

Rothschild Adult Day Health Services AT MENORAH PARK

SUBJECT: RECREATION GOALS AND OBJECTIVES

IMPLEMENTATION:

The program should reach all registrants of the program, and should encourage the participation of everyone.

The program should bring out the abilities of each, create self-confidence, and promote self-expression.

The activities provided by the program should be suitable for the participants, and interesting and stimulating for them.

Participation should be voluntary, though all should be encouraged to join in.

A comfortable atmosphere must be created and sustained by the recreational programs.

The recreation program should reach the community, bringing registrants into contact with what is going on outside their homes and the facility.

The program should encourage men and women to volunteer their services to aid the adult day program and the Home.

The program should encourage young people to work with older people providing a link between generations.

The activities program should promote a feeling of personal and social acceptance. An emphasis should be placed on the development of behavior, appearance, attitudes, skills, and habits that make the individual acceptable to his society.

A feeling of security and independence must be gained through the program. It should insure the security that comes from compatibility between ability and expectations.

The program must provide for continuous growth and leaning so the individual may gain personal satisfaction. It should allow the individual to progress at a rate determined by his own growth pattern.

The Activities program should encourage creative, expression and inventive efforts.

Personal enjoyment and satisfaction should be a definite goal of the Activities program.

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