

Sample Problem/ Strength Menu in BASICS Hierarchy Model

The identified problem from the MDS is a 4lb. weight loss over the past month. This problem puts the resident at risk under the **Activities of Daily Living** level of need.

The strengths listed below were identified by reviewing the MDS, the resident's record and by obtaining information about the problem from the resident's primary caregivers on every shift. They will be used to develop strength based care plan approaches.

MDS#	Problem Index	Dimension of Need	Strength Index
Strengths are Outcome Goals for Problem Intervention			
	<i>Resident has had a decline in ability to accomplish ADL's</i> <i>*RAPS Trigger</i>	Activities of Daily Living	<i>Resident is able to self-perform all or part of ADL's</i> (MDS Section cited)
K3a-1	*Primary problem: Gerald has lost 4lbs. in the last month	Attaining personal needs that support lifestyle.	Gerald is able to drink fluids independently with sippy cup (G1A-0).
G1h, A-3, B-2	*Gerald is fed pureed food by staff, cannot feed self (eats food with hands only)	Eating	Is able to eat desired finger foods with limited assistance and encouragement (G1, A-2, B-1)
G9-2	*Change in ADL function in last 90 days (deteriorated- does not feed himself main part of meal)	Mobility Dressing Toileting	*Gerald believes he is capable of increased independence in at least some ADL's (G8a)- he would like to be allowed to feed himself again.
		Personal Hygiene	*Direct care staff believe resident is capable of increased independence in at least some ADL's (G1, 8b)- they have seen Gerald feed himself finger foods he likes.