Statewide Calendar of HIV/AIDS Training

January - June 2011

NYS Department of Health AIDS Institute

www.nyhealth.gov/diseases/aids/training/nonclinical
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How do I register for a training?


Step 2: Identify the course and date you wish to attend.

Step 3: Click on the training center link to register.

The Statewide Calendar of HIV/AIDS Training can be viewed on the web at www.nyhealth.gov/diseases/aids/training/nonclinical.htm

Training Center Contact Information

AIDS Related Community Services (ARCS)
40 Sawmill River Rd.
Hawthorne, NY 10532
(914) 785-8364 or www.arcs.org
email: training@arcs.org

AIDS Community Research Initiative of America (ACRIA)
230 West 38th St., 17 Flr.
New York, NY 10018
(212) 924-3934 or www.acria.org

American Red Cross Greater Buffalo Chapter (ARC-GBC)
786 Delaware Ave.
Buffalo, NY 14209
(716) 878-2391 or www.buffaloredcross.org

Center for Health & Behavioral Training (CHBT)
853 West Main St.
Rochester, NY 14611
(585) 753-5382 or www.chbt.org
email: chbt@monroecounty.gov

Cicatelli Associates, Inc.
505 Eighth Ave., 16th Flr., Suite 1601
New York, NY 10018
(212) 594-7741 or www.cicatelli.org

Harm Reduction Coalition (HRC)
22 West 27th St., 5th Flr.
New York, NY 10001
(212) 683-2334 or www.harmreduction.org
email: hrs@harmreduction.org

Legal Action Center HIV/AIDS Programs (LAC)
225 Varick St., 4th Flr.
New York, NY 10014
(212) 243-1313 or 1-800-223-4044
www.lac.org or www.hirenetwork.org

National Development & Research Institute, Inc. (NDRI)
71 West 23rd St., 8th Flr.
New York, NY 10010
212-845-4550 or www.training.ndri.org

Professional Development Program Rockefeller College University at Albany (PDP SUNY Albany)
1400 Washington Ave., 4 Flr.
University Administration Building
Albany, NY 12222
(518) 965-7868 or www.pdp.albany.edu

REACH CNY (REACH)
1010 James St., 2nd Flr.
Syracuse, NY 13203-2707
(315) 424-0009 or www.reachcny.org

Southern Tier AIDS Program (STAP)
122 Baldwin St.
Johnson City, NY 13790
(607) 798-1706 or www.stapinc.org

The Center for Public Health Education (CPHE)
Health Science Rd.
Benedict House 4016
Stony Brook, NY 11731-4016
(631) 444-3245 or www.stonybrook.edu/cphe

University of Rochester (Univ of Rochester) Program Evaluation
Box 278969
Rochester, NY 14627
585-758-7843 or www.programevaluationur.net
Basic Training
HIV/AIDS Confidentiality Law

This *half-day* training provides information about New York State’s HIV Confidentiality Law (Public Health Law Article 27-F). This training is designed to meet provider requirements for initial and *newly hired* employees for confidentiality training.

Topics to be covered include:
- Basic components and intent of law;
- Rules concerning confidentiality;
- Disclosure and signed releases;
- Penalties and sanctions for violation of the law;
- Documentation and record keeping;
- Workplace policy and procedures requirements; and
- Information about regulations regarding HIV case reporting & partner notification as it relates to confidentiality issues.

**Prerequisite:** None

**Audience:** All *newly hired* health and human service providers.

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FREE CNE Credits (pp. 31)
Contact your local training center for more details.
How to Provide Mandatory Annual Confidentiality Updates

This *three-hour* training is a capacity building session for program managers of hospitals, health care facilities, community based organizations, and other organizations that must comply with New York State’s HIV confidentiality law, Public Health Law Article 27-F. This training will provide the skills, strategies, and resources needed to develop and update an organization’s HIV confidentiality policies and procedures and conduct the required annual staff in-service on HIV confidentiality.

As a result of this training, participants will be able to:

- State the major requirements of the New York State HIV confidentiality law;
- Conduct an annual review and update of the agency’s HIV confidentiality policies and procedures;
- Develop agency-specific HIV confidentiality policies and procedures that meet legal requirements if the agency does not currently have them;
- Access model policies and procedures, employee attestations, sample slide sets, and other resources to help conduct the agency’s annual HIV confidentiality staff in-service;
- List three options for conducting the HIV confidentiality staff in-service efficiently and effectively, including combining with HIPAA training; and
- Conduct a simple, straightforward, annual in-house staff in-service on HIV confidentiality.

**Prerequisite:** Participants should have basic knowledge of Article 27-F and their agency’s current HIV confidentiality policies and procedures.

**Audience:** Program directors, program managers, and supervisors who are responsible for:
(i) developing and updating their organization’s HIV confidentiality policies and procedures and/or
(ii) conducting their organization’s annual HIV confidentiality staff in-service.

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It’s Time: Integrate Viral Hepatitis into Your Work

This two-day training will help to increase providers’ confidence, knowledge, and skill levels in integrating a range of viral hepatitis services into an already compact workday.

As a result of this training, participants will learn basic facts about Hepatitis A, B, and C including:

- Epidemiology;
- Transmission;
- Spectrum of illness;
- Prevention strategies;
- Vaccine recommendations;
- Treatment options;
- Skills in offering viral hepatitis prevention and harm reduction messages;
- Practical tips, models, and tools for integrating hepatitis screening, counseling, vaccination, treatment, and referrals for care into the current work setting; and
- Resources for support in work.

Prerequisite: None

Audience: Health and human service providers working in the following settings: substance use programs, correctional settings, and public health clinics.

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FREE OASAS Credits (pp. 31)
Contact your local training center for more details.
HIV and Hepatitis C Coinfection

More than 25% of people living with HIV in the United States are coinfected with the hepatitis C virus (HCV). Among people who acquired HIV as a result of injection drug use, the rates of HIV/HCV coinfection may be as high as 90%. HCV screening is recommended for persons infected with HIV. Health and human service providers who work with people living with HIV need updated information about HIV/HCV coinfection to provide effective services to their clients.

As a result of this half-day training, participants will be able to:

- Recall basic information about the liver and hepatitis C, including transmission, prevention, course of illness, screening and treatment;
- Counsel their HIV positive clients about the importance of knowing their HCV status;
- Describe how coinfection with HIV and HCV affects the progression of each disease;
- Recall current trends and improvements in treatment for people who are coinfected with HIV and HCV; and
- List at least three additional service needs of people with HIV who are also coinfected with HCV.

Prerequisite: Although there is no prerequisite for this training, it is strongly recommended that participants have previous training in HIV/AIDS.

Audience: All health and human service providers including: nurses, HIV/STD counselors, substance abuse counselors, case managers, case management technicians, prevention specialists, and outreach workers.

Building Bridges to Cultural Competency

This one-day training explores the broad definition of culture and its relationship to competent and effective health care and human service delivery.

As a result of this training participants will:

- Discuss invisible privilege and its affect on both receiving and providing services;
- Be encouraged to self reflect and explore potential obstacles to providing effective services; and
- Learn how these obstacles are created when diverse cultures, Western medicine, and health service delivery systems collide.

Prerequisite: None

Audience: All health and human service providers.

*FREE CNE & OASAS Credits (pp. 31)*

Contact your local training center for more details.
This **half-day** training will provide information about new developments in HIV testing as a result of passage of Chapter 308 of the Laws of 2010.

As a result of this training, participants will be able to:

- List the core elements of the 2010 New York State HIV testing law (S.8227/A.11487) and their importance;
- Understand the timeline for implementation of the new law including the development of regulations by the NYSDOH;
- Recall that HIV testing must be offered to all persons between the ages of 13 and 64 receiving hospital or primary care services with some limited exceptions;
- Describe the simplified process for obtaining patient consent for HIV testing;
- List the elements of HIV pre and post-test counseling with an emphasis on streamlining the process;
- Recall the responsibility of the health care provider to arrange for follow-up medical care for all patients who test HIV positive;
- Describe changes in HIV testing related to occupational exposure; and,
- Explain revised disclosure practices.

**Prerequisite:** Although there is no prerequisite for this training, it is strongly recommended that participants have previous training in basic HIV/AIDS.

**Audience:** Experienced and new health and human services providers who offer HIV testing as part of their job responsibilities and other providers who require clarification on the 2010 HIV testing law.

**Additional Training:** Participants who would like an opportunity to practice the skills associated with offering HIV testing services may choose to attend HIV Testing: Skills Practice Session.

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**FREE OASAS Credits (pp. 31)**

Contact your local training center for more details.

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HIV Testing: Skills Practice Session

This one-day training will provide participants with an opportunity to practice key skills related to offering HIV testing services.

As a result of this training, participants will be able to:
- Assess when a client requires face-to-face pre-test counseling;
- Conduct streamlined pre-test counseling;
- Deliver preliminary positive and confirmed positive HIV test results;
- Link newly diagnosed HIV positive patients to health care and support services;
- Work in partnership with HIV positive patients to promote notification of sexual and needle sharing partners; and
- Conduct the NYS domestic violence screening protocol.

Prerequisite: Knowledge of basic HIV/AIDS information and attendance at HIV Testing in NYS: 2005 Guidance or an equivalent training.

Audience: Any health or human service provider who offers HIV testing as part of their job responsibilities.

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FREE CNE & OASAS Credits (pp. 31)
Contact your local training center for more details.
Developing Skills For Enhanced Outreach

This four-day training is designed to provide outreach workers with the skills to increase their effectiveness of conducting outreach to hard-to-reach populations using an Enhanced Outreach model. This training will provide outreach workers with a wide array of activities that will teach them how to approach clients, gain their trust, and help clients access needed services (e.g., HIV services). The training includes opportunities for skills practice regarding health behavior change and concepts of motivational interviewing.

As a result of this training, participants will be able to:
- Identify key outreach messages for targeted populations;
- Summarize the stages of enhanced outreach;
- Describe how multiple encounters is an effective approach to outreach;
- List the stages of change; and
- State at least three concepts of motivational interviewing.

Prerequisite: Although there is no prerequisite for this training, it is strongly recommended that participants have previous training in basic HIV/AIDS.

Audience: Experienced and new health and human service providers conducting outreach as part of their jobs.

PLEASE NOTE: Depending on the training center this training will be offered in four consecutive days or two two-day sessions.

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One of the greatest successes in HIV prevention in New York State has been reducing the rate of mother to child transmission (MTCT) of HIV. However, cases of MTCT continue to occur each year. This half-day training is for non-physician health and human services providers who work with pregnant women who may have issues with substance use, mental health, homelessness or incarceration. In many instances these women are known to providers but there are missed opportunities for engaging them in prenatal care, HIV testing and other supportive services.

As a result of this training, participants will:

- Describe the epidemiological trends and factors related to mother to child transmission of HIV in New York State;
- List factors which have contributed to a decrease in MTCT;
- Describe NYSDOH regulations related to reducing MTCT;
- Discuss the impact of staff values and attitudes on delivery of services to high risk pregnant women;
- Recall factors that may contribute to continued MTCT; and
- List strategies to promote access to HIV testing for high risk pregnant women, and treatment adherence, access to care, and support services for HIV positive pregnant women.

**Prerequisite:** None.

**Audience:** Non-physician health and human services providers who work with HIV positive and/or at-risk women of child-bearing age including: outreach workers, case managers, social workers, drug treatment program staff, support services providers, staff who implement HIV prevention interventions and others.

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This two-day training is designed to help health and human service providers promote sexual health among their clients by building capacity to talk sensitively and non-judgmentally about sexual identity, gender identity and sexual behaviors. Topics to be covered during the training include: sexual and gender identity, strategies for talking with clients about sexual health issues, HIV/STD prevention and harm reduction strategies for sexual behaviors.

As a result of this training, participants will be able to:

- Increase their awareness about the range of sexual and gender identities of their clients;
- Describe how homophobia and other forms of stigma and discrimination can impact a client’s sexual behaviors and ability to practice sexual risk education;
- Increase their comfort in discussing sexual and gender identity with clients;
- Describe how sexual trauma can impact a client’s sexual behaviors and risk for HIV/STDs; and
- Offer clients harm reduction options for sexual behaviors.

**Prerequisite**: Although there is no prerequisite for this course, it is strongly recommended that participants have previous knowledge or training on basic HIV/AIDS information.

**Audience**: All health and human service providers.

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Reducing the Risk and Harm of HIV

This *three-day* training will provide participants with information about what behavioral scientists, HIV/AIDS providers and consumers have found to be helpful in reducing the risk and harm associated with HIV infection.

As a result of this training, participants will be able to:

- Assess client readiness for change;
- Describe behavior change counseling; and
- Identify harm reduction options for sexual and substance use behaviors.

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**Prerequisite:** Although there is no prerequisite for this course, it is strongly recommended that participants have previous knowledge or training on basic HIV/AIDS information.

**Audience:** All health and human service providers.

FREE OASAS Credits (pp. 31)
Contact your local training center for more details.

Addressing Sexual Risk with Drug Users and their Partners

This *one-day* training will build participant knowledge and skills in offering sexual harm reduction options to substance users. Expanded access to syringes, other harm reduction services and drug treatment options have helped people greatly reduce their substance use-related risks for HIV. The latest research shows that sexual risk behaviors play a significant role in new cases of HIV among people who use drugs and alcohol.

As a result of this training, participants will be able to:

- Recall research that shows how expanded access to syringes and methadone maintenance programs has greatly reduced the number of new cases of HIV from substance use-related risk;
- Identify and discuss sexual risk behaviors clients engage in when using drugs and alcohol;
- Identify harm reduction strategies for reducing sexual risk among people who use drugs and alcohol; and
- Practice harm reduction messages tailored to sexual behaviors for people who use drugs and alcohol.

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**Prerequisite:** It is strongly recommended that participants have attended “Reducing the Risk and Harm of HIV,” or have a working knowledge of harm reduction and addiction.

**Audience:** All health and human service providers including: case managers & case management technicians in both COBRA and grant-funded programs, supervisors, and program directors.

FREE OASAS Credits (pp. 31)
Contact your local training center for more details.
Understand Drug-Related Stigma

For individuals who use or have a history of using drugs, the impact of stigma can permeate nearly every aspect of their life – including relationships with family, friends, employers and health care providers. This half day will give participants a set of knowledge and skills to help them engage and involve targeted community members in practices which address stigma-related issues of injecting and non-injecting drug using populations.

As a result of this training, participants will:

- Recall the meaning of stigma, discrimination and related concepts, finding personal relevance in these terms;
- Identify the various ways in which drug users experience stigma and discrimination;
- Explore key sources of pre-existing stigma and discrimination in our society;
- Identify consequences of drug-related stigma and discrimination about drug users’ willingness and ability to access services;
- Consider ways to address stigma at individual and agency levels; and
- Gain conceptual and practical tools toward the development of attitudes and environments that challenge stigma and support drug users’ needs through personal reflection and a strategy-building activity.

Prerequisite: There is no pre-requisite for this course however, it is strongly recommended that participants have an understanding of the principles of harm reduction.

Audience: All health and human service providers including: community-based direct service staff, caseworkers, therapists, peer advocates, program administrators, and medical providers.

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Improving Health Care with Drug Users: Tools for Non-Clinical Providers

Despite an excess in health care needs, drug users are less likely than non-users to access health care and when they do, there is often a significant delay in accessing care. This half-day training will help non-clinical service providers engage with their drug using clients around issues related to health care. This training will explore unique challenges that drug users face when accessing health care and will provide tools and strategies for discussing health care with clients. One tool offered is a workshop curriculum entitled “Quality Health Care is Your Right” for use with clients to help support positive relationships between drug users and health care providers.

At the end of this training, participants will be able to:

- Identify some of the unique health care needs of drug using clients;
- Understand the impact of drug-related stigma on their clients’ access to health care;
- Identify institutional, social and behavioral factors that influence drug user access to health care;
- Describe common barriers to health care experienced by drug users;
- Offer clients tools for building trust and engaging with health care providers; and
- Engage clients in discussions about the benefits and risks of disclosing their drug use to health care providers.

Prerequisite: There is no pre-requisite for this course however, it is strongly recommended that participants have an understanding of the principles of harm reduction.

Audience: All health and human service providers including: community-based direct service staff, caseworkers, therapists, peer advocates, program administrators, and medical providers.

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Motivational Interviewing (MI) is a collaborative approach to working with people experiencing negative consequences from substance use and other challenging behaviors. MI is a style of counseling which facilitates readiness for change by helping the person develop a schema about the positive and negative effects of their behavior.

This one-day training will assist health and human service providers to:

- Describe the use of ambivalence in the counseling process, strategies for increasing motivation, and self-efficacy and optimism; and
- Practice MI techniques that include reflective listening, delivering feedback, summarizing, decisional balancing, and developing change plans.

**Prerequisite:** None.

**Audience:** All health and human service providers

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HIV/HCV Coinfection and Use of Motivational Interviewing to Reduce Alcohol Use

This one-day training will assist health and human service providers to:

- Understand the long and short term effects of alcohol abuse on the liver;
- Understand that moderate use of alcohol can increase disease progression among people living with Hepatitis C;
- Practice using motivational interviewing and harm reduction strategies for decreasing alcohol intake among HIV/HCV co-infected clients; and
- Explore issues about HIV/HCV co-infection, transmission, disease progression and treatment, including the impact of HIV medications on the liver.

**Prerequisite:** None.

**Audience:** Health and human service providers who will deliver substance abuse services including: drug treatment counselors, case managers and direct service staff working with people living with HIV and HCV.
Improving Health Outcomes for HIV Positive Individuals Transitioning from Correctional Settings to the Community

This one-day training is for non-clinical providers who work with HIV positive clients who were formerly incarcerated or who are involved in the criminal justice system. The training will inform providers about the culture of corrections as it relates to HIV-infected inmates’ needs upon community re-entry. Best practices will be reviewed to assist formerly incarcerated clients living with HIV/AIDS establish and maintain linkages to care, as well as maneuver through the system and access needed services.

As a result of this training, participants will be able to:

- Understand the role of community providers in supporting successful community re-entry for incarcerated HIV positive clients;
- Describe the distinction between jail and prison custodial settings and how HIV transitional planning services differ;
- Outline the challenges that HIV-infected inmates face upon release;
- Describe effective engagement techniques for working with inmates who are transitioning into community systems of care;
- Discuss strategies for conducting assessments with former inmates who are living with HIV/AIDS to learn about their needs and to create appropriate linkages and referrals; and
- Identify support services and resources for HIV infected inmates who have left the correctional system.

Prerequisite: It is strongly recommended that participants have previous knowledge of basic HIV/AIDS information harm reduction and corrections.

Audience: All health and human service providers who work directly with formerly incarcerated clients.

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Evidence-Based Interventions

Diffusion of Effective Behavioral Interventions (DEBI)

The goal of the DEBI Project is to enhance the ability of community providers to deliver proven individual, group, and community level interventions to reduce the spread of HIV and STDs and promote healthy behaviors.

There are approximately 18 interventions included in the Center for Disease Control's (CDC) DEBI Project.

For assistance selecting a DEBI for your agency contact your contract manager. If you are not funded by the AIDS Institute you can call Education & Training programs at 518-474-3045.

For more information about these interventions and the schedule of CDC-funded trainings, please visit the DEBI website: http://effectiveinterventions.org/

NYS Dept. of Health AIDS Institute

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New York City Dept. of Health & Mental Hygiene
HIV Training Institute (HTI)

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For more information and to register for HIV Training Institute trainings visit: http://www.nyc.gov/html/doh/html/ah/ah.shtml#trainings

**Note:** Agency leadership must review the DEBI Fact Sheet and Agency Readiness Assessment to determine if the intervention is appropriate for their agency and target population. These materials are available at: http://effectiveinterventions.org
Group Facilitation Skills for STD/HIV Prevention Interventions

This two-day training will help to increase providers’ confidence, knowledge and practice skills in facilitating groups, such as the Centers for Disease Control’s (CDC) evidence based behavioral intervention “VOICES/VOCES.”

As a result of this training, participants will be able to:

- Increase their understanding of group process and how it influences behavior change;
- Identify qualities of an effective group facilitator;
- Increase skills in facilitating STD/HIV prevention intervention groups;
- Identify strategies for handling group problems; and
- Learn the importance of training, supporting and evaluating group facilitators.

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FREE OASAS Credits (pp. 31)
Contact your local training center for more details.

Prerequisite: None

Audience: Group facilitators, counselors, health educators, peer educators, health care professionals and other public health prevention providers who conduct group level STD/HIV prevention interventions.

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VOICES/VOCES Facilitator Training

This two-day training provides participants with the information and materials needed to implement the VOICES/VOCES intervention.

As a result of this training, participants will be able to:

- Identify the Core Elements of VOICES/VOCES intervention;
- Conduct the single-session, video-based group level intervention;
- Describe ways to improve condom negotiation skills among African-American and Latino adults;
- Practice facilitating gender and ethnic-specific groups of 4-8 participants and encourage discussion about condoms use and barriers; and
- Utilize CDC-approved materials on HIV risk behavior and condom use in both English and Spanish.

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Prerequisite: It is strongly recommended that a person in a leadership role in the agency attend an Informational Session for Agency Directors prior to having staff attend the Facilitator Training. This training is only for agencies who are strongly committed to implementing the VOICES/VOCES intervention.

Audience: This training is intended for a team of two to three staff from an agency who will be responsible for delivering this intervention. Staff should have knowledge of HIV/STDs and group facilitation skills.

Note: VOICES/VOCES (Video Opportunities for Innovative Condom Education and Safer Sex) is a single-session, video-based HIV/STD intervention that is part of the Centers for Disease Control and Division of HIV and AIDS Prevention’s (CDC – DHAP) Diffusion of Effective Behavioral Interventions (DEBI) Project. To learn more about VOICES/VOCES go to www.effectiveinterventions.org/go/interventions/voices-/-voces
Working with HIV-Positive Clients

HIV Disclosure: Deciding Who and When to Tell

This *half-day* training will increase the awareness of the multifaceted issues clients face when contemplating HIV status disclosure to family, friends, and service providers. Participants will develop the skills necessary to conduct timely ongoing assessments and discussion of HIV status disclosure as a component of effective service planning. This training is meant to enhance case manager skills and should not be viewed as a foundation training for new staff entering the field.

By the end of this training, participants will be able to:

- Describe the benefits of ongoing assessment and discussion around disclosure;
- Outline a format to help clients with effective decision-making about HIV/AIDS status disclosure, listing the benefits and limitations;
- Explain the value of supporting a client’s decision regarding disclosure; and
- Discuss the steps involved in making the decision to disclose HIV/AIDS status to family, friends, and service providers.

**Prerequisite:** Although there is no prerequisite for this course, it is strongly suggested that participants have previous training in HIV confidentiality and have taken “Introduction to Case Management,” “Enhancing the Partnership between Client and Case Manager” and “Serving Families: From Assessments to Service Plans.”

**Audience:** All health and human service providers including: case managers and case management technicians in both COBRA and grant-funded programs, supervisors, program directors, and other interested health and human service providers.

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Promoting Primary Care & Treatment Adherence for HIV Positive Individuals

This one-day training is designed to increase awareness of non-physician health and human services providers about HIV primary care guidelines and treatment adherence. Providers who are aware of HIV primary care guidelines and strategies for supporting treatment adherence can play an important role in improving the health outcomes of people living with HIV.

At the end of this training, participants will be able to:

- List the components of primary care for patients living with HIV;
- Identify the key elements of the annual comprehensive physical exam for patients living with HIV;
- Identify the routine laboratory screening and assessments used in primary care for people living with HIV, including methods used to assess and measure adherence;
- Recall the different classes of HIV medications and briefly describe how they work;
- Identify common barriers to treatment adherence, including medication side effects;
- List three specific strategies for promoting treatment adherence;
- Identify when referrals to specialty care may be needed;
- Work as a member of the care team to:
  - help patients take advantage of health maintenance services, vaccination, and prophylaxis for opportunistic infections; and
  - conduct client assessments and make referrals for a variety of psycho-social issues including substance use, mental health, domestic violence, smoking cessation, etc.

Prerequisite: It is strongly recommended that participants have previous knowledge or training on basic HIV/AIDS information.

Audience: Non-physician health and human services providers who work directly with people living with HIV including: case managers, counselors, nurses, support services providers and others.

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FREE OASAS Credits (pp. 31)
Contact your local training center for more details.
Addressing Prevention with HIV Positive Clients

This *one-day* training will prepare participants to help people living with HIV to avoid sexual and substance use behaviors that can result in 1) transmitting HIV to others and 2) negative health outcomes for themselves.

As a result of this training, participants will be able to:
- List psychosocial issues that can make it difficult for people living with HIV to change sexual and substance using behaviors associated with HIV transmission;
- Identify provider values and beliefs about addressing prevention issues with their HIV positive clients;
- Practice skills associated with working one-on-one with HIV positive clients on prevention issues;
- Explore specific strategies for working with special populations; and
- Examine prevention resources and be able to make referrals for prevention services.

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**Prerequisite:** It is strongly recommended that participants have previous knowledge and training on harm reduction and basic HIV/AIDS information.

**Audience:** All health and human service providers, especially those who work directly with HIV positive clients.

**Note:** Staff who work in case management programs should attend the training “Addressing Prevention in HIV Case Management.”

FREE OASAS Credits (pp. 31) Contact your local training center for more details.

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Mental Health Services: Ensuring Appropriate Referrals for HIV Positive Clients

This *two-day* training is designed to orient HIV providers to basic information about mental illness and to prepare providers to make effective referrals to mental health care services.

As a result of this training, participants will be able to:
- Discuss values, bias, and stigma of mental illness within different cultures;
- Describe an overview of mental health and HIV/AIDS in NYS;
- List of common psychiatric disorders;
- List mental health service delivery system resources and referrals; and
- Explore barriers to mental health care.

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**Prerequisite:** None

**Audience:** All health and human service providers including: case managers and case management technicians in both COBRA and grand-funded programs, supervisors, and program directors.

FREE OASAS Credits (pp. 31) Contact your local training center for more details.
Measuring Health Outcomes: Evaluation Methods for HIV Supportive Services Programs

This three-day training on program evaluation is designed specifically for organizations providing supportive services to individuals living with HIV/AIDS. This training will help organizations develop systems and methods to evaluate the impact of their services on their clients' health outcomes. Participants will be shown how to use a variety of data sources for program evaluation, including data that they input into the AIDS Institute Reporting System (AIRS).

As a result of this training, participants will be able to:

- Describe the purpose and value of program evaluation;
- Develop a basic program evaluation plan pertinent to their HIV supportive services;
- List evaluation methods;
- Use their agency's AIRS data for program evaluation;
- Develop strategies for evaluating the impact of their services on client health outcomes; and
- Identify methods to overcome barriers to conducting evaluation in an organization.

Prerequisite: Up to two individuals from one organization may attend. It is helpful if one person has a working knowledge of AIRS as it is used in their program. A laptop is required. Participants from the same organization may share a laptop.

Audience: Health and human service providers who are responsible for designing or managing evaluation of supportive service programs for people living with HIV/AIDS.

HIV Treatment Integration

This four-day training will build participants' knowledge and skills to effectively communicate with people living with HIV/AIDS about HIV treatment.

Topics include:

- The immune system and the life cycle of HIV;
- Antiretroviral therapy including resistance, cross-resistance and side effects;
- Strategies to promote adherence;
- HIV treatment guidelines;
- Role of the non-medical provider in treatment education; and
- Integrating treatment education into existing services to clients

Prerequisite: None.

Audience: Health and human service providers with agency support to integrate HIV treatment education in their work with clients.
Case Management

Advanced HIV Case Management Service Planning

This one and one-half day training will provide HIV case managers with advanced service plan development training intended to build upon knowledge and skills acquired in introductory case management courses. Through case studies, skills practice, and large and small group exercises participants will increase their knowledge in developing successful goals, objectives, and tasks together with their clients. Participants will learn to prioritize multiple needs identified on the Comprehensive Assessments and subsequent reassessments.

As a result of this training participants will be able to:

- Define prioritizing needs (Maslowe’s Hierarchy) as it applies to case management assessments and service plans;
- Define follow-up clients and list the differences between the two types of follow-up clients;
- Develop appropriate goals, objectives and tasks for clients based on prioritized needs and client readiness; and
- List reasons why service plan outcomes are important and document clear and concise outcomes.

Prerequisite: Because this is an advanced case management training, it is strongly recommended that participants, at a minimum, have taken “Introduction to Case Management,” “Enhancing the Partnership Between Client and Case Manager,” and “Serving Families: From Assessments to Service Plans.” This training is meant to enhance case manager skills and should not be viewed as foundation training for new staff entering the field.

Audience: Case management staff in HIV case management programs including supervisors and program directors.

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HIV and Hepatitis C Co-Infection Training for Case Managers

This one-day training for HIV Case Managers focuses on Hepatitis C and the needs of HIV positive clients co-infected with Hepatitis C. This training provides case managers a foundation for understanding the complex medical and psychosocial needs of clients co-infected with Hepatitis C and HIV and will assist in service plan development and delivery.

As a result of this training, participants will be able to:

- Provide information about HCV transmission, spectrum of illness, and care to clients.
- List at least 5 elements included in the routine care of person with chronic HCV.
- Identify how HIV/HCV co-infection affects the disease progression of each disease.
- Describe the medical and psychosocial needs of HIV/HCV co-infection.
- Identify specific activities that should be addressed when conducting assessments and service plans with HIV/HCV co-infected clients.
- Practice incorporating activities to address the needs of HIV/HCV co-infected clients in the assessment and service planning process.

Prerequisite: It is strongly recommended that participants, at a minimum, have taken “Advance Service Planning for HIV Case Managers” or completed on-line courses “Introduction to HIV Case Management” or “Serving Families: From Assessment to Service Planning.”

Audience: Case management staff in HIV case management programs including supervisors and program directors.

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Psychosocial Issues for Women Living with HIV

This one-day training touches on specific issues faced by women living with HIV/AIDS. This course is designed to give individuals who work with HIV infected women an understanding of potential challenges, struggles and triumphs.

As a result of this training, participants will be able to:

- Understand factors which influence a woman’s vulnerability to HIV infection;
- Recall clinical manifestations of HIV in women;
- Identify specific treatment adherence barriers for women;
- List societal, familial, and environmental factors that place women at risk for HIV;
- Identify the effects of violence on childhood development;
- Identify challenges faced by women living with HIV who are raising children;
- List issues facing women living with HIV who wish to date; and
- Describe real stories of triumph for women living with HIV.

**Prerequisite:** Because this is an advanced case management trainings, it is strongly recommended that participants, at a minimum, have taken: “Introduction to Case Management,” “Enhancing the Partnership Between Client and Case Manager,” and “Serving Families: From Assessments to Service Plans.” This training is meant to enhance case manager skills and should not be viewed as foundation training for new staff entering the field.

**Audience:** Case management staff in HIV case management programs including supervisors and program directors.

### Interdisciplinary Case Conferencing

This one-day training will provide case managers the skills to coordinate and participate in an interdisciplinary case conference. As case managers work with clients, coordination with other service providers becomes an essential component of case management. Issues that will be discussed include the role of the case manager, the role of the client, developing a coordinated service plan and overcoming obstacles in working with multiple providers.

As a result of this training, participants will be able to:

- Describe the benefits of case conferencing;
- Display skills in organizing and facilitating a case conference;
- Examine the role of the client within case conferencing;
- Develop skills in creating a coordinated plan; and
- Examine barriers to interdisciplinary interventions and strategies to overcome these barriers.

**Prerequisite:** It is strongly suggested that participants have previous training in basic HIV/AIDS information, HIV confidentiality, basic domestic violence, and have taken “Introduction to Case Management” and “Enhancing the Partnership Between Client & Case Manager.”

**Audience:** Case managers and case management technicians in both COBRA and grant-funded programs including supervisors and program directors.
Creating A Dialogue to Explore Sexual and Substance Related Risk in HIV Case Management

This one day training provides a foundation for exploring the sex and drug connection and for understanding how to create a dialogue to explore substance use and substance use related sexual risk, including the opportunity to demonstrate and practice techniques and strategies for creating a dialogue to explore substance use and substance use related sexual risk.

As a result of this training, participants will be able to:

- Describe slang terms for drugs and sexual activities;
- Describe substance use and substance use related sexual risk behaviors through exploring the sex and drug connection;
- Examine attitudes regarding substance use and substance related sexual risk;
- Demonstrate skills in engaging clients in a dialogue around substance use and substance related sexual risk;
- Describe the potential impact for persons living with HIV, mixing HIV medications with recreational street drugs;
- Demonstrate approaches for creating a dialogue regarding substance related risk; and
- Demonstrate effective questioning techniques to explore substance and sexual related risk.

Prerequisite: Because this is an advanced case management training, it is strongly recommended that participants, at a minimum, have taken Substance Use and HIV: Improving Health Outcomes in HIV Case Management. This training is meant to enhance case manager skills and should not be viewed as foundation training for new staff entering the field.

Audience: Case management staff in HIV programs, including supervisors and program directors.

Motivational Interviewing Techniques to Facilitate Assessments in HIV Case Management

This one day training focuses on a framework using motivational interviewing techniques for effectively engaging clients in conducting comprehensive assessments and strategies to facilitate service planning in HIV Case Management.

As a result of this training, participants will be able to:

- Describe the core skills of Motivational Interviewing as it applies to the case management process;
- Demonstrate basic Motivational Interviewing Techniques for engaging clients in the assessment and service planning process;
- Practice specific techniques to increase client motivation to facilitate assessment and service planning; and
- Demonstrate skills to elicit change talk and effective responses to client resistance to facilitate service planning.

Prerequisite: Because this is an advanced case management training, it is strongly recommended that participants, at a minimum, have taken “Introduction to Case Management”, “Enhancing the Partnership Between Client and Case Manager” and “Serving Families: From Assessments to Service Plans”, in addition to having prior training on the Stages of Change Theory. This training is meant to enhance case manager skills and should not be viewed as foundation training for new staff entering the field.

Audience: Case management staff in HIV case management programs, including supervisors and program directors.
**Online Trainings**

### Introduction to Case Management

This training will provide participants from COBRA and AIDS Institute grant-funded programs with a basic understanding of the case management process.

Topics to be covered include:
- Review and comparison of case management models;
- Nature and importance of goal-planning;
- Components and relationship between steps of the case management process;
- Case coordination with other service providers; and
- Reasons and process for closure.

**Prerequisite:** Although there is no prerequisite for this course, it is strongly suggested that participants have previous training in HIV confidentiality and basic HIV/AIDS medical information.

**Audience:** Case management staff in HIV case management programs, including supervisors and program directors.


### Every Word Counts: Improving Documentation Skills for Case Managers

This training will assist case managers in developing and improving their documentation skills in order to satisfy the mandates of their agency.

As a result of this training, participants will be able to:
- Understand the skills, knowledge and resources needed to do quality documentation;
- Examine personal biases that may influence case managers;
- Develop skills in writing client information in clear, concise, and objective ways; and
- Apply basic time management techniques that will improve the quality of service delivery.

**Prerequisite:** Because this is an advanced case management training, it is strongly suggested that participants have taken “Introduction to Case Management,” “Enhancing the Partnership between Client and Case Manager,” and “Serving Families: From Assessments to Service Plan.” These trainings are meant to enhance case manager skills and should not be viewed as foundation training for new staff entering the field.

**Audience:** Case management staff in HIV case management programs including: supervisors and program directors.

Serving Families: From Assessments to Service Plans

This training will prepare case management staff to conduct a thorough HIV/AIDS case management comprehensive needs assessments and develop effective service plans. The session will increase participants’ skills in completing the AIDS Institute COBRA case management assessment form. It provides an in-depth examination of service plan development and focuses on developing measurable goals and fostering goal achievement.

Topics to be covered include:

- Purpose and elements of the assessment and service plan;
- Direct observations versus personal judgments;
- Interviewing and question-framing skills;
- Documentation techniques;
- Distinction between goals, objectives, and tasks;
- Incorporating assessment into the development of goals and objectives;
- Using clients’ strengths and assets in developing a service plan; and
- Tips for successful outcomes.

**Prerequisite:** It is strongly suggested that participants have previous training in basic HIV/AIDS information, “HIV Confidentiality,” Basic Domestic Violence, and have taken “Introduction to Case Management” and “Enhancing the Partnership Between Client & Case Manager.”

**Audience:** Case managers and case management technicians in both COBRA and grant-funded programs including: supervisors and program directors.

*Available on-line at: http://www.hivtraining.org/

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Tobacco Recovery Resource Exchange

This NYS DOH-sponsored website offers e-learning training modules on integrating tobacco use interventions into chemical dependency services. Trainings are free of charge and **OASAS credits are available.**

Training is organized in four self-paced training modules as follows:

- Foundation of Tobacco recovery
- Assessment, Diagnosis and Pharmacotherapy
- Behavioral Interventions
- Treatment Planning
- Co-occurring disorders

*Available online at: http://www.tobaccorecovery.org*
Training for Non-Profit Board of Directors

The State Board Training Consortium (SBTC) improves governance of state-funded non-profits by providing a comprehensive series of trainings to board members of these organizations.

SBTC offers 13 trainings tailored to meet the unique needs of board members. Topics include:

- Duties and responsibilities of board members;
- Legal obligations;
- Fiscal accountability;
- Human resource issues;
- Quality assurance;
- Board recruitment and retention;
- Strategic planning; and
- Ethics.

"Webinar Wednesdays" - check out nycon.org for more details

SBTC trainings are conducted by: The New York Council of Nonprofits, Inc. (NYCON).

These trainings are for board members of non-profit organizations funded, licensed or authorized by a collaboration of the following New York State Government Agencies:

- Department of Health
- Office of Alcoholism and Substance Abuse Services
- Office of Mental Health
- Office of Children and Family Services
- Office of Mental Retardation and Developmental Disabilities

*To get regular updates on SBTC trainings email jmontalvo@nycon.org*

Or to learn more call Jennifer Montalvo at 1-800-515-5012 or visit www.nycon.org
Clinical Education Initiative

A statewide network of HIV Clinical Education Centers providing progressive, up-to-date clinical information and practice guidelines for HIV providers.

Specific areas of expertise include:

- Management of Post-Exposure Prophylaxis
- Substance Use
- Prevention of HIV Transmission
- Mental Health
- General HIV Clinical Education for Upstate providers

CEI services include:

- On-site trainings and workshops with CME credits
  visit the tech center at www.ceitraining.org
- Internet-based modules with CME credits
- Conferences
- Operating a 24 hours a day, 7 days a week
  Post-Exposure Prophylaxis Hotline (PEP-Line) 1-888-448-4911
  Provider Consultation Line (CEI-Line) 1-866-637-2342

For more information about CEI centers and services:
Call 518-473-8815 or visit:
www.hivguidelines.org
www.nyhealth.gov/diseases/aids/training/clinical.htm
### FREE OASAS CREDITS

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<tr>
<th>Pg.</th>
<th>Trainings</th>
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- *Courses are not approved for initial credentialing for CPS
- N/A Training not offered during this calendar period
Helpful Websites

Statewide Training Calendar of HIV/AIDS Training ........................................... www.nyhealth.gov/diseases/aids/training/nonclinical.htm
To sign up to for training announcements send an email to: .......................................................... hivet@health.state.ny.us

COBRA Community Follow-Up Program.................................................................................. www.cobracm.org
NYS DOH HIV Educational Materials.................................................................................. www.nyhealth.gov/diseases/aids/publications/edmat.htm
On-line orders for bulk quantities or download materials instead of ordering copies for HIV/AIDS consumer materials.
For consumers: ................................................................................................................................. HIVPUBS@health.state.ny.us
For providers: ...................................................................................................................................... provpub@health.state.ny.us
HIV Clinical Guidelines (a resource for medical providers) ..................................................... www.hivguidelines.org
U.S. Dept. of Health and Human Services Health Resources and Administration ..................... www.hab.hrsa.gov
Centers for Disease Control (CDC)...................................................................................... 1-800-CDC-INFO or TTY 1-888-232-6348  www.cdc.gov
ACT for Youth Center for Integration of Youth Development and Adolescent Programs ................ www.actforyouth.net

Resources

General HIV Information Hotlines: Provides basic information about HIV transmission, prevention, testing and referrals to local providers by county of residence.

| NYS AIDS Hotline (800) 541-2437 | Spanish (800) 233-7432 | Deaf/TDD (800) 369-AIDS |
| Manhattan Depart. of Health bilingual # (800) 825-5448 | Centers for Disease Control 1-800-CDC-INFO or Spanish (800) 344-7432 or | TTY 1-888-232-6348 |

HIV Counseling and Testing Sites: Provides information about anonymous HIV testing sites by county residence.

| NYS AIDS Hotline (800) 541-2437 | Manhattan Depart. of Health bilingual # (800) 825-5448 |

HIV Special Needs Plans (SNPS): NY Medicaid CHOICE Helpline counselor can answer questions about choosing a doctor and a plan that serves your area. Informational packets about enrollment can be mailed. Everything said is kept confidential.

| New York Medicaid CHOICE Helpline 10:00 am-6:00 pm (800) 505-5678 | TTY/TDD (800) 329-1541 |
| Monday-Friday 8:30am-8:00pm & Saturday |

ADAP and ADAP Plus (AIDS Drug Assistance Program): Program that helps HIV infected people get medications, medical care and home care when uninsured and underinsured.

| Bilingual # (800) 542-2437 | TDD (518) 459-0121 | Relay Operator (800) 421-1240 |

Partner/Spousal Notification Assistance Services: Referral for free and confidential assistance in notifying sexual or needle sharing partners regarding exposure to HIV.

| NYS Dept. of Health (800) 541-2437 | Manhattan Dept. of Health (212) 693-1419 |

Confidentiality: Provides general information regarding the NYS Confidentiality Law (Article 27-F) as well as the dissemination of complaint forms to callers.

| NYS Confidentiality Hotline (800) 962-5065 | Legal Action Center bilingual # (212) 243-1313 |

Human Rights/Discrimination: Provides information and assistance regarding issues of HIV discrimination related to housing, employment, etc.

| NYS Division of Human Rights bilingual # (800) 523-2437 | Manhattan Commission on Human Rights bilingual # (212) 306-7500 |