Use Insect Repellents Safely!

Don't

Don't Spray your Face!
Don't Breathe Repellents!
Don't put it on Cuts, Sunburns or Rashes!
Don't Use it under Clothes!
Don't Use it on Little Kids' Hands!

Do

Wear Light-Colored Clothing!
Wear a Long-Sleeved Shirt and Long Pants!
Tuck Pants into Socks!
Follow the Directions
Spray only Outdoors!

Wash off Repellent when You Go Indoors!
(So you can see bugs and ticks and remove them)

Do this Stuff

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New York State Department of Health