## A Call to Action: What New Yorkers Can Do to Reduce the Burden of Cancer

The New York State Cancer Consortium believes that preventing and controlling cancer requires individuals and organizations of all kinds to get involved and make contributions— however small they may seem. The following activities list some of the many ways in which employers can make a difference in their communities. Use these suggested activities and pledge to take action today.



- Institute and promote healthy policies: make your organization a tobacco-free campus; provide healthy foods at meetings and in vending machines; provide space for breastfeeding moms; offer paid time off for cancer screening and encourage employees to increase physical activity.
- If you provide employees with insurance coverage, select products that cover cancer prevention and screening services with no cost sharing.
- Collaborate with healthcare institutions to host screening events.
- Establish a worksite wellness committee.
- Provide protective clothing, equipment, and sun safety to employees to reduce exposure to carcinogens.
- Provide information to cancer survivors and their co-workers about issues faced as survivors return to work.
- Seek or maintain *CEO Cancer Gold Standard*<sup>™</sup> accreditation.

As an employer, I pledge to do the following to reduce the burden of cancer:

