99% of New Yorkers with HIV report currently\(^2\) taking antiretroviral therapy (ART)
65% of New Yorkers with HIV report complete adherence to ART doses in the past 30 days

72% of New Yorkers with HIV achieved sustained viral suppression\(^3\)

Common causes for missed ART doses include:
- Oversleeping or sleeping early (82%)
- Changes in daily routine (72%)
- Forgetting to take medication (65%)

### Social Determinants of Treatment Adherence and Viral Suppression

**ART dose adherence by age**
- 43% of persons aged 18-25 years reported 100% dose adherence over previous 30 days
- 67% of persons aged 50 years and older reported 100% dose adherence over previous 30 days

**Viral Suppression by Race and Ethnicity**
- 68% of Non-Hispanic Black respondents achieved sustained viral suppression
- \(\ast 71\%\) of Hispanic respondents achieved sustained viral suppression
- 80% of Non-Hispanic White respondents achieved sustained viral suppression

Inability to afford treatment was the most commonly reported cause of ART disengagement (\(\ast 81\%\)).

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\(^1\) Excludes NYC
\(^2\) Current is as of the interview date
\(^3\) All viral load measurements in the 12 months before the interview documented undetectable or <200 copies/mL
\(\ast\) Estimates may be unstable and should be interpreted with caution.