

## Worksheet C: Solving Problem (s) by "Being a Detective" and Looking for that "Spark of Life"

Directions: Use this form to brainstorm solutions about coping with a problem behavior of a resident. Work as a team obtaining input from everyone interacting with the resident including family and significant others who can provide helpful information about the resident. Ask staff and significant others on every shift to add their input.

Resident:		Date:
Problem(s)	Factors/Unmet Needs "What does it feel like/ Mean to the resident?"	Strengths "What brings that spark of life?"
Resident becomes agitated during bathing whenever approached.	<p>Social Service: This woman was completely independent before her recent fall. She does not like to be told what to do.</p> <p>Eve. aide: She is very fond of her family, especially her son and enjoys talking about him. She lets me do whatever I need to when I ask her about her son.</p> <p>Activities: Mary likes to dress herself , enjoys jewelry and wear makeup in her own style.</p> <p>Nurse: She will let me do her treatment without problem, if I make an appt. with her in the morning at a time convenient for both of us.</p>	<p>Resident enjoys maintaining her independence in performing part of ADL's</p> <p>Resident enjoys a good relationship with her family, esp. her son.</p> <p>Resident is interested in keeping up her appearance.</p> <p>Mary likes to be involved in setting her daily schedule.</p>

**Possible Solutions:**

1. Work with Mary to set best bath time that works for all.
2. Ask Mary and her family what type of bath she prefers (How did she used to bathe at home?)
3. Try to incorporate some of Mary's past bathing rituals into bath.
4. Find out Mary's son's name and what she likes to do with him and ask her about it during bath.
5. Ask Mary what she would like to wear after her bath and help her lay out outfit as needed.

Signature(s)

*Form developed by Ann Marie Bradley, RN, BS*