



# Fire Department of the City of New York

## Isolation Kit for Standard Universal Precautions

### DONNING PROCEDURE

**\* You must have your Bunker/PPE pants on prior to donning an Isolation Kit.**

1. Put on the first pair of gloves (i.e., inner gloves).
2. Slide both arms into the sleeves and adjust them for a proper fit.
3. Tie the strings of the gown in a shoelace bow to ensure easy removal.
4. Insert your entire foot into shoe coverings.
5. Push your foot forward until shoe is snug.
6. Don an appropriate size N95 respirator mask ensuring a proper seal.
7. Don your goggles.
8. Don the supplied head covering.
9. Put on a second pair of gloves over the first pair and over the sleeves of the gown (i.e., outer gloves).



### KEY POINTS

- If appropriate, change the Isolation Kit garments and your gloves as often as you feel it is necessary in order to avoid contamination.
- Keep hands away from face.
- Limit surfaces touched.
- Change gloves when torn or heavily contaminated.
- Perform hand hygiene.



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### DOFFING PROCEDURE

\*Have a Biohazard bag ready.

1. Untie the strings of the gown.
2. With your right hand grab the gown by the left shoulder (avoid touching your uniform), pull down the gown by inverting the sleeve, grasp the wrist area of both the garment and outer glove simultaneously and remove your left hand. On the right side put your gloved left hand inside the gown and roll downward. Your inner gloves should still be on.
3. Roll the gown and outer gloves together inward in order to minimize splash and place into the biohazard bag. Your inner gloves should still be on.
4. Remove the shoe coverings by placing gloved fingers inside and roll the boot covers outward. Then place into the biohazard bag.
5. If bunker pants came into contact with bodily fluids, remove at this time and send for decontamination.
6. Remove the head covering and place into the biohazard bag.
7. Remove gloves and put on a fresh pair.
8. Remove the goggles by grabbing the straps from the back to avoid touching your face. If necessary, decontaminate.
9. Remove the N95 respirator mask by grabbing the straps from the back to avoid touching your face and place into the biohazard bag.
10. Wash your hands and face upon completion.

