

Dear Colleague,

The New York State Department of Health AIDS Institute (NYSDOH AI) supports the provision of pre-exposure prophylaxis (PrEP) and post exposure prophylaxis following sexual exposure as evidence-based interventions to prevent transmission. Throughout its history, the NYSDOH AI has been a leader in recommending biomedical interventions to prevent HIV infection, beginning with establishing a standard of care for the prevention of mother-to-child HIV transmission, using antiretroviral agents during pregnancy and labor and delivery, and as prophylaxis for the newborn. Since 1991, NYSDOH AI has recommended a combination of antiretroviral agents for post-exposure prophylaxis to prevent HIV transmission in the context of occupational and non-occupational exposures (nPEP).

Despite these efforts, gay men and MSM continue to be disproportionately affected with HIV/AIDS - making up nearly two thirds of diagnoses. Community-driven prevention efforts must be maintained, including the availability of risk reduction interventions and new biomedical approaches such as pre-exposure prophylaxis. As a result the NYSDOH AI has increased efforts to reduce new HIV and STD infections among gay men and men who have sex with men.

The following resources may be of assistance to you and are posted on our web site:

1. **"I Might Have Been Exposed to HIV, What do I do?"** This brochure for consumers regarding non- occupational exposure (nPEP) is available in pdf format on our web page or printed and available for order.

<http://www.health.ny.gov/publications/9104.pdf>

2. **"nPEP Workplan and Distribution Report"** This report identifies the clinical, non clinical and consumer outreach and education that has been done and is planned for nPEP. A partial list of where the nPEP guidelines were distributed is also included.

http://www.health.ny.gov/diseases/aids/standards/docs/npep_workplan.pdf

3. **Regional Meeting PrEP Summary** This report is a summary of comments received during our statewide Pre Exposure Prophylaxis (PrEP) provider meetings in August, 2013.

http://www.health.ny.gov/diseases/aids/standards/docs/regional_meeting_notes.pdf

Should you have any questions on PrEP or nPEP please contact Lyn Stevens, NP, MS, ACRN at 518-473-8815 or email lcs02@health.state.ny.us

The New York State Department of Health continues to work hard to provide education to clinical providers, non clinical providers and consumers regarding nPEP and PrEP.

Sincerely,

Dan O'Connell
Director
AIDS Institute