

## **PALM GARDENS**

### **ADULT DAY HEALTH CARE**

615 Avenue C, Brooklyn, NY, 11218 Tel. (718) 438-5300 Fax (718) 438-5667

## **Policy and Procedure**

### **Subject: Dietary**

**Policy: The Dietary component of the program is to meet the nutritional needs of the Registrants during program hours. The Dietitian shall provide or arrange to meet, in part, the nutritional needs of the Registrant during non-program hours.**

### **Procedure:**

1. The Dietitian along with program CNAs' will offer the choice for breakfast to each individual Registrant. After that, the day's lunch menu is presented. Registrants are encouraged to, but not limited to the menu available for the day. A hot lunch will be served and alternate meals available throughout the duration of the program.
2. The Dietitian will develop a Person Centered Nutritional Care Plan and goals for each Registrant including an initial assessment and review bi-annually or PRN. The Person Centered Nutrition Care Plan and goals will be developed with consideration of the needs/ desires of the Registrant and/or the care provider/family.
3. Registrant will be assessed by the Dietitian within the first five (5) visits of admission.
4. The Dietitian will obtain a brief history and full comprehensive assessment including food preferences for each individual Registrant.
5. The Dietitian will observe Registrants during meal times to monitor if a change in nutritional status is required.
6. If a Registrant is unable to communicate his or her food preferences or any nutritional concerns, caregiver/family will be contacted for all necessary data to meet Registrants personalized needs.
7. Nutritional education is provided upon admission, bi-annual or PRN.
8. If the Registrant and/or care giver/ family, desires or needs further dietary instructions/ nutritional education, the Dietitian will provide this as needed.