

## TEA GROUP INTERVENTION

*Blank Sample Form*

**Environmental Considerations Checklist** - EDGE Project Caregiver goals to direct care

- To help the resident feel safe
- To help the resident experience optimal stimulation
- To help the resident feel physically comfortable
- To help the resident experience pleasure
- To help the resident experience a sense of control
- To help the resident feel valued as a person

### **Physical Environment:**

How can we help the resident to feel physically comfortable?

1. Is the room large enough to accommodate the Tea Group?

Yes                  No

Resident's reaction:

2. Are enough tables and chairs available to accommodate the Tea Group?

Yes                  No

Resident's reaction:

3. Is there a place to make tea, or can the makings for tea be sent from the kitchen?

Yes                  No

Resident's reaction:

4. Is the room free from distractions or noise from other activities?

Yes                  No

Resident's reaction:

5. Can privacy be assured? (Is there a door that can be closed?)

Yes                      No

Resident's reaction:

6. Does the room have adequate lighting that can be adjusted for the Tea Group setting?

Yes                      No

Resident's reaction:

7. Is the room accessible to a resident in a wheelchair?

Yes                      No

Resident's reaction:

8. Is the room accessible to bathroom facilities?

Yes                      No

Resident's reaction:

**Social Environment:**

How can we help the resident feel valued as a person?

1. Have the members of the Tea Group been carefully chosen according to the criteria in the guidelines?

Yes                      No

Resident's reaction:

2. Are the residents on a similar level of cognitive function and/or compatible in the group?

Yes                      No

Resident's reaction:

3. Does the facilitator have experience in dealing successfully with residents with dementia?

Yes                      No

Resident's reaction:

4. Does one facilitator stay in the room with guests while someone else gathers the rest of the group?

Yes                      No

Resident's reaction:

5. Are residents allowed to assume naturally acquired roles in the group such as: Greeter of participants, Tea Brewer, Tea Server, and helpers as table setter, clean-up helper, cookie arranger and server?

Yes                      No

Resident's reaction:

6. Does the facilitator strive for group consensus on every matter to do with the group?

Yes                      No

Resident's reaction:

7. Does the facilitator foster interactions among members of the group?

Yes                      No

Resident's reaction:

**Psychological Environment:**

How can we help the resident to feel safe?

1. Does the facilitator set the tone of the group by displaying a positive attitude and an accepting manner toward all members of the group?

Yes                      No

Resident's reaction:

2. Do the facilitator and guest staff maintain an adult level of conversation in the group?

Yes                      No

Resident's reaction:

3. Does the facilitator start a conversational topic, and then ask each resident about the subject?

Yes                      No

Resident's reaction:

4. Is everyone encouraged to listen to each other politely? Ex. "Anne was talking" or "Mary has something to say".

Yes                      No

Resident's reaction:

5. Does the facilitator accept all responses from members, even silence, graciously?

Yes                      No

Resident's reaction:

6. Are there any factors in the setting that are frightening or upsetting to the residents?

Yes                      No

Describe:

7. Do residents seem to feel comfortable in the setting?

Yes                      No

Resident's reaction:

8. Are there sensory cues to trigger residents long term memory such as: a formal dining room setting, flowers or a centerpiece, a teapot whistling, cloth napkins or a plate of cookies to pass?

Yes                      No

Resident's reaction:

**Cultural Environment:**

How can we help the resident to experience optimal stimulation?

1. Is the Tea Group ritual followed every time?

Yes                      No

Resident's reaction:

2. Are residents encouraged to have input into the way the ritual is carried out?

Yes                      No

Resident's reaction:

3. Are straight forward directions given for each task?

Yes

No

Resident's reaction:

4. Are tasks broken down into steps, and given in the same order every week?

Yes

No

Resident's reaction:

5. Are familiar conversation cues used each time?

Yes

No

Resident's reaction: