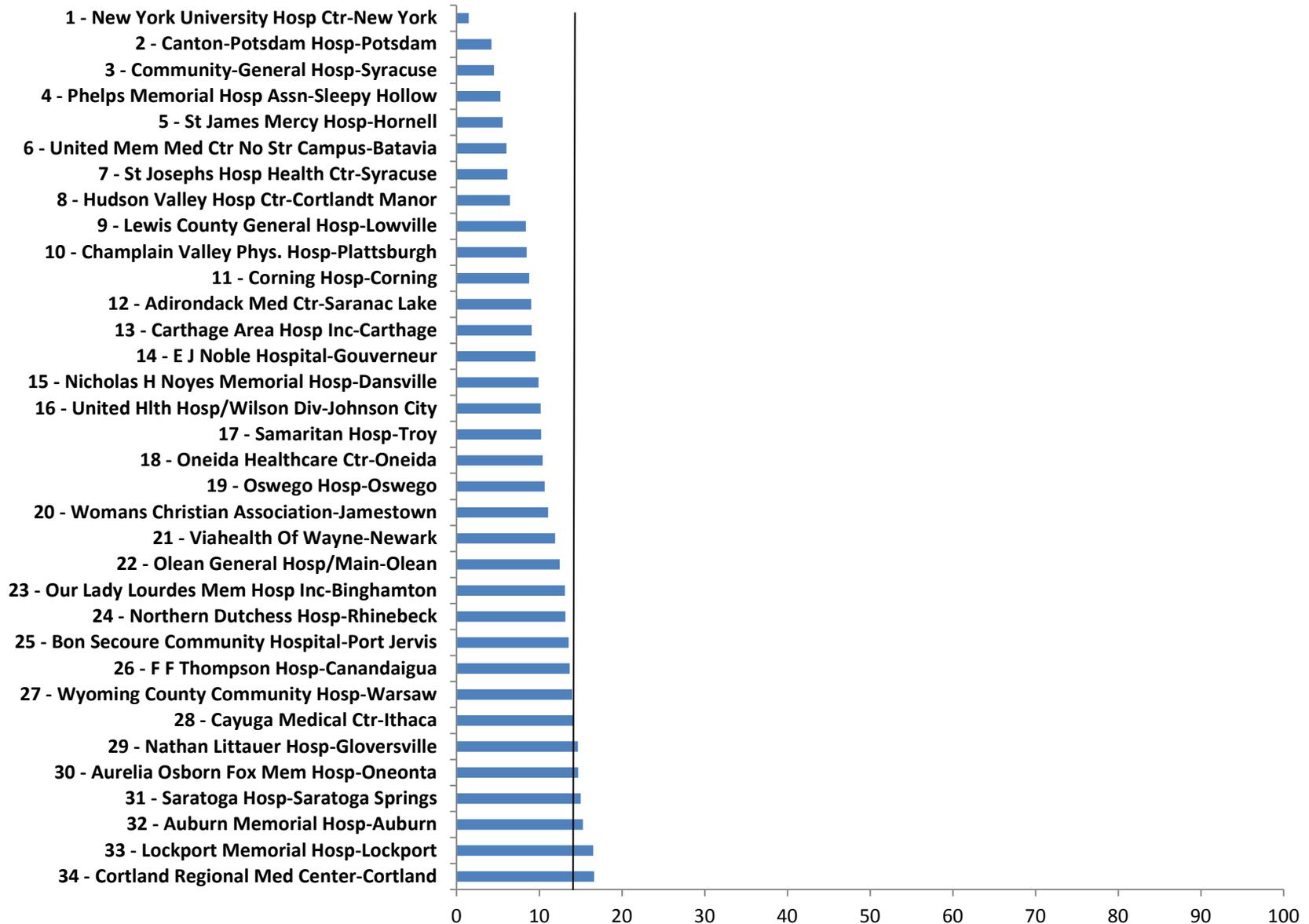
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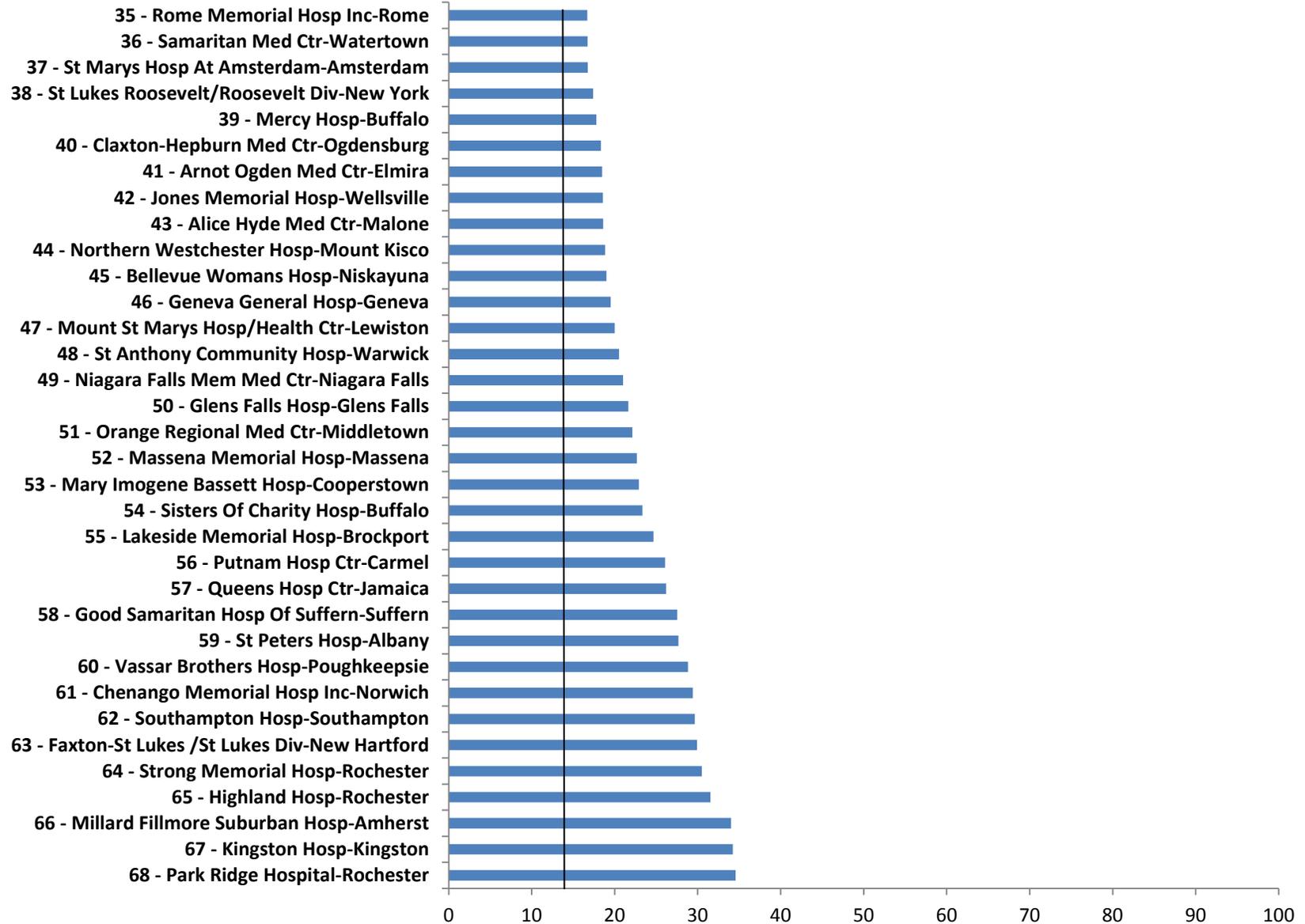
Percentages of Healthy Breastfed Infants also Fed Formula in the Hospital, New York State, 2012

HP 2020 Goal: 14% or less



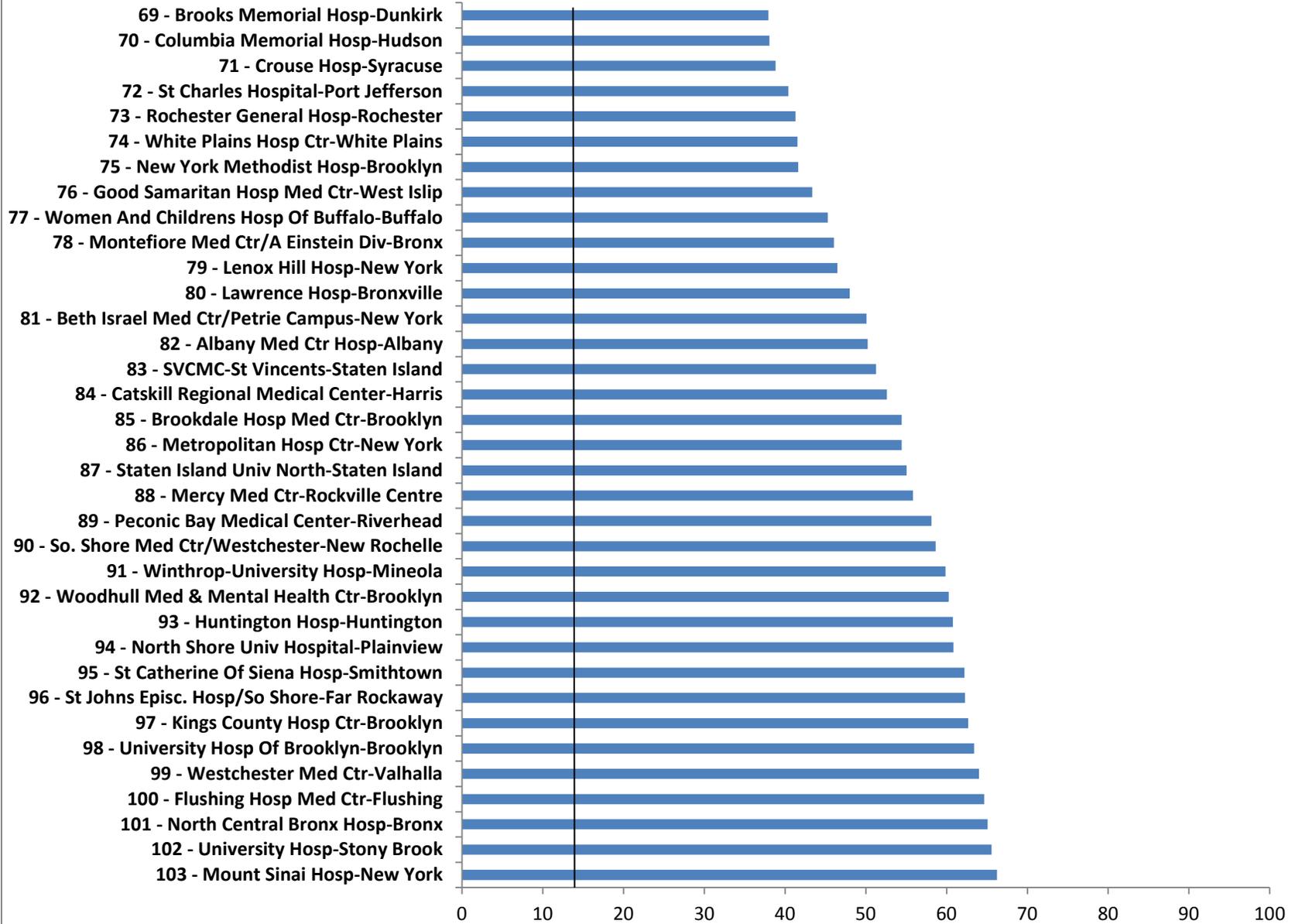
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