Worksheet B: EDGE Worksheet for Describing Disruptive Behavior
(Fill out a worksheet for each disruptive behavior that the resident displays.)

(Describe what you saw): Situation before Disruptive Behavior (Resident was .......
(Describe what you saw): Describe Disruptive Behavior (Resident

Intensity: How upset was the resident? How did (s)he show this? Check level of intensity and describe (compared to usual behavior when not upset):

Mild


Moderate $\square$
Severe $\square$

| Duration: (How long did it last?) (Check one that applies) |  |
| :---: | :---: |
| 1. Less than 1 min. |  |
| 2. 1-3 min. |  |
| 3. 3-10 min. |  |
| 4. $\qquad$ min <br> 5. $\qquad$ times in $\qquad$ hour(s) |  |

hour(s)

Staff/other reaction after Disruptive Behavior (What did staff/others do or say)

Resident reaction after Disruptive Behavior (What did resident do or say)

Possible triggers: (What do you think caused the resident to react with disruptive behavior?)

## Possible unmet resident need:

What seems to increase this behavior:

What seems to decrease this behavior:

## Suggested approaches for care:

1. 
2. 
3. 

Reviewed by:
Signature:
Date:

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