

Long Term Care Planning Project Meeting 3 Family Caregiver Support

Long Term Care Planning Project Meeting Discussion

In 2018, the New York State Department of Health and the State Office for the Aging released a statewide survey to the long term care system's paid professionals, family caregivers, and care recipients to gather information on issues at all levels of the long term care system. The survey sought to identify topics, as well as analyze and identify existing service gaps, for the Long Term Care Planning Project (LTCPP).

The top ranked concerns among all respondents were "support for caregivers" and "lack of communication." In addition, respondents were able to provide comments on their concerns about family caregivers. A theme in these responses was a frustration with the communication gap in the care process, and that family caregivers are often undervalued and in need of more support.

Now is the time to re-examine how the State supports its invaluable family caregivers. As a result, the LTCPP Meeting 3 asks what actions the State can take to prepare for the future needs of family caregivers and ensure that they are adequately supported.

When developing your top actions, please focus on both aspirational and achievable goals; and categorize them by those that will not have a significant effect on the State's fiscal plan, and those that may. These actions could be establishing new services or changes to current programs, policies, and practices.

The outcome of the discussion should result in monetary and non-monetary programs or actions the State can explore related to the following questions:

- **What specific non-monetary actions can New York take to better support family caregivers?**

1. _____

2. _____

3. _____

4. _____

5. _____

- **What specific actions can New York take to better support family caregivers that will have a fiscal impact on the State Budget?**

1. _____

2. _____

3. _____

4. _____

5. _____

- **What could we do to improve or enhance Lifespan Respite in New York State?**

1. _____

2. _____

3. _____

4. _____

5. _____

- ***What new services or models are needed to overcome obstacles and/or build in strengths?***

1. _____

2. _____

3. _____

4. _____

5. _____

- ***What changes in programs, policies and practices are needed to increase access to respite?***

1. _____

2. _____

3. _____

4. _____

5. _____

- ***What are the most effective strategies to identify and connect caregivers to services given that most caregivers do not self-identify as such?***

1. _____

2. _____

3. _____

4. _____

5. _____

- **How could employers be helpful in providing information and assistance to working caregivers?**

1. _____

2. _____

3. _____

4. _____

5. _____