**Preventing Falls:**  
A Dementia Care Team Approach

## Table of contents

### Introduction
- Acknowledgements III
- Preface V
- How to Use the DVD VII
- Administrators IX

### 1. Direct Care Staff
- Notes to Instructor 1-1
- Pre Test Understanding Dementia 1-3
- Understanding Dementia 1-5
- Quiz Understanding Dementia 1-11
- Quiz Answers Understanding Dementia 1-13
- Introduction to Strategies Notes to Instructor 1-15
- Pre-test Introduction to Strategies 1-17
- Introduction to Strategies Direct Care 1-19
- Quiz Introduction to Strategies 1-25
- Quiz Answers Introduction to Strategies 1-27
- Notes to Instructor Risk Assessment 1-29
- Risk Assessment 1-31
- Fall Risk Tool Instructions 1-37
- Fall Risk Tool 1-39
- Completed Example of Fall Risk Tool 1-41
- Role of Therapy in Fall Prevention 1-43
- Post Fall Tool 1-45
- Completed Example of Post Fall Tool 1-47
- Problem Solving Notes to Instructor 1-49
- Pre Test Problem Solving 1-51
- Problem Solving to Reduce Risk 1-53
- Quiz Problem Solving 1-55
- Quiz Answers Problem Solving 1-57
- Case Studies 1-59

### 2. Indirect Care Staff
- Notes to Instructor 2-1
- Pre Test Understanding Dementia 2-3
- Understanding Dementia 2-5
- Quiz Understanding Dementia 2-11
- Quiz Answers Understanding Dementia 2-13
- Notes to Instructor 2-15
- Pre Test Introduction to Strategies 2-17
- Introduction to Strategies for Indirect Care 2-19
- Quiz Introduction to Strategies 2-25
- Quiz Answers Introduction to Strategies 2-27
- Notes to Instructor 2-29
- Pre Test Problem Solving to Reduce Risk 2-31
- Risk Identification Problem Solving 2-33
- Quiz Problem Solving to Reduce Risk 2-41
- Quiz Answers Problem Solving to Reduce Risk 2-43
- Case Studies 2-45
3. Families

Notes to Instructor 3-1
Understanding Dementia Pre-Test 3-3
Understanding Dementia for Families 3-5
Role of Families in Fall Prevention 3-11
Understanding Dementia Quiz 3-15
Understanding Dementia Answer Key 3-17

4. Additional Materials

Environmental Assessment and Adaptations 4-1
Interdisciplinary Falls Management Team 4-5
Care Plan Guidelines 4-7
Care Plan Approaches 4-11
Fall Prevention Policies 4-13
Quality Assurance and Continuous Quality Improvement 4-15
Falls Prevention CQI Tool 4-17
Quality Assurance Monitoring Criteria Summary 4-19
Continuous Improvement Monitoring Form 4-21

Forms

Fall Risk Tool 4-23
Daytime Routine Questionnaire 4-25
Post Fall Tool 4-27
Program Evaluation Form 4-29

Additional Case Studies 4-31
Additional Quizzes 4-35
Care Plan Approaches 4-47
References and Websites 4-49
Handouts 4-51